

Jul 2011

Vol. 31, No. 7

On-final

Plastic Patients, Real Readiness

Medical Squadron
Airmen Train For
Deployments On
Trauma Simulators

PLUS:

- 507th MXG Gets New Commander
- Social Media Mistakes
- Enlisted Promotions List
- New Chaplain Arrives

Total Force: our present, future

by Col. Russell A. "Rusty" Muncy
Commander, 459th Air Refueling Wing



U.S. Air Force Photo

The Air Force has experienced a great deal during the past 10 years. The numerous contingency and crisis actions around the world requiring Air Force assets and assistance continue to stress the need for airpower, and the Total Force continues to answer the call.

With the active component asked to do more and more, the Air Force Reserve component has adopted an operational footing to share the load. Doing so not only eases the burden for the active component, but it also fosters a stronger relationship between the components. Although differences still exist, the qualities that bind the Active-duty and the Reserve are stronger. Both are volunteer forces with a desire to serve their country. Both are highly professional, highly experienced forces

capable of performing the Air Force mission separately. However, together they provide a much broader and stronger capability.

Too often, we focus on the differences between the active duty, Guard and Reserve components first. We must change this approach. Yes, we are different, but we are also similar. Nothing points out our similarities better than to see the Total Force in action down range at one of our deployed locations.

I just returned from a deployment where I served as chief of staff on a joint force/total force headquarters staff. I was proud that I could not tell a reservist from a guardsman from an active-duty member, and I had all three on my staff.

As a result of my position, I also had the opportunity to visit many of the work sites throughout Baghdad. It was rewarding to see the mentality of our Air Force personnel rolling up their sleeves and getting the job done as representatives of the Air Force first and their respective components (Active Duty, Reserve or Guard) second.

Department of Defense and Air Force leadership will continue to need the services and capabilities provided by the Total Force as no one component will be able to go it alone. The days of yesterday are behind us. Total Force is our present and our future. Even with the draw-down of forces at some of the deployed locations, there will continue to be a need for Air Force personnel to

fly, fight and win around the world.

To be most effective and efficient, that mission will best be accomplished by the Total Force Air Force and I am proud to be associated with the Total Force!

UTA Schedule

FY 2011

July 9-10
August 6-7
September 10-11

FY 2012

October 1-2
November 5-6
December 3-4
January 7-8
February 4-5
March 3-4
April 14-15
May 5-6
June 2-3
July 14-15
August 4-5
September 8-9

*UTA dates subject to change

On the cover...

Master Sgt. Philip Baker, first sergeant for the 507th Medical Squadron, treats a "wound" on a medical mannequin during his annual training at the Scottsdale, Ariz., Health Care Military Training Center June 21, 2011. Read about the 507th MDS's trek to train on plastic patients on page 8.



Dear Drunk Driver

by Melissa
Ellsworth Air Force Base, S.D.



ptc-pte.com

Dear Drunk Driver,
We don't know each other. We never met.
That is, until our lives literally collided.
It was a night/early morning I wish I could
forget and, in some ways, have forgotten.
I guess there is part of me that also wishes I
could remember more.

The night started out great. I was with my sister and a great friend. We did have a good night and, surprisingly, I was in a good mood when we got in the car and headed home. On our way home we stopped and got some food, saw another friend and was warned to drive safe.

There really isn't much after that I remember until I woke up in the back of the

car and people were staring at us. Then I heard my sister screaming. She obviously didn't hear me because she didn't respond.

All I remember is pain after that. The rest I had to be told from friends and family. No one would tell me, but I knew my friend didn't make it through the accident. I feel guilty because I made it and she did not, especially since she had a young daughter

who was going to have to grow up without her now. I just didn't feel right.

There was a part of me that wishes, more than anything, I could go back and switch places with her, that I was the one who didn't make it through the accident.

Now, almost 12 years later, I do understand why things ended the way they did. If I hadn't made it, my husband wouldn't be mine and our children wouldn't exist, but the guilt still hasn't gone away completely.

In the beginning, I didn't feel anything but hatred for you and the people who allowed you to get in the car after all the drinks you consumed that night. Part of me was glad that you, too, didn't make it, that now your family was going to have to go through the rest of their lives without you.

After learning and growing, after 12 years of fighting to remember and grateful for my memory loss, I feel sorry for those you love. I feel sorry for you. I wish I knew for sure how old you were; I just know you were young and didn't really have a chance to live. We were all

young.

The ones who survived had to grow up a little more than we should have, and the ones that lost their lives didn't get to experience the wonderful things there is to experience here.

I want you to know that I have forgiven you for the accident. I may not fully forgive myself yet, but I am getting there.

I pray that you have learned a lesson and understand the consequences of your actions, that you can help others with your story. That we all can help someone somewhere not have to live with the physical and mental wounds we have.

I hope you have found peace.
(The author of this commentary wishes to remain anonymous.)

On-final

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All photographs are Air Force photographs unless otherwise indicated.

DO NOT SET THIS OFF

An innocent mistake can cause more harm than you think.



UNAUTHORIZED USB DEVICES
ARE PROHIBITED

U.S. Air Force graphic by Tech Sgt. Brady Eppert

Officials: no ‘pencil eraser’ for social media mistakes

by Tech. Sgt. Barbara Plante
944th Fighter Wing PA

LUKE AIR FORCE BASE, Ariz. — In February 2010, Pentagon officials authorized using social networks on unclassified military computers. They believe the benefits of social media outweigh security concerns.

However, operational security has always been a military constant and that has not diminished with the advent of social media. If anything, OPSEC has become more important because of what we can say and where we can say it.

Loose lips and unchecked gossip on social media sites can bring down Facebook pages and have the potential to harm military operations and missions as Sailors and Marines serving aboard the amphibious assault ship Bataan learned in May

2011. Escalating arguments and “the airing of dirty laundry” led Fleet Forces Command to shut down the ship’s official Facebook page, citing OPSEC concerns.

“Numerous cases regarding OPSEC violations have

arisen on several sites,” said a spokesperson for the Bataan Amphibious Ready Group. “This makes it very difficult to support a Social Networking site, while keeping the mission clear and our Sailors safe. Once

the command has conducted a thorough review, the page will be brought back online, but the ability for guests to post comments will be removed in the short term.”

It is a privilege to be able to use social media sites from military computers but with that privilege comes responsibility. “Enjoy using social media as a means to keep in touch with loved ones and friends, especially while deployed, but always be mindful to protect the mission and your own personal critical information when posting,” said Lt. Col. Jeffrey McMillen, 944th Fighter Wing OPSEC program manager.

As in the past, every military member and civilian employee is responsible for OPSEC. “When tempers flare, it is best to disengage from public forums and Internet communication. Cool heads are better than angry ones at protecting critical information as well as avoiding embarrassment,” McMillen said.

“Remember, there’s no such thing as a Number 2 pencil eraser for the Internet. It’s like publishing a book - once it’s out there, it’s out there.”

The idea that terrorists, foreign governments or spies might be looking for secrets from Facebook pages might seem a bit far-fetched, but the enemy is watching.

Ultimately, social media is just another form of communication where OPSEC rules must be followed. These same rules have been around for decades. The only thing that has changed is the technology and the speed of communication.



ID scan replaces personal info for selected transactions at Exchange

Armed Forces News Service

DALLAS (AFNS) -- Social Security numbers are enjoying the top-secret clearance they have always deserved as the Department of Defense officials have removed the nine-digit number from identification cards issued after June 1.

Authorized Exchange shoppers who receive the new ID will notice some changes when writing a check, putting something on layaway or making a return at an Army & Air Force Exchange Service facility.

The absence of the Social Security number, the only number used by DOD for

financial transactions to recover lost funds, means that cashiers will scan the new IDs to facilitate certain financial transactions.

“We’ve spent a great deal of time upgrading our systems to recognize the new IDs and provide these services without interruption,” said Chief Master Sgt. Jeffry Helm, the Exchange’s senior enlisted advisor.

“The scanning process not only is more convenient, but also helps protect service members’ personal data. So whether the ID is old or new, authorized shoppers have the proper ‘security clearance’ to exercise their Exchange benefit and shop with peace of mind.”

While not a new process,

scanning for the DOD ID number to complete select transactions assists in guarding the investment authorized shoppers make in their communities.

A military command with a retail mission, two-thirds of Exchange earnings are paid to morale, welfare and recreation programs.

Procedures that protect assets helped Exchange officials to contribute more than \$2.4 billion to quality-of-life improvements over the past decade in support of youth services, armed forces recreation centers, arts and crafts, aquatic centers, golf courses and more.

Reservists recognized at national softball game

by Lt. Col. Richard Curry
507th ARW PA Chief

OKLAHOMA CITY -- A military appreciation night featuring members of the Air Force Reserve and 507th Air Refueling Wing were held here June 7 during the national women's softball championship games at America Hall of Fame Stadium downtown.

The games were hosted by the NCAA, along with Women's College World Series, the Oklahoma City All Sports Association, the University of Oklahoma and the Amateur Softball Association.

Military Appreciation Night was held on the night of the second game of the Championship Series on June 7. Several activities were held to honor all branches of the military, and fans were encouraged to wear red, white and blue to demonstrate their appreciation and thank all military personnel for their service.

The ceremonial first pitch for Game 2 of the Championship Series was thrown by Oklahoma Secretary of Veterans and Military Affairs, US Army Guard Maj. Gen. (Ret.) Rita Aragon.

"God Bless America" was sung by Master Sgt. Wavelon Jackson from Tinker Air Force Base with the national anthem performed by the 77th Army Band from Ft. Sill, Okla.

The American flag was presented by servicemembers from Altus and Tinker Air Force Bases and the colors were presented by the Altus Air Force Base Blue Knights Honor Guard and Tinker Air Force Base Honor Guard.

During the middle of the third inning, the NCAA made an on-field presentation



Joshua Duplechian/NCAA Photos

TOP: Players and spectators rise as the colors are presented and the national anthem is sung at Game 2 of the Women's College World Series at Hall of Fame Stadium in Oklahoma City June 7, 2011.
RIGHT: Col. Marcia Walker (left), of the Oklahoma City Air Logistics Center, and Chief Master Sgt. Tina Long (right), command chief master sergeant of the 507th Air Refueling Wing, pose with Scott Farmer, NCAA Division I Softball Committee Chair, as part of a ceremony during the middle of the fifth inning.



Joshua Duplechian/NCAA Photos

to Army Maj. Ed Pulido, a wounded warrior from Oklahoma and vice president of the Folds of Honor organization.

Then during the middle of the 5th inning, the NCAA recognized two of the highest ranking female leaders

serving at Tinker Air Force Base in Oklahoma City: Air Force Col. Marcia Walker, senior individual mobilization augmentee to the director of the aerospace sustainment directorate of the Oklahoma City Air Logistics Center, and Chief Master Sgt. Tina

Long, command chief master sergeant of the 507th Air Refueling Wing. Scott Farmer, athletics director at the University of Louisiana at Lafayette and chair of the NCAA Division I Softball Committee, made the presentation.

507th Maintenance Group welcomes new commander

Lt. Col. Jeffrey J. Pickard will officially take command of the 507th Maintenance Group from Col. Kenneth C. Bunting during the July 2011 UTA.

Pickard comes to Oklahoma from McConnell Air Force Base, Kan., where he was commander of the 931st Aircraft Maintenance Squadron.

Pickard enlisted in the Air Force in 1980 and served as an integrated avionics aircraft maintenance technician until 1989 when he graduated from the United States Air Force Officers Training School at Lackland Air Force Base, Texas.

He separated from active duty in 1992 and started his career in the Air Force Reserve.

On-final staff conducted an email interview with Pickard on the occasion of his assumption of command of the 507th MXG.

On-final: What are the biggest challenges you see facing the maintenance career field in the Air Force Reserve today?

Pickard: Maintenance is maintenance; we've learned to flow with the changes. What I see as the biggest challenge is in trying to balance the ever-increasing training requirements that makes maintainers proficient at their AFSC (along with readiness requirements that make them deployment ready) with the operational taskings of the Reserve.

Combine this with taking care of our members by trying to balance operational reserve duties along with family needs and being good stewards to our Reservists' employers.

On-final: How would you describe your leadership style?

Pickard: That of a servant: I'm here for our folks.

On-final:

What characteristics do you value most from those working under your command?

Pickard: First off, I'd like to retool the saying "working under my command" to one that reflects a team approach: how about "those I work with"?

Obviously, the "buck" stops with me; however, whether we will be successful ultimately depends upon our ability to work together as a team. I value those who take personal ownership and pride of processes, ensuring the success of whatever process we are talking about. I value those who do more than what is asked of them and those who do the right thing, especially when nobody is watching or will never even know. And I value those who spend their efforts elevating people around them and inspiring them to be more than they thought they could be.

On-final: Who is your personal

hero and why?

Pickard: I'd have to say that I have two heroes: U.S. Navy Capt. (ret.) Jim Ford, and my wife, Heather.

Captain Ford is my best friend's father and my personal role model. What a great leader, father figure, and mentor he has been for me over my life!

And my wife, Heather, is the most generous, helpful, loving, humble, hard-working, driven, righteous, caring person that I have ever met or known. She is

my rock and best friend; I am so very lucky that she has chosen to put up with me throughout our marriage. If I am a good person, it's because of her steady love, partnership, and counsel; if I am not, it's my fault because I didn't listen to her!

Pickard's change of command ceremony is scheduled to take place on Sunday, July 10, at 9:00 a.m. in building 1030. A new commander's reception will happen immediately following the ceremony.



U.S. Air Force Photo

Plastic Patients



Real Readiness

**Story by Lt. Col. Richard Curry
507th ARW Public Affairs Chief**

Temperatures exceeded 100 degrees outside daily as the largest wildfire in Arizona's history blazed across the state last month.

But members of the 507th Medical Squadron faced their own heated challenge while attending a unique trauma training course in Scottsdale.

During their June 12 to 25 annual tour, wing medical technicians faced a series of medical training challenges designed to be intense and as realistic as possible.

The Scottsdale Health Care Military Training Center is a 7,500 square-foot state-of-the-art facility where military medical personnel receive hands-on training while working on human simulators that bleed and imitate battlefield trauma injuries.

It serves as the hub for Scottsdale Health Care's Military Partnership, giving students valuable experience during clinical rotations that include the Level 1 Trauma Center at Scottsdale Health Care Osborn Medical Center.

Since the military medical training program began in 2004, more than 1,000 medical personnel from active duty and reserve units across the continental United

States, Hawaii and Guam have attended training classes.

"The [Air Force Reserve Command] Surgeon General office coordinated this Training Affiliation Agreement with Scottsdale last year," said Lt. Col. Valerie Olyniec, 507th MDS commander, in an email interview. "This is the first time our reservists have attended this training."

Modeled after the Air Force's Center for Sustainment of Trauma and Readiness Skills, or C-STARS, participants in the Readiness Skills Sustainment Training Program take part in a two-week intensive didactic and clinical rotation coordinated with trauma and intensive care service medical directors.

The course originally was structured for the National
(continued on next page)



ABOVE: Capt. Shirley Roberts (left), Staff Sgt. Tiara Glover (center) and Airman Erica Koontz work to stabilize a mannequin patient during annual training at the Scottsdale, Ariz., Health Care Military Training Center.

OPPOSITE: Capt. Shirley Roberts (left, background), Staff Sgt. Tiara Glover (left, foreground), Master Sgt. Philip Baker (center) and Airman Erica Koontz perform training on a mannequin patient.



(Left to right) Capt. Shirley Roberts, Staff Sgt. Tiara Glover, Airman Erica Koontz and Master Sgt. Philip Baker pose with their medical mannequin during annual training at the Scottsdale, Ariz., Health Care Military Training Center in June 2011. The team was training on how to treat a patient with a missing limb.

Guard and Reserve components to fulfill their readiness skills verification/critical skills requirements while on annual tour. Its success has expanded to include active duty personnel.

RSSTP partners with the Maricopa Integrated Health System and offers trauma, burn, orthopedics, EMS ride along, wound care/hyperbaric, intensive care unit, pediatric trauma, behavioral health and operating room experiences. Health care professionals from all branches of the military may participate.

During their annual tour, the 13-person team, which consisted of one nurse, 11 medical technicians and a surgical technician, experienced both classroom and realistic trauma care training.

The Osborn Medical Center is one of the first civilian hospitals in the U.S. to provide military trauma training. The Military Partnership offers training and experience in trauma, burns, pediatric trauma, behavioral health, EMS ride-alongs, air ambulance flights and more.

Part of the emergency room training involved the use of a special mannequin which allows a medical

technician to feel a “pulse” at proper pressure points. The mannequin also moans and exhibits medical symptoms for the technicians to react upon.

Olyniec, a graduate of the active duty Air Force Nurse Transition Program, explained the critical need for Air Force medical professionals using this facility and its training program.

“We can send a variety of medical specialties there such as surgical technicians, nurses, medical technicians and physicians to work in a Level 1 Trauma center and children’s hospital so they can get experience as close as possible to combat,” she said.

“The [active duty NTP] has also set up shop in this facility because they can no longer get the same training as I did in the active duty medical facilities.”

Olyniec also stressed the advantage of sending wing medical technicians.

“Our focus is to send personnel who do not work regularly with trauma to sharpen their skills,” she said. “This is a critical time for us to send our personnel as we [approach our Air Expeditionary Force deployment] window.

“We are sending [apprentice-] level medical technicians to help them become upgraded quicker so they will be mobility ready.”

Photos for this story were taken by and given with kind permission from Keith Jones, public relations director of the Virginia G. Piper Cancer Center at Scottsdale Health Care.

Other video of 507th Medical Squadron personnel training at Scottsdale is available at <http://www.youtube.com/watch?v=d57dhLSMLtQ>.

To see a Phoenix, Ariz., news affiliate’s story about the training, go to http://www.abc15.com/dpp/news/region/northeast_valley/scottsdale/real-life-

[%27combat-hospital%27-at-scottsdale-facility.](http://www.abc15.com/dpp/news/region/northeast_valley/scottsdale/real-life-%27combat-hospital%27-at-scottsdale-facility)

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Commentary: whether cardio or weights first?

by William E. "Bill" Goins
 Fitness Center Director, 8th
 Medical Operations Squadron
 KUNSAN AIR BASE,
 Republic of Korea (AFNS) --
 One of the most frequently
 asked questions I get as a
 fitness professional is, "If I
 am going to do my cardio
 and strength training on the
 same day, which should I do

first?"

Fitness experts are definitely split on this issue. The majority of them will advise you to do the cardio after the weight training, because it uses up much of the energy source for your anaerobic work (strength training) and fatigues the muscles before their most strenuous activity.

This same view holds that strength training first will deplete the muscles' stored carbohydrates (glycogen or sugar), and, therefore, will enhance fat burning during the cardio workout due to the lack of available sugar for fuel.

However, there is no credible, concrete research that

proves this. What it should really come down to are your fitness goals.

For instance, if your primary goal is to increase your aerobic endurance or lose body fat, then you should perform cardio first. If your primary goal is to increase muscular strength, then do strength training first. If your fitness goals include overall improvements, finish your workout with the type of exercise you enjoy most. To get the most out of your workout, perform the exercise that is most important to your goals first, when you are not fatigued.

I see many people who have set the goal of losing fat around their stomachs who wind up spending an hour on the bench press or doing tons of curls. Why? Because they are good at those and they see the results. The problem is that when they are done with those, they are too fatigued or don't have time to have a quality cardio workout.

The same applies to the folks I talk to who want to firm up their arms, but don't like to lift weights because they don't want to "get big".

Lifting weights does not automatically equal "big," and you won't firm those muscles on the treadmill. Spend 10 minutes at the beginning of your workout working on your legs, chest, back, shoulders and arms and then go for your stairstepping marathon.

Here's the bottom line: it is better for you to have consistency in your exercise. Analyze your goals and plan your workouts to reach them.

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*Tickets are limited and subject to availability

Commentary: nine reasons to exercise

by William E. "Bill" Goins
Fitness Center Director, 8th
Medical Operations Squadron

KUNSAN AIR BASE, South Korea — Is all of this exercise really worth the effort?

Can't this be a whole lot easier? When will we be able to keep fit while lounging in the recliner?

There are too many days when we are tempted to skip the workout. How many of you have said, "I'll start tomorrow?" How many days ago was yesterday? Well, tomorrow is now and the recliner will last longer the less you sit in it, anyway.

The benefits of exercise will only accrue to those who make it part of a healthy lifestyle. Making healthier choices for your life are not part of the next month or two just so you can fit into a pair of pants or pass a fitness test. This is part of a lifelong commitment.

I have listed nine good reasons to start exercising today, or get back on track if you've stopped. You have probably heard these before, but sometimes a healthy reminder helps to reconfirm the importance of making exercise a priority.

1) Regular aerobic exercise helps prevent heart disease by slowing the buildup of plaque on the arteries of

the heart. Active people will tend to have larger, cleaner arteries. Aerobic exercise also increases the level of "good" HDL cholesterol in the bloodstream, which helps carry the cholesterol out of

amount of blood.

3) Exercise improves the body's ability to regulate blood sugar. Can anyone say "prevention of Type II diabetes"?

4) Weight-bearing exercise

diet and exercise is more likely to be from fat loss, rather than water or muscle tissue loss.

7) By preventing the loss of fat-burning, lean muscle tissue, exercise helps prevent

the drop in metabolic rate that sometimes accompanies weight loss. A gradual decline in metabolic rate naturally occurs as we age.

8) In many ways, exercise is the antithesis to aging. Exercise can help maintain stamina, strength, flexibility, bone density, metabolic rate and general enthusiasm that usually decreases as we age. Exercise gives you the ability to maintain an independent lifestyle and increases the

likelihood you will be able to enjoy your post-retirement years. Maintaining flexibility in the muscles of the legs and lower back, and strength in the abdominal and back muscles can help prevent the development of back problems that can be debilitating and very painful.

9) Exercise is a stress reliever, helping you feel more relaxed and even sleep better.

In short, exercise makes life more fun. As fitness improves, activity becomes easier. And let's face it, the better you look and feel about yourself, the more confident you are and the more you'll enjoy life!



the arteries, while decreasing the "bad" LDL cholesterol. Aerobic exercise helps prevent obstructive blood clots from forming in the arteries.

2) An additional benefit is that regular exercise helps to normalize blood pressure, especially in those whose blood pressure is somewhat elevated. Aerobic exercise makes the heart a stronger and pump more efficiently. Resting heart rates will usually decrease over time due to regular aerobic exercise because as the heart becomes stronger it can pump more blood per beat. Therefore, it must beat less times per minute to pump the same

prevents the loss of bone mineral that naturally occurs as we age. Weight-bearing exercises can include walking, jogging, weight lifting, racquet sports, etc., any activity that applies some force to the bone structure.

5) Physical activity also strengthens the muscles and joints and other structures that help hold the body together in a strong and healthy manner.

6) Exercise helps control body weight and is essential in any credible weight management program. Exercise burns additional calories, and weight lost through a combination of a healthy, low-fat

507th ARW welcomes new chaplain

507th Air Refueling Wing
Public Affairs Staff

Chaplain (1st Lt.) John “Cole” Weston joined the 507th Air Refueling Wing as a new chaplain.

Weston recently completed the Air Force’s Chaplain Candidate program, a course of study that took X years to complete.

“The Candidate Program operates while a student is in seminary,” Weston explained. “You study during the year, and in the summer the Air

Force whisks you off to numerous bases to give you the feel of the operational Air Force in a ‘try-before you buy.’”

Although he has been in the Air Force since 2006, Weston said Tinker is his first real “home.”

Weston has been married nine years to his wife, Ambre. They have two children, Audrey, 3, and Caroline, 10 months.

A licensed Nazarene minister, Weston serves on the

civilian side at Okmulgee First Church of the Nazarene as Lead Pastor.

“Since I wear all the hats back home, it’s good to have so many resources to rely upon in my fellow Reserve members here,” said Weston. “I look forward to meeting all of you at our UTA weekends.”



U.S. Air Force photo

May-June-July 2011 Enlisted Promotions

AIRMAN

Barrios, Jonathan 507 SFS
Egert, Jessie R. 513 MXS
Kinzine, Regina F. 513 MXS
Williams, Tyler 507 LRS

AIRMAN FIRST CLASS

Bean, Justin M. 507 LRS
Kane, Katrina 513 OSF
Smith, Brenton T. 507 SFS

SENIOR AIRMAN

Bryant, Derek A. 507 MXS
Carpenter, Michael 513 AMXS
Foreman, Steven S. 35 CCBS
Hagans, Parish J. 507 MXS
Herman, Hannah R. 507 AMXS
Humpala, Christopher L. 507 AMXS
Jensen, Bradley M. 513 AMXS
Jones, Cathryn C. 35 CCBS
Ketchersid, Landon 513 MXS
Koontz, Erica A. 507 MDS
Krause, Travis 507 AMXS
Lanphere, Alex M. 513 AMXS
Lewis, Zachary M. 507 CES
Mathis, Zachariah D. 507 CES
Merrill, Tyler E. 507 MSG
Metcalfe, Brooke A. 507 MSG
Morsching, Timothy D. 507 CES

Murray, Brandon R. 507 OSF
Newcomer, Michael 507 CES
Richmond, Brandon J. 507 CES
Sanchez, Mercedes 507 LRS
Smith, Justin M. 507 MDS
Wilson, Ronnie 507 SFS

STAFF SERGEANT

Cain, Michael 72 APS
Cuffie, Kayla L. 507 LRS
Fox, Justin 507 AMXS
Haggard, Rachel M. 507 CES
Malzer, Justin A. 507 AMXS
Matthews, James C. 507 MXS
Metzger, Tamila Y. 513 MXS
Miller, Edward E. 513 MXS
Mills, Robert 507 MXS
Mitowski, Andrew 513 AMXS
Morgan, Jonathan E. 507 LRS
Reed, Charles 72 APS
Schulterman, Kevin 513 AMXS
Smoot, Derek W. 507 SFS
Whisenhunt, David M. 507 SFS

TECHNICAL SERGEANT

Ando, Rodolfo 507 AMXS
Boyle, Amanda L. 507 MDS
Brown, Jason A. 507 ARW
Flores, Angela C. 507 MDS

Guymon, Sarah 970 AACCS
Mason, Earl M. 507 CES
McAboy, Gregory A. 513 MXS
McKinley, Brett M. 513 MXS
Nave, Cecil W. 35 CBCS
Owens, Randy 72 APS
Pace, Randy 72 APS
Pham, Phu V. 35 CCBS
Schaefer, Daniel R. 507 MDS
Shaw, Richard A. 507 MSF
Stubbs, Patricia A. 513 AMXS
VanCleave, Isaac J. 513 MXS

MASTER SERGEANT

Balson, Phillip 507 MSG
Beals, Timothy 507 MDS
Dalton, Charles 465 ARS
Gunning, Michael E. 1 ASF
Holmes, Brian D. 507 MXS
Jones, Christina M. 970 AACCS
Loeffler, Shaun 507 MXS
Smith, Adrian 507 CES
Whitesel, Eric G. 507 AGS
Willoughby, William 72 APS

SENIOR MASTER SERGEANT

Brunsmann, David A. 513 MXS
Holmes, Rosalind 507 MDS
Prokup, John C. 72 APS

507 ARW RECRUITERS

Senior Master Sgt.
Marvin Greene
(senior recruiter)
Tinker AFB, OK
405.734.5331



Master Sgt.
Melissa Melichar
(in-service recruiter)
Tinker AFB, OK
405.739.2980



Master Sgt.
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