

RABBIT TALES



THE OFFICIAL NEWSLETTER OF THE 513TH AIR CONTROL GROUP



513TH WELCOMES NEW COMMANDER

Story on page 4

PLUS: – AF Uniform Update
– Safety Spotlight

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Rabbit Tales is a production of the 513th Air Control Group Public Affairs office.

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All photographs are Air Force photographs unless otherwise indicated.

From the Top



It's good to be back at the 513th Air Control Group. I consider it an honor and a privilege to have been selected to lead one of the top units in the Air Force Reserve Command.

I have spoken with other colonels in the reserves, and it seems like everyone has an organization they consider their "home unit." Without a doubt, I consider the 513th my home unit and am looking forward to once again being part of the family.

It has been a challenging time in the reserves and the military in general. However, I am very optimistic in the future and believe that the best days of the reserves and the 513th lay ahead. Together we will overcome challenges and continue to build a cohesive team that will deliver the usual 513th excellence when our nation calls.

I also want to take this opportunity to say "thank you" to the men and women who organized a fantastic assumption of command ceremony for me and my family. The hard work and time you dedicated was very much appreciated. Again, you demonstrated the excellence that is a hallmark of the 513th.

Thank you all for welcoming me back to Tinker Air Force Base. I look forward to working alongside you as we continue to build and foster an outstanding reserve team and family.

Promotions

Congratulations to this month's promotees!

- | | | |
|--|--|--|
| | Amn Ronnie Mier (513 OSS) | |
| | SrA Mason Cartwright (513 AMXS)
SrA Melissa Wells (970 AACCS) | |
| | TSgt Joseph Salley (513 MXS) | |
| | MSgt Amanda Black (970 AACCS)
MSgt Cameron Stern (513 AMXS) | |

Fit to Fight MVP from Dec.

Staff Sgt. Krystal Stalder
Unit: 513 AMXS
Score: 97.6%



Fit to Fight Hall of Fame



Team Tinker

513th ACG



1.5-Mile Run

Men:	7:51	8:57	Men: TSgt Daniel McDonald
Women:	9:44	12:07	Women: SSgt Krystal Stalder



Pushups

Men:	110	82	Men: SrA Robert Duncan
Women:	65	47	Women: SSgt Krystal Stalder



Situps

Men:	109	82	Men: 2nd Lt. Michael Doughty
Women:	84	60	Women: 2nd Lt. Amie Deal

Walk

Men & Women:	9:15	11:22	Men: MSgt Darrell Freel
		13:57	Women: MSgt Elizabeth Staff

Cover Photo

Newly-appointed commander Col. David Robertson stands with 1st Sgt. Emmitt Waskom and presiding officer Lt. Col. William A. Lyons during the 513th Air Control Group assumption of command ceremony Jan. 10, 2014 at the 970th auditorium at Tinker Air Force Base. (U.S. Air Force Illustration/Staff Sgt. Caleb Wanzer)





U.S. Air Force Photo/Senior Airman Mark Hybers

UNIT WELCOMES NEW COMMANDER

by Senior Airman Mark Hybers
507th Air Refueling Wing Public Affairs

Col. David Robertson assumed command of the 513th Air Control Group on Jan. 10, 2014, during a ceremony held in the 970th Airborne Air Control Squadron auditorium.

Robertson comes to the 513th after serving two-and-a-half years as Chief, Battle Watch Branch, Force Generation Center, Robins Air Force Base, Ga.

Robertson is no stranger to Tinker Air Force Base, having served as a student with the 552nd Training Squadron, and worked in various positions with the 964th and 966th Airborne Air Control Squadron before moving over to the 513th. He has more than 3,500 flying hours in the E-3 Sentry Airborne Warning and Control System aircraft.

During the ceremony, Robertson discussed his priorities as the new commander: Air Force core values, Total Force Integration, and family.

Having worked alongside the men and women of the 513th in the past, Robertson said he's seen firsthand the core values demonstrated time and again.

"We've flown many missions over a lot of countries and I've seen integrity first, service before self, and excellence in all we do demonstrated consistently every single time," he said.

Robertson also spoke about total force integration. He said due to budget challenges, it's the way the Air Force gets its mission done now and the way it will continue to get

done in the future.

"I can't think of a better example of Total Force Integration than right here at Tinker Air Force Base," he said. "Team Tinker, the 513th, 507th, 552nd and the 137th (Oklahoma Air National Guard), we live and breathe TFI here every day - that's how we get the mission done."

Robertson went on to say the 513th already has a great relationship with its sister wing, the 552nd.

"If we strike the right balance of these three priorities, we will be successful as a team, as a family and as an Air Force," he said.

Robertson finished his Bachelor of Arts in English Composition at the University of Florida in 1992 and his Master of Business Administration at Oklahoma City University in 2004.

Col. William A. Lyons, the assistant vice commander and chief of staff of the 10th Air Force, based in Texas, served as the presiding officer.

AF UNIFORM UPDATE welcome back morale t-shirts, badges and limitless athletic shoes

by Staff Sgt. David Salanitri
Air Force Public Affairs Agency

WASHINGTON (AFNS) -- The Air Force updated the policy governing uniform wear Jan. 17, with a goal of not financially burdening Airmen.

Air Force Chief of Staff Gen. Mark A. Welsh III approved several updates to Air Force Instruction 36-2903, Air Force Dress and Appearance, with many of the changes coming directly from Airmen.

During the past year, Welsh prompted Airmen to make their voice heard through the Every Dollar Counts campaign, held last spring, and suggestions made directly to him during base visits or comments to the uniform survey board itself.

There are dozens of updates to the AFI, including the following:

MORALE FRIDAYS

Morale T-shirts and patches representing individual squadrons that were worn in the past to increase unit pride are now authorized to wear on Fridays. Squadron color T-shirts may be worn with the ABU or flight suit when in-garrison or on-

station during unit temporary duty assignments and contingency deployments. Shirts must be one color throughout the squadron, and may have only a small squadron patch over the left chest.

Also, authorized is the in-garrison Friday wear of morale patches and nametags that have tasteful nicknames or call signs on flight suits. Unit commanders have approval authority for morale patches and nametag naming conventions.

BADGES ON ABUS

Earned Air Force and other services' badges are authorized to wear, but only the command insignia pin is mandatory. This reverses a previous decision to prohibit wear of qualification badges and various patches on ABUs, to eliminate the need to remove and replace badges for deployment or permanent change of duty station moves.

In recent years, Airmen deployed to Afghanistan wore the Operation Enduring Freedom Camouflage Pattern. The OCP is flame retardant, treated with insect repellent and also used by the Army. Following this evolution, the ABU has become primarily an in-garrison

uniform, according to Air Force senior leaders.

A list and examples of all newly approved badges authorized for wear on the ABU is located in attachment five of AFI 36-2903.

PT UNIFORM

The Air Force physical training uniform no longer has color restrictions for athletic shoes. Airmen are now also authorized to wear black socks with their athletic shoes.

CELL PHONES

Cell phones no longer have to be black, as long as they're not worn on the uniform or attached to a purse.

Changes came directly from the field and major commands, said Cox.

"The changes are the result of months of the Chief of Staff listening to what Airmen had to say about ABUs and other uniform wear policies," Cox said.

Airmen can expect to find the optional badges on the AAFES website by mid-July to early August. The commander's insignia pin will be mandatory once the cloth pins go on sale at AAFES.

HISTORY

This UTA in history

Jan. 24, 1924 – The first Winter Olympics takes off in style at Chamou-nix in the French Alps. Spectators were thrilled by the ski jump and bobsled as well as 12 other events involving a total of six sports. The “International Winter Sports Week,” as it was known, was a great success, and in 1928 the International Olympic Committee (IOC) officially designated the Winter Games, staged in St. Moritz, Switzerland, as the second Winter Olympics.

Five years after the birth of the modern Olympics in 1896, the first organized international competition involving winter sports was staged in Sweden. Called the Nordic Games, only Scandinavian countries competed. Like the Olympics,

it was staged thereon every four years but always in Sweden. In 1908, figure skating made its way into the Summer Olympics in London, though it was not actually held until October, some three months after the other events were over.

Jan. 26, 1986 – In New Orleans, Louisiana, the Chicago Bears score a Super Bowl record number of points to defeat the New England Patriots, 46-10, and win their first championship since 1963.

When the game was over, the Bears had set a new NFL record for margin of victory (36 points), bettering the mark of 29 set by the Los Angeles Raiders when they beat the Washington Redskins 38-9 in Super

Source: www.History.com

Bowl XVIII. They also scored more points than any other team in the history of the Super Bowl, beating the previous record (38) shared by the Raiders and the San Francisco 49ers in Super Bowl XIX.

Super Bowl XX is also remembered for the ubiquitous “Super Bowl Shuffle,” a rap song and accompanying video released by the Bears during the weeks leading up to their championship meeting with the Patriots. Payton, McMahon, Dent, Perry and linebacker Mike Singletary were among the Bears who participated in the song’s production, which reached #41 on the Billboard charts and earned a Grammy Award nomination.

SAFETY

by Staff Sgt. Steve Stanley
Air Combat Command Public Affairs

There you are, staring over the mountain’s edge, your heart racing, your extremities freezing. The bone chilling wind wisps through your body as you lean forward. Your feet begin to slide and your eyes begin to widen. You start to pick up speed, faster and faster, obstacles and people zipping around you, too fast to focus on each one. Then as the situation intensifies and the speed increases, you begin to panic. Suddenly you realize, you can’t control this thing and worse -- you weren’t close to being prepared for skiing. You didn’t even wear a helmet!

On average, more than 40 peo-

ple lose their lives on the slopes as a result of accidents in just skiing and snowboarding in the U.S. alone annually, according to the U.S. National Ski Areas Association (NSAA).

Common winter sport-related injuries include head injuries, shoulder dislocation or fracture, elbow injuries, hand or finger injuries, broken legs, knee injuries and ankle injuries.

When enjoying any winter sport activity, people should take every precaution to protect themselves from injuries or worse. -The American Academy of Orthopedic Surgeons suggests the following:

– Pay attention to weather warnings and make adjustments for icy conditions, deep

or wet snow, and bad weather.

– Wear appropriate safety gear - such as goggles and helmets - and ensure that all equipment is in proper working order.

– Don’t go out alone. You should always be with a partner and remain in sight of each other. Make sure that someone else knows about your plans and whereabouts during your outdoor activity. It’s also a good idea to carry a cell phone with you.

Remember:
SAFETY BEGINS WITH YOU!

513ACG.Safety@tinker.af.mil