

On-final



U.S. AIR FORCE

507th Air Refueling Wing - 513th Air Control Group

Tinker Air Force Base, Oklahoma

NOVEMBER 2008 Vol. 28, No. 11



The 507th Air Refueling Wing will break ground on a new hangar beginning in spring 2009. Two facilities will be demolished and in their place, a single-bay, 28,000 square foot, fully-enclosed scheduled maintenance hangar will be built. The new facility will serve both the 507th ARW and 137th ARW, an Oklahoma Air National Guard associate unit affiliated with the wing.

The new hangar is a part of the DOD's Military Construction Program. Congress approved the project and provided the funds to pay for the \$10 million project. Construction should be complete by fall 2010.

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Culture change:

Make energy a consideration in all you do

by SAF/PA

We can accomplish a lot by investing in energy conservation technologies but it is not enough. The cost of aviation fuel and base utilities has increased faster than we can reduce energy usage. Even if the cost pressures of the past four years subside in the short term, we must do more by applying “people power” to our energy problems.

Our vision is for Airmen to make energy a consideration in all we do.

We offer a recipe for leveraging “people power” and changing our culture regarding energy. We must:

- Share a vision; keep it “fresh”
- Lead by example; build consensus
- Measure progress constantly
- Celebrate successes

- Ruthlessly eliminate distractions

Building our new energy culture will require strong leadership from you. “Do as I do” only works if your energy conservation practices are visible. Lead by example and work to extend your vision through every officer, NCO and civilian. Arm the team with the important facts about energy conservation.

Celebrating success is key to change management, especially when it involves energy. Recognize exceptional energy savings initiatives at Commander’s Calls and get the word out via the base newspapers, internal and external Web sites, and on the base TV info channels.

They say one bad apple can spoil the whole barrel — it’s the same with energy conservation and human behavior.

It’s everybody’s responsibility to root out and eliminate energy waste. This is a key element in our AFSSO21 program and why energy is one of our five desired effects.

The bottom line: energy conservation is our business. Imagine 500,000 Airmen turning off unneeded lights, or computer printers when not in use will make a difference! These small actions can make a huge difference.

Our Air Force culture can change, slowly, methodically, one person at a time. It starts with your initiative and leadership.

Visit <http://www.safie.hq.af.mil/esoh/index.asp> to see what other Airmen are doing to conserve energy. For more good ideas and energy savings tips, go to the Department of Energy’s Web site.

Shirt Column: Managing stress

by Master Sgt. Phillip Baker
507th Medical Squadron First Sergeant

It’s that stressful time of the year again.

I’m not talking about deployments, annual tour planning, or upcoming exercises — I’m referring to the holiday season.

Whether you are planning activities or managing your budget, taking on obstacles in stride requires keeping a positive attitude. Think about it: You have to get the turkey fryer ready, make room in the freezer for that turkey until it can be placed in the fryer, find those recipes for that special pie, the time and preparation that goes along with that holiday dinner...and then checking the Sunday newspaper sales advertisements every week, pretending you’re playing center under the goal at the Ford Center when you’re actually standing in line at the mall checkout stand; spending time with that family member who thinks they’re in charge of everything and know it all; and having to plan all this on a limited budget.

Is it any wonder that the holiday season can seem overwhelming?

And for those of us in the military, this can be an especially stressful time for us and our families, especially for those deployed away from home. With these family members comes

the added stress of being left at home to endure the pressures that go along with the holiday season — sometimes alone.

It can be difficult managing the added stress of the holiday season. During the holiday season it is a struggle to do most things in moderation. Stress factors can arise when one feels they have too many things to do and not enough time to do them all. It’s important to try to keep in perspective what are “wants,” what actually are “needs,” and keeping it all within the budget.

Try hard to do things in moderation. Don’t drink too much or over indulge. Keep in mind that uniforms don’t look quite right with that belly sticking out, or when an ABU shirt is so tight that one of the buttons could pop off and put someone’s eye out (possible OSHA violation, just a thought). I’m joking in part, but don’t forget Fit-to-Fight.

What’s especially difficult is being separated from love ones, or being around a family member or a friend that you cherish, but they continue to pluck that last nerve to the point you can’t wait for the holiday event to be over.

Just thinking about it causes my blood pressure to go up. But there are many ways you can help yourself manage stress. You may also search on-line or visit your local

Continued on page 3

The basis of thankfulness

by Chaplain, Maj. Dwight Magnus
507th ARW Chaplain Office

Alex Haley, the author of "Roots," had an unusual picture hanging on his office wall. It was a picture of a turtle on top of a fence post. When asked, "Why is that there?" Alex Haley answered, "Every time I write something significant, every time I read my words and think that they are wonderful, and begin to feel proud of myself, I look at the turtle on top of the fence post and remember that he didn't get there on his own. He had help."

That is the basis of thankfulness - to remember that we got here with the help of God, and that He is the provider of every blessing we have. James reminds us that "every

good and perfect gift comes from above.

To offer thanks is to confess dependence, to acknowledge that others have the power to benefit you, to admit that your life is better because of their efforts.

Every time I get to thinking gratefulness is natural, I remember how hard it is for me to write a simple thank you note. I also remember the story of the 10 lepers that were healed by Jesus. Only one returned to say thanks.

This month, take time to thank God for all that is good in your life. Now, if you want to take gratefulness to another level, thank God for the difficulties of your life. But maybe you can start by taking time to thank God this month for your blessings. Then take the time to thank your family and friends as well.

Managing stress

Continued from page 2

library for more information.

One of the suggestions I found was to develop a plan and put it in writing. Keep the plan realistic, to include time allotted to complete necessary tasks. Another suggestion given is to prioritize your activities and events. Which activities or events are most important and offers the greatest impact and positive outcomes?

Of all of the suggestions I've read and heard, I believe the best advice you can take to heart is to stay within your budget. Over the years I've heard family, friends, acquaintances, including myself, voice the financial pains created by over spending, especial on credit as a result of the holiday season. I eventually learned from my own experience, that what I was wanting to purchase was not a "need." I learned that if I didn't

have the available cash to purchase it, I didn't buy it, even on credit. I learned not to purchase items on credit that were not within my normal budget.

Again, help on managing stress is available to everyone on-line, in libraries, or even at the Airman & Family Readiness Support office. The holidays should be precious moments that you cherish forever and not something to regret.

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All photographs are Air Force photographs unless otherwise indicated. **Copy deadline is NOON on UTA Sunday for the next month's edition.**

Call us at 734-3078.

507th ARW Mission: Man, train, equip, and sustain an Expeditionary Reserve Force in support of DoD peacetime and wartime taskings.
513th ACG Mission: Citizen-airmen extending America's Global Power operating the world's best airborne battle management, warning and control platform.

1st ASF shows off new aircraft

by Lt. Col. Rich Curry
507th Air Refueling Wing

Everyone attending last month's Family Day received the opportunity to take a sneak peek into the newest aircraft being flown by the wing's 1st Aviation Standards Flight.

On ramp display a Canadian-made Bombardier 601 Challenger was parked with open door as aircrew members explained the aircraft's features to visitors. The 1st ASF converted from the BAE Hawker aircraft to the Challenger earlier this year.

According to Lt. Col. Randall W. Peterson, 1st ASF Commander, the Challenger is a larger airframe than the previously flown Hawker and brings greater mission capabilities to the 1st ASF. "Compared to the Hawker, the Challenger is 13 feet longer, has greater maximum take off weight

counter measures systems in the aircraft during warzone sorties. "The Hawker simply had no available space left inside for any type of defensive electronic equipment," Peterson said. "When we flew missions in Iraq and other hostile locations with the Hawker, we did not have much protection from enemy fire. With the Challenger we will have combat countermeasure capabilities. The 1st ASF has not been able to operate in the SWA AOR for the past 18 months due to the Hawker not having this defensive capability. Now, with the new defensive system in the Challenger, we will be able to return to SWA to support the war effort."

The Challenger 601-3R being flown by the 1st ASF features GE CF34-3A engines that can operate at higher temperatures, and Collins Proline 4 avionics. The initial flight for this aircraft occurred on 28 September 1986. A total of 59 were built into 1996. The Challenger has a fuel tank in

its extended tail and a typical crew size of 3. In addition to being 13 years newer than the Hawker, Colonel Peterson said the Challenger enjoys better range, better comfort and better logistical support around the world.

The 1st Aviation Standards Flight (1st ASF) was activated in June of 1999 as a new mission for the 507th Operations Group and the Air Force Reserve. This unit, working in tandem with the Federal Aviation Administration (FAA), performs flight inspections of navigational-aid radar and instrument procedures at military and civilian installations in the United States and overseas.

The flight operates from the Will Rogers International World Airport, Oklahoma City, and augments the Air Force Flight Standards Agency Detachment 1, the on-site active duty unit. The 1st ASF consists of approximately 25 people and is attached to the 507th ARW for administrative support.



Shown, a Canadian-made Bombardier 601 Challenger aircraft is parked on the 507th Air Refueling Wing ramp. The 507th's 1st Aviations Standards Flight located at Will Rogers airport in Oklahoma City converted to the Challenger earlier this year. The aircraft landed at the wing recently and its aircrew members explained the aircraft's features to visitors. With the Challenger, the 1st ASF will have combat countermeasure capabilities.

(up to 45,000 lbs), ten foot larger wingspan (64 foot), and 1,000 mile greater range (3,452 miles)," he said.

Because the Challenger has a larger cabin interior, another advantage will be the ability to install electronic

Travelling to the ends of the earth all in a day's work

by Lt. Col. Rich Curry
507th Air Refueling Wing

Flight Safety is serious business in the Air Force and for one Air Force Reserve organization it's so important, they're willing to go to the ends of the earth.

Or at least one of them...

Five members of the 507th Air Refueling Wing's 1st Aviation Standards Flight departed Oklahoma City last month enroute to Antarctica to conduct airfield inspections. The mission of the 1st Aviation Standards Flight is to perform flight inspections of navigational-aid radar and instrument procedures at military and civilian installations in the United States and overseas. Working in tandem with the Federal Aviation Administration (FAA), the flight operates from the Will Rogers International World Airport in Oklahoma City.

This year employees from the FAA and 1st ASF are travelling to Antarctica to inspect the airfields located there, including the one at the pole, making sure they are safe for use by C-130s, C-17s and helicopters ferrying supplies and thousands of scientists with the National Science Foundation.

Three of the flight's reservists, Master Sgts. Kirk Babcock, Lori Pink and Brad Elliot departed the states on Oct. 12th, crossing the dateline, arriving at Christchurch, New Zealand on Oct. 14th. There they received their cold weather gear. The group then traveled on to McMurdo Station, Antarctica.

Reservists Lt. Col. William Geiser and Maj. Brett Vanmeter will fly a Federal Aviation Administration's Challenger 601 aircraft from Oklahoma City to McMurdo. The aircrew departed the area on Oct. 10th and arrived in Christchurch on Oct. 15th. There the crew conducted some routine flight inspection work. On Oct. 20th, the team flew the Challenger CL-601 to McMurdo.

McMurdo Station is Antarctica's largest community. It is built on the bare volcanic rock of Hut Point Peninsula on Ross Island, the farthest south solid ground that is accessible by ship. Established in 1956, it has grown from an outpost of a few buildings to a complex logistics staging facility of more than 100 structures including a harbor, an outlying airport (Williams Field) with landing strips on sea ice and shelf ice, and a helicopter pad.

The station accommodates 1200 people in summer and 200 in winter. The station covers nearly 1.5 sq. mi. (4 sq.km.) between Hut Point and Observation Hill. There are aboveground water, sewer, telephone, and power lines linking

buildings.

Sergeant Babcock is the team leader for the 15- member FAA team. While an Air Force Reserve noncommissioned officer, he is the FAA Antarctic Flight Inspection Program Manager, Aviation Systems Standards in civil service. "I am the lead for the Antarctic mission," he said. "It does get sort of confusing for people because I do go down to the ice under military orders but having the same job in the FAA (Flight Inspection Program) as in the Air Force makes that possible. In my reserve life I am a master sergeant with the 1st ASF. My job is a Mission Specialist."

Babcock said the main sponsor for this mission is the Federal Aviation Administration. "They are ultimately in charge of this mission by request from the National Science Foundation and Commander, Operation Deep Freeze (Air Force)." The total crew this year is 15 and consists of six pilots, four mission specialists, three maintenance personnel, and two members in support roles.

This will also be the first year the team will use the Challenger aircraft operationally to conduct the inspections. "Last year we took a Challenger CL-604 down to McMurdo to do a feasibility test," Babcock said. "The test was successful so this year we are taking the Challenger 601 down to also do some tests but primarily to certify the navigation aids (navaids). The only place we can land the Challenger is at Pegasus Airfield (15 to 20 miles from McMurdo). The other airfields are packed snow and can only be used by ski-equipped aircraft. Flying the Challenger will eliminate the need to use the ice-box. (A palletized calibration equipment compartment previously flown in C-130 aircraft to inspect navaids.) This year we have shipped the ice-box down there only as a backup."

Babcock said this season the team will inspect six major navaids and eight instrument procedures at three airfields. The airfields we will be inspecting this year are Pegasus Airfield and Williams Airfield at McMurdo as well as the South Pole Airfield at the South Pole. "The navaids are two Microwave Landing Systems (MLS), two TACANS, and three PAPI lights," Babcock said. "The NSF does not have any Instrument Landing Systems (ILS) in Antarctica. They use the MLS for the Air Force support aircraft. They do use Global Positioning Systems down there and it works really well. We will be inspecting GPS approaches at the South Pole and around McMurdo. At one time GPS wasn't very usable in Antarctica because of the lack of satellites but since they have added to the satellite constellation it is a very good form of navigation in Antarctica. It is used by ground vehicles and science monitoring equipment as well as aircraft."

Being a leader takes guts, determination and hard work

by Lt. Col. Pat Rupel
513th ACG Deputy Commander

“Black hat” versus “white hat,” or “big boy/girl approach” versus “micro-management,” etc. These are all terms I have heard ad nauseam. They are a shorthand description of different management or leadership styles. Similarly, how many times have I heard leaders or supervisors flippantly categorize a subordinate as either a “drag” on the organization or a “super hero.” This mentality of over-simplification is dangerous to a unit’s mission. Why?

Like Oklahoma weather, if you wait a little while, an entire active duty unit will have a complete turnover in personnel. However, AFRC (or Guard) units are like small towns. People in small towns quickly get labels and are often not allowed by others to change. The labels often become self-fulfilling prophecies, and in my opinion, keep leaders and followers from getting an accurate picture of the unit’s strengths and weaknesses. People with “bad” labels will become more ineffective and may stick around for a long time. On the other hand, I have also seen “fair-haired” individuals do a lot of damage to a unit when they either got complacent, enamored with their own skills, or were given tasks beyond their true abilities.

Reserve units have a luxury that active duty units do not have. We can more effectively grow individual because we are in a “marathon.” We have the time to recognize and de-

velop strengths and also patiently help our reservists overcome weaknesses. But how do we do that? It takes leaders who are able to articulate the unit’s mission and then identify practical descriptions of each member’s job in order to effectively provide real feedback. That takes guts, dogged determination and hard work because it has to be done over several years to see the results. But people like it when we invest real effort and time in their careers and lives. If we are consistent in this approach, we often discover that some of the “drags” are actually talented and often become fiercely loyal and effective unit members. The rest will either move on either because they are doing other great things or they are not able to “fit into” a culture that has enforced standards. But in the end, it takes a mindset of consistent, hard work and dedication to growing people while intelligently using the right tools.

As much as I hate to admit it, NSPS performance plans, if developed intelligently, are one tool that can be used to effectively provide both validation of great performance and positive critique of performance that lacks. As a supervisor, I love that the onus of developing the plan initially falls where it should – on the “performer.” Here’s the bottom line. I don’t ever again want to hear another leader or follower complain about someone’s performance, without doing something about it. So, get off your duff and identify what the job is (it is a finite description), how well it is supposed to be done, and then provide timely, effective, and documented feedback.

October Promotions

<u>Name</u>	<u>Unit</u>	<u>Promoted to</u>	<u>Name</u>	<u>Unit</u>	<u>Promoted to</u>
Deborah Loveland	1st ASF	Master Sgt	Eva Giesbrecht	72nd APS	Tech Sgt
Phillip Balson	35th CBCS	Tech Sgt	Jeffrey Kimbro	507th MXS	Tech Sgt
Christopher Veeker	513th OSF	Staff Sgt	Johnny Johnson	507th MXS	Master Sgt
David Hatton	970th AAC	Senior Master Sgt	Jordynn Lowery	507th CES	Senior Airman
Shawn Hogue	513th ACG	Staff Sgt	Sedrick Richardson	507th CES	Airman First Class
Mary Mott	507th LRS	Senior Airman	Nimsi Garza	507th SVF	Senior Airman
James Jordan	72nd APS	Staff Sgt	Jesusa Mehalick	507th MOF	Senior Airman
Anthony Lawson	72nd APS	Senior Airman	Donald Hill	507th AMXS	Senior Airman
Jeffery Richesin	72nd APS	Staff Sgt	Nimol Kuruvilla	507th AMXS	Staff Sgt
			Ryan Mullings	507th AMXS	Staff Sgt



FREE COLLEGE TESTING

Air Force Reserve members, spouses and civilian employees may take DANTES Subject Standardized Tests (DSSTs) or College-Level Examinations Program (CLEP) or Excelsior College Examinations (ECE) FREE! (Military Only for Excelsior examinations). These examinations test college-level knowledge you may have gained through your job, reading, travel, or hobbies. You must test at your Reserve DANTES approved test center. Testing at another DANTES test center will be on a case-by-case basis. **For more information or to schedule testing, contact Chief Master Sgt. Charlotte Epps in the MPF Education and Training Office at 734-7075.**

FOREIGN LANGUAGE PROFICIENCY PAY (FLPP)

Reservists may apply for FLPP by submitting a written request for FLPP testing to his/her commander. FLPP I requires you to be on a tour of duty that requires the language. FLPP II will pay based on active duty days or IDT periods performed. Spanish and Tagalog speakers are not entitled to FLPP II. If you are proficient at a foreign language and are interested in this program please contact Chief Master Sgt. Charlotte Epps or Master Sgt. Sharon Lochman in the MPF Education Office at 734-7075 for instructions on how to apply for FLPP.

TUITION ASSISTANCE

Reserve members are eligible to apply for TA for Distance Learning and In-Residence courses to further their education up to a Master's Degree.

The basic enrollment requirements are that you must:

Be a participating member in good standing (no UIF, Article 15, etc.).

Retainability: Officers - two years; Enlisted - ETS after course completion.

Enrollment form must show course number/title, credit hours and cost of tuition.

Complete TA forms in our office PRIOR to class start date.

Payment occurs after satisfactory course completion. **You must provide a paid receipt and your grade NLT 60 days after course completion.** TA reimbursement amounts are set at 75 percent (\$4500) per FY (Masters) or 100 percent (\$4500) per FY (Bachelors). **For more information contact Chief Master Sgt. Charlotte Epps or Ms. Kim Silkwood in the MPF Education and Training Office at 734-7075.**

AFRC NCO LEADERSHIP DEVELOPMENT COURSE

The success of the Air Force Reserve NCO corps depends on their ability to apply leadership and management skills learned primarily in a civilian setting to a military environment. Not all of today's mid-level NCOs have extensive first-hand supervisory experience in a reserve environment; therefore, the instruction in this course is intended to improve the students' military supervisor capabilities and understanding of their positions as related to the USAFR. We focus on individual improvement which is ultimately the real source of organizational excellence and success. Next class is scheduled for Feb. 2-13, 2009. See unit training manager for information.

FAMILY CARE

If you need to be on the Family Care Plan, notify your first sergeant ASAP - IAW AFI 36-2908. Single parents and dual military couples with children must have a Family Care Plan completed within 90 days of in-processing or family status change.

VIRTUAL MPF

- 1. Address Changes** - You no longer have to go to 4 different screens/areas to update your address!!!
- 2. Point Summaries** - Point Summaries can also be viewed and printed.
- 3. Record Review RIPs** - You will now be notified via e-mail, on your birthday, to log on to vMPF to review your RIP.
- 4. Awards and decorations** - You can also get a picture display of your awards and decorations.

HOT TOPICS :

All testing (paper and computer) must be scheduled by sending an e-mail to 507.msf.dpmt@tinker.af.mil with the time and date that you would like to test and include the course number.

Paper testing on the UTA is only available at 0750 on Sunday of the main UTA and is in Bldg. 1043, ATN Room in the basement.

Computer-based testing on the UTA is available on Sunday at 0800 and 1300 in Bldg. 1043, ATN Room in the basement.

Please schedule all tests NLT 1500 on Friday before the UTA. If you are unable to keep the scheduled time please e-mail the training office or call 734-7075 prior to scheduled testing time. All testing is also available on Wednesdays at 0800 and 1300 and Thursdays at 1300.

NOTE: If you are retaking a test, you must bring the authorization letter with you or you will not be allowed to test.

EDUCATION REMINDER:

This is just to remind everyone who wishes to update their Education Records, officer and enlisted, that we need OFFICIAL transcripts to send or accomplish any updates. This means that it CANNOT say "ISSUED TO STUDENT." You may have the college/university send it, we can request it, or you may bring it in as long as it is in a sealed envelope with a SEAL on the flap AND it does not say "ISSUED TO STUDENT."

Pass and ID Hours of Operation: 0800 - 1200 on Saturdays of the UTA.

IEU open from 1200-1500 on Saturday of the main UTA.

Nomination packages for AMN, NCO, or SNCO of the quarter are submitted quarterly. Packages are due by 1400, on Saturday of the UTA after the end of the quarter. (Apr, Jul, Oct, Jan)

FY 08-09 UTA SCHEDULE

01-02 Nov 08	
06-07 Dec 08	10-11 Jan 09
07-08 Feb 09	07-08 Mar 09
04-05 Apr 09	02-03 May 09
06-07 Jun 09	11-12 July 09
01-02 Aug 09	12-13 Sep 09

As of 24 Oct. 2008

Fri, 31 October 2008

1300 Pre-UTA Cmdr Staff Mtg Bldg 1030, MSG Conf Rm
 1400 Pre-UTA First Sgts Mtg Bldg 1066, OG Conf Room
 1500 Pre-UTA CChief & 1st Sgt Mtg Bldg. 1066, OG Conf Room
 1600 Top 3 Executive Board Mtg Bldg 1056, 970th ConfRm

Sat, 1 November 2008

Unit Designated Sign In Unit Designated
 0730-0930 Newcomers In-Processing Bldg 1043, Room 203
0800-1500 MPF-See Page A3 for specific times
 0900-0930 6 Month Contact Mtg Bldg 1043, CC Conf Rm
 0900-1000 Mandatory 3A0X1 Tng Bldg 1066, OG Conf Rm
 1000-1130 Newcomers Orientation Bldg 1030, MSG Conf Rm
 1000-1100 Mobility Rep Meeting To Be Determined
 1300-1545 Newcomers Ancillary Tng Ph I Bldg 1030, MSG Conf Rm
 1300-1400 Adverse Actions Mtg Wg Commander's office
 1300-1400 Wg. Career Advisor Trng Bldg 1066, OG Conf Room
 1400-1500 Training Managers Mtg Bldg 1043, CC Conf Room
Unit Designated Sign Out Unit Designated

Sun, 2 November 2008

Unit Designated Sign In Unit Designated
 1130-1500 MPF-See Page A3 for specific times
 0730-0800 Protestant Chapel Service 513th ACG Auditorium
 0730-0800 Catholic Mass Bldg. 1066 OG Conf Rm
0750- by appt CDC testing Bldg 1043, ATN Room
 0800-1100 Newcomers Ancillary Tng Ph II Bldg 1030, MSG Conf Rm
 0830-0930 Enlisted Advisory Council Bldg 1043, CC Conf Rm
 0900-1130 Supr Safety Trng Bldg 1066, OG Conf Rm
 0900-1000 Mandatory 3A0X1 Tng To Be Determined
 1015-1115 Mandatory 3S0X1 Trng Bldg 1043, Rm 203
1300, by appt. CDC Testing Bldg 11043, ATN
 1300-1600 First Duty Station Bldg 1030, MSG Conf Rm
1300 SORTS/Post UTA Mtg CAT
 1400-1500 IG period w/Capt. Vardaro Bldg 1043, Room 5
Unit Designated Sign Out Unit Designated

Fri, 5 December 2008

1300 Pre-UTA Cmdr Staff Mtg Bldg 1030, MSG Conf Rm
 1400 Pre-UTA First Sgts Mtg Bldg 1066, OG Conf Room
 1500 Pre-UTA CChief & 1st Sgt Mtg Bldg. 1066, OG Conf Room
 1600 Top 3 Executive Board Mtg Bldg 1056, 970th ConfRm

Sat, 6 December 2008

Unit Designated Sign In Unit Designated
 0730-0930 Newcomers In-Processing Bldg 1043, Room 203
0800-1500 MPF-See Page A3 for specific times
 0900-0930 6 Month Contact Mtg Bldg 1043, CC Conf Rm
 0900-1000 Mandatory 3A0X1 Tng Bldg 1066, OG Conf Rm
 1000-1130 Newcomers Orientation Bldg 1030, MSG Conf Rm
 1000-1100 Mobility Rep Meeting To Be Determined
 1300-1545 Newcomers Ancillary Tng Ph I Bldg 1030, MSG Conf Rm
 1300-1400 Adverse Actions Mtg Wg Commander's office
 1300-1400 Wg. Career Advisor Trng Bldg 1066, OG Conf Room
 1400-1500 Training Managers Mtg Bldg 1043, CC Conf Room
Unit Designated Sign Out Unit Designated

Sun, 7 December 2008

Unit Designated Sign In Unit Designated
 1130-1500 MPF-See Page A3 for specific times
 0730-0800 Protestant Chapel Service 513th ACG Auditorium
 0730-0800 Catholic Mass Bldg. 1066 OG Conf Rm
0750- by appt CDC testing Bldg 1043, ATN Room
 0800-1100 Newcomers Ancillary Tng Ph II Bldg 1030, MSG Conf Rm
 0830-0930 Enlisted Advisory Council Bldg 1043, CC Conf Rm
 0900-1130 Safety Committee Training Bldg 1066, OG Conf Rm
 0900-1000 Mandatory 3A0X1 Tng To Be Determined
 1015-1115 Mandatory 3S0X1 Trng Bldg 1043, Rm 203
1300, by appt. CDC Testing Bldg 11043, ATN
 1300-1600 First Duty Station Bldg 1030, MSG Conf Rm
1300 SORTS/Post UTA Mtg CAT
 1400-1500 IG period w/Capt. Vardaro Bldg 1043, Room 5
Unit Designated Sign Out Unit Designated

OCCUPATIONAL SURVEYS

These surveys provide information essential for developing personnel programs, classifying occupations, and developing training programs. The Wing Survey Control Monitor (SCM) works with the Unit Training Manager (UTM) to ensure surveys are completed. AFI 36-2623, paragraph 2.7 makes completion of these surveys mandatory for all Air Force Reserve members. It is extremely important these surveys are completed by the suspense date. If you have any questions, contact Ms. Kim Silkwood at 734-7075 or your UTM.

Newcomers Ancillary Training

Newcomers Ancillary Training Phase I & II are conducted **monthly** in **Bldg 1030, 507th MSG Conference Room. Unit/Ancillary Training Managers are responsible for ensuring their new personnel are scheduled to attend** within 90 days of their first UTA. If you have questions, contact the MPF Education & Training Office at **734-7075**.

<u>Day</u>	<u>Time</u>	<u>Subject</u>	<u>OPR</u>
Saturday	1315-1430	Drug and Alcohol, Suicide/ Workplace Violence Prevention	SG
Saturday	1430-1500	Local Conditions/ORM	SE
Saturday	1500-1530	OPSEC Training	OG
Sunday	0800-0815	Base Populace	CEX
Sunday	0815-0830	IG Briefing	IG
Sunday	0830-1000	UCMJ/Ethics	JA
Sunday	1000-1030	Counter Intel/Awareness	SF
Sunday	1030-1100	Human Relations	ME

UCMJ Briefing:

All enlisted personnel are required to have the UCMJ briefing within two UTAs of their first reenlistment. This briefing is held during Phase II of the monthly Newcomers Ancillary Training at 0830 on Sunday of the UTA in Bldg 1043, Wing Training Room.

Ethics Briefing:

All reserve personnel are required to have the DOD Ethics Briefing within 90 days of reporting for duty. This briefing is held in conjunction with the UCMJ briefing during Phase II of the monthly Newcomers Ancillary Training at 0830 on Sunday of the UTA in Bldg 1043, Wing Training Room.

Disaster Preparedness:

Unit Training Managers must schedule Chemical Warfare Training, by name, at least one UTA prior to the requested dates by calling CEX at 734-5249. All personnel must bring a complete training ground crew ensemble (GCE) including the mask and its hood to all classes. Those attending Initial must be prepared to process through a tear agent chamber. Wear of contacts is prohibited in all classes. Anyone arriving late, without a complete GCE with mask, or wearing contacts, will be released back to their unit and reported as a no-show.

Drug Testing: You must report within two hours of notification.

Military Pay

File for pay by:	Receive Direct Deposit by:
04 Nov	12 Nov
06 Nov	15 Nov
10 Nov	17 Nov
13 Nov	21 Nov
17 Nov	26 Nov
18 Nov	28 Nov
19 Nov	01 Dec
25 Nov	05 Dec
02 Dec	10 Dec

Military Pay (405) 734-5016

****New MPF Hours****
Closed Thursday afternoon
Saturday UTA
 Open at 0800 - 1500, except for following closures:
 1300-1330 - Employments/Relocations
 1400-1430 - Career Enhancements
 1500-1530 - Customer Service
 1500-1600 - IDs only

Sunday UTA
 Open at 1130 - 1600

BAQ Recertification Deadlines

If Last Digit of SSAN is:	Then Forward Listing to Unit Commander in:	Recertification due by end of month in:
1	November	January
2	December	February
3	January	March
4	February	April
5	March	May
6	April	June
7	May	July
8	June	August
9	July	September
0	August	October

If you need assistance or have suggestions on how we can improve our service to you, please call us at (405) 734-7075, or stop by our office in Building 1043, Room 213.

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Reserve aircraft, Airmen deploy to Turkey

by Lt. Col. Rich Curry
507th ARW Public Affairs

KC-135R aircraft from the 507th Air Refueling Wing departed last month for Incirlik AB, Turkey in support of Operations Enduring Freedom and Iraqi Freedom.

The 45-day overseas deployment will involve three of the wing's air refueling aircraft and nearly 250 personnel.

Aircrews from the 465th Air Refueling Squadron and aircraft maintainers from the 507th Maintenance Group form the air refueling aviation package with the mission of providing air refueling support to aircraft flying OEF missions over Afghanistan and Iraq. Other members from the wing's Logistics Readiness Squadron, Medical Squadron and Communications Flight are deploying to support the mission.



A KC-135R Stratotanker aircraft flown by the 507th Air Refueling Wing, Air Force Reserve Command.

In addition to the three aircraft deploying, two additional aircraft will take part in ferrying personnel back and forth during the rotation points. All aircraft are expected to return to Tinker AFB by mid-month.

"We have deployed to this AEF location in the past and are looking forward to again being on the front line in support of operations there," said Lt. Col. Bill Mason, 465th ARS Commander.

"Our mission will directly support the war fighter in the air as well as on the ground by providing air refueling to cargo aircraft flying supplies and personnel. We help those cargo planes to get to locations without the extra stop for fuel."

"I'd really like to thank the hard work and efforts of everyone at the wing who was involved in helping us prepare for this deployment," the colonel said.



Air Force Reserve recruiter Bill Joseph holds the American flag while 25 young citizens take the oath of enlistment during a mass enlistment ceremony in front of a KC-135R on Oct. 5th. These new

recruits will be assigned to either the 507th Air Refueling Wing or the 513th Air Control Group upon graduation from basic training and technical school.

Photo by Senior Airman Zach Anderson

One of the Air Force's best-kept secrets

by Capt. Bill Pierce
507th ARW Public Affairs

Tucked away in small building on Maxwell AFB lies one of the Air Force's best kept secrets, a secret that is shaping the future of the Air Force by way of their past.

The Air University Press (AU Press) is a small building that houses numerous books and papers written by the very men and women in blue, past and present, civilian and military.

The AU Press dates back to the mid 50's. It was the inspiration of former Deputy Commander for Air University Gen. John DeForrest Barker. His vision lead to the creation of the AU Press and gave the Air Force the means to publish materials giving Airmen opportunities to increase their knowledge while contributing to the advancement of fellow Airmen. Their stories and experiences have impacted Air Force doctrine and have helped shape National Security Strategy in a globalized society.

Today globalization presents many opportunities. The United States is a leader in promoting new flows of trade, investment, technology, and information. More specifically AU Press has helped improve that free flow of information by sharing the stories and experiences of the professional Airmen.

Keeping Gen. DeForrest Baker's vision alive, today AU Press enables Airmen access to written resources at no cost other than time. According to the AU Press website, the publication program is designed to help Air Force war fighters understand and apply air and space

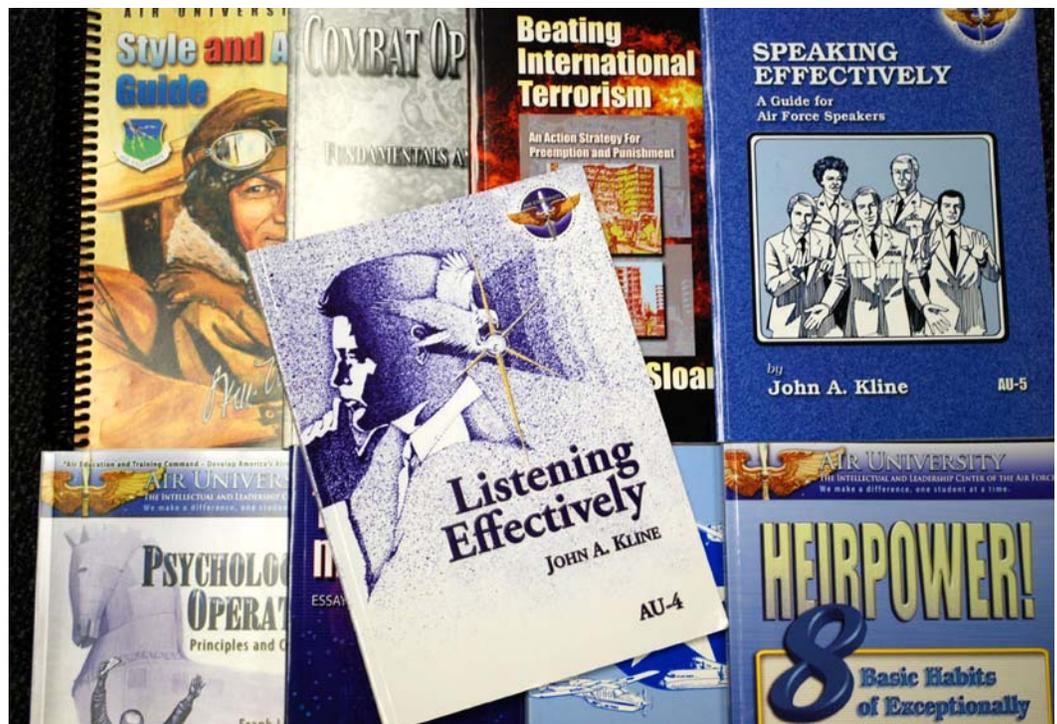
power in peacetime and conflict. Today they have extended their audience to include sister service personnel, national leaders and policy makers, academicians, military historians, and other analysts.

Whether you are looking to brush up on speaking effectively, you are getting ready to assume a command, and or wanting to gain a better understanding of national security, AU Press has a book for you.

According to the AU Press website, US Department of Defense personnel and organizations and their employees of other federal government agencies have access to these free resources. They may order up to

ideas and experiences AU Press can assist you in publishing your work too. Their goal is to become the nation's premier nonprofit publisher of works on air and space power. They invite authors to submit manuscripts for review. According to AU Press, they publish books, monographs, and occasional papers. Submitted work is reviewed by a selection board for quality and validity of research, contribution to the understanding of airpower, and value to Air Force people and decision makers.

For more information on ordering resources or getting help on publishing your own work, visit www.maxwell.af.mil/au/aupress



Here's an example of some of the free literature available to you.

Photo by Capt. Bill Pierce

10 titles at one time. The AU Press has made it extremely easy to order specific books and papers. Interested personnel may call, fax, and or go online to order their selections.

For those interested in sharing your

The running girl**Jenkins speeds through Air Force half-marathon**

by Senior Airman Zach Anderson
507th ARW Public Affairs

A year ago she would never have dreamed of this, crossing the finish line at the 2008 Air Force Half-Marathon, smiling brightly, a finisher's medal draped around her neck, a reward for completing the grueling 13.1-mile course. In fact, a year ago, she was more likely to find a way to avoid running rather than voluntarily subject herself to 13 unforgiving miles of pounding the pavement. And yet, there she was, cruising to the finish, clocking in at two hours, 15 minutes and feeling terrific about it. For Capt. Rubannette Jenkins, the accomplishment was a long time coming.

"I hated running until this year," said Jenkins, a Military Equal Opportunity officer with the 507th Air Refueling Wing. "I was impressed by one of my mentors running marathons and I thought I could do it as well. I see running as a physical and mental challenge."

Even after she began jogging for fitness, Jenkins had no plans to get into the long-distance aspect of running. Instead, she had mainly done running at much shorter distances.

"I've done a lot of 5K's. Most recently was the Oklahoma City Memorial Marathon. I never considered doing a longer run until this year," Jenkins said.

However, a co-worker suggested that Jenkins take part in the Air Force Half-Marathon event at Wright-Patterson Air Force Base, OH.

Jenkins jumped at the challenge, and immediately set about a grueling three-month-long training regiment to prepare herself for the race.

"It was a little hard physically. I would run before work and I was drained all morning. It wasn't hard to stay motivated because I was focused on my goal," Jenkins said.

During the toughest times of training, Jenkins said she relied on the support of her family.

"I had so much support from my husband during my train-

ing which made it really easy for me. He bought me a shirt when I first began training that said, 'My husband and son are my inspiration to run'," Jenkins said.

She continued, "My husband kept me motivated when I didn't like doing the runs. He would always give me motivational talks to continue with my goal."

That training and motivation paid off on race day.

"It was great! I didn't know what to expect because this was my first one," Jenkins said. "I was surprised with all of the excitement and hundreds of people just happy to be running. The water, Gatorade and banana stations were also great. All the cheering and music kept me going."

Over two hours later, as she crossed the finish line, Jenkins had just one thought going through her mind.

"Thank you, God, I DID IT! I was so happy to have accomplished one of my personal goals."

In fact, Jenkins did more than accomplish a goal. She had originally planned on running the race in two-and-a-half hours even. She actually finished 15 minutes faster than she had hoped.

"I was shocked and excited! My personal goal was 2:30, but I felt good while I was out there and just kept going."

Jenkins time marked the fastest half-marathon finish of any woman from Tinker Air Force Base at the event. Now, this woman who once "hated running" already has her eyes set on the next challenge.

"I can't wait to run it again next year," Jenkins said. "I'm currently training for next year's Oklahoma City full marathon."

Jenkins said that this event was about much more than the race itself. It also provided her with a unique opportunity to represent the Air Force and display her pride in her service and her country.

"I was very honored to represent the Air Force Reserve. It gave me an opportunity to represent the Air Force in a different way."



Rubannette Jenkins proudly wears her motivational T-shirt and medal from the Air Force marathon.

If you build it they will come

by **Capt. Bill Pierce**
507th ARW Public Affairs

Since Dec. 28, 2007 more than 3,800 people have walked through the doors of the Latte Lounge located in the Vanwey Recreation Center within the Vanwey Dining Facility on Tinker AFB.

The Latte Lounge concept was created to give Airmen a place to come together and have fun. "Patrons enjoy a relaxed, safe, and positive environment. We offer free hot and cold espresso drinks, iced-blended beverages, hot teas, muffins, and cookies. We have up-to-date games for the Wii, Xbox360, and the PS3 systems," said Capt. Kelly Stahl.

Captain Stahl is a chaplain for the 507th Air Refueling Wing and frequently assists the Base Chaplain's office. "The Latte Lounge came to life while I was across base helping our active-duty counterparts. The 72nd Air Base Wing Chaplain, Lt. Col William Toguchi, proposed the idea for a place where Airmen could come together. He had started similar programs at other bases and thought our Airmen could benefit from this," said Stahl.

Armed with an idea, a small amount of funds and donations, and the support of several volunteers, Stahl set out to create the Latte Lounge. "We are so pleased with the response so far but we are quickly outgrowing our current facilities," said Stahl.

"Our short-term goals are simple: We want to add to our products in hopes of growing our numbers." The Latte Lounge does not focus on a particular group of individuals but is concerned with two different demographics. "We want to provide a place for under-aged Airmen where alcohol isn't a factor. The second group is the person that may

be dealing with depression. We want this to be a community that they can come to and are a part of something that is upbeat and gets them plugged into something outside their dorm room and work environment," said Stahl.

"Our long term goal is to open up a new facility. We are remodeling a building just to the Northwest of the current location. We will still be in a great centralized location and the facility will be ours alone. We have really appreciated that the Force Support Group has allowed us to use the facility but having our own place will allow us to expand the program in many ways."

The Latte Lounge plans to expand services to include live music, karaoke, and Xbox and Wii game tournaments. "On the days the Latte Lounge is closed we will use the facility to host Bible studies for the Protestant Young Adult group as well as the Catholic commu-

nity," said Stahl.

The lounge is supported by a group of Team Tinker volunteers and local businesses that want to see this service succeed. Approximately 30 volunteers help make each experience in the Latte Lounge a memorable one. Stahl and friends wrote the training manual, recipe cards, and procedure manuals. He is also responsible for training volunteers on the art of making the liquid treats the Latte Lounge is known for.

The efforts of Chaplain Stahl and the force of volunteers have paid huge dividends. "I have had the opportunity on several occasions to speak to Airmen that may not have come to see me in my office. That is what we want to offer," said Stahl.

Hours of the Latte Lounge are Fridays and Saturdays from 1800 to 2200 hours, excluding some holidays.



Airman First Class Luke Duginske, 960th AACS, grabs a fresh cup of java from Kelly Stahl, 507th ARW chaplain. Stahl volunteers his time at the Latte Lounge.

Photo by Tech. Sgt. Kristin Mack

Recall alert system still in testing stage

by Tech Sgt. Kristin Mack
507th ARW Public Affairs

The recent hurricanes, Ike and Gustav, not only caused tumultuous winds but also spun off a massive recall in the 507th ARW. During this recall on Sept. 11, 2001, members of the unit were notified by phone, e-mail, and desktop pop-ups at their homes and work place and were required to respond to the alert.

The recall process begins at the Wing command post. Once they are notified they initiate and monitor the process from start to finish.

“We get a call from the Air Force Reserve Command then immediately notify the commander who approves the content of the message and the initiation of the recall,” said Tech Sgt. Bryan Chamberlin, 507th ARW command post specialist.

The process is run through an automated system called the Network-centric Emergency Notification System (ATHOC). This system is designed to send alerts to every individual registered in the Wing. Because this system was brought in the Air Force Reserve only a year ago its still in the testing stages.

The reason members received multiple notifications during the last round was because the default settings were be-

ing used, said Tech Sgt. Paul LaFleur, 507th ARW command post specialist. The default settings were set to five-minute calling cycles. When we update the system the notification settings will be set further apart to give members a chance to respond before receiving a second and third notification.

Once members respond to the notification the first time they shouldn't be notified again, explained Sergeant LaFleur. If they are notified a second time he advises them to ignore the message or it will double up on their response log.

Silent testing for this system is performed both weekly and monthly where members will not be notified. There will be a lot of testing done before the next recall to help ensure the system is functioning properly.

Members are also encouraged to keep all of their contact information current through the military personnel flight. This will ensure they are contacted at the correct numbers the first time. There is also a purple globe on the bottom right hand of every military computer where individuals can update their contact information for the ATHOC system.

“Our responsibility to everyone is about accountability,” said Senior Master Sgt. Melanie Cherry, Chief, Military Personnel Flight. We handle the 507th and 513th ARW and have to report to the 4th and 10th Air Forces. Making sure the alpha list is current will help us out greatly for the phone recall.



More than 50 507th Air Refueling Wing members have earned this new Fitness Coin during the past quarter. The new coin was presented for the first time to 36 wing reservists during last month's wing commander's call. To be eligible to receive a fitness coin a wing member must not have any exempted testing areas and score 90 percent or better on their fitness test.



Marilyn Trask receives a plaque from Lt. Col. Richard Curry during her retirement luncheon last month. Trask, the 507th Maintenance Squadron commander's secretary, had 29 years civil service, with part of that serving as the 507th ARW commander's secretary.

Uppclose

The following question was asked of unit members during the October UTA:
“As a military member, what does Veteran’s Day mean to you?”



**Senior Master Sgt. Low Hodge
513th MXS**

“It’s a time to reflect and honor present and past military members and the sacrifice they’ve made for this great country we live in.”



**Senior Airman Terrone Boyd
35th CBCS**

“Serving our country is something I’m very proud of doing. I feel very honored and special to share Veteran’s Day with past and present Veterans.”



**Senior Airman Janet Anderson
35th CBCS**

“Honoring those who have served and those who are serving now. I think we should all take the time to thank each Veteran that we can!”



**Staff Sgt. Landon Holloway
513th AMXS**

“A day to remember the people who served in the military prior to us today.”



**Tech Sgt. Darrell Freel
513th AMXS**

“Our military has the honor of standing in other nations and protecting the freedoms that we enjoy on our home soil. For this we owe eternal gratitude.”





Kirt Matlock, Jersey Mikes' store manager, displays a plaque presented to the restaurant for their support of our deployed troops. The restaurant provided food for about 125 people (subs, chips and bottled water) in January for our Security Forces town hall meeting. Photos by Tech Sgt. Melba Koch



Scott Warfel, owner of Jersey Mikes restaurant in Midwest City, accepts a plaque of appreciation from Col. Jeffery Glass, 507th ARW commander. "If it weren't for the great sacrifices made by our troops and their families who stand behind them at home, I wouldn't be able to be a small business owner in this country," said Warfel. "This is a small token of my appreciation for their service and sacrifice to our great nation."

On-final R-News

OHS Steak Supper set for Dec. 5th

Operation Holiday Spirit enters its 10th year on the Tinker Reserve and Guard campus. So far the program has helped 110 Reserve families in need with more than \$58,000 in donations and income from fund raisers.

First sergeants identify unit members and families in need of assistance and give the names to the OHS committee. Funds are set aside for these families during the holidays. Last year a record \$12,600 was raised and 17 families were assisted at Christmastime. The 137th ARW will be invited to participate this year.

The largest fund raiser each season is the Steak Supper at the Del City VFW. It is held the Friday night prior to the December UTA; on the 5th this year. For a \$25 donation, you get your choice of steak, chicken breast or a veggie plate, and a baked potato, vegetable and cheesecake. This year's goal for attendance is 200 people; last year's attendance was 158.

Buy your tickets from Kathy Lowman, Steve Wright, Marie Pollard, Takesha Williams, Chiefs Blease and Long, Capt. Atkins, Dave Liszeski and Maj. Hawkins.

Wing asked to participate in command focus group

The 507th ARW is being asked to become one of five wings to take part soon in an Air Force Reserve Command sponsored survey on volunteerism. AFRC Commander Lt. Gen. Charles E. Stenner, Jr. states the Command has partnered with The Everett Group to "analyze what our reservists are thinking." The Command's desire is to assess the perceptions and understandings of volunteerism versus mobilization.

507th ARW recruiters <http://get1now.us>



Tinker AFB, OK

(In-Service Recruiter)
Tech Sgt. Neil Lambrecht
(405) 739-2980



Tinker AFB, OK

(Senior Recruiter)
Senior Master Sgt.
Michael Seals
(405) 734-5331



Moore, Norman, OK

Master Sgt. Michael
Comfort
(405) 217-8311



Midwest City, OK

Tech. Sgt. Melissa Melichar
(405) 733-9403



Tulsa, OK

Tech Sgt. Bill
Joseph
(918) 250-3400



Altus, OK

Master. Sgt. Ronald Gregory
(580) 481-5123



McConnell AFB, KS

Master Sgt. Stephan Kimbrough
(In-Service Recruiter)
(316) 759-3766
Staff Sgt. Jason Sommers
(316) 681-2522



Vance AFB, OK

Master Sgt. Stephan
Kimbrough
(316) 759-3766