



507th Air Refueling Wing - 513th Air Control Group Tinker Air Force Base, Oklahoma

December 2006 Vol. 26, No. 11



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Tinker Air Force Base Athlete of the Year for 2005 See page 11 for story.

Robert Atkins ...



On-final

VETERANS PRIDE



Thank your families

Our deployment to Gulfport to work with our Memphis partners went very well. Even though we had a small contingent of deployers, the deployment would not have gone smoothly without the efforts of most of the wing. If the progress we made during this deployment is any indicator we are well on our way to showing just how great the 507 ARW is to the rest of the Air Force. My charge to everyone is keep up the good work and continue to study AFMAN 10-100 and get used to your gas mask being your friend. This month we have a large group of our Operations and Maintenance personnel deploying to Guam in support of AEF operations. Half of the people deploying will miss the holiday season. Please let your families know if they need anything please get in touch with your squadrons or family support. In addition we still have a large number of other wing personnel deployed to OIF and OEF who will also miss their families during the holidays. I ask each and every one of the wing members who are not deployed to take some time during the holidays to thank those that are giving that sacrifice.

In closing, Kim and I would like to wish everyone a Happy and Safe Holiday Season. Please take some time to thank your families for all the sacrifices that they make each and every year so that each and everyone of you can participate as a reserve member.

Commander sends thanks in holiday message

By Lt. Gen. John A. Bradley Commander of Air Force Reserve Command

WASHINGTON – As we look forward to this holiday season and the New Year, I want to take a moment to express my gratitude to each of you, your families and employers for the sacrifices you've made for our country each and every day.

Our Airmen have answered the call to service during a critical time in our nation's history. Many of you are preparing to deploy overseas, perhaps for the first time in your military careers, while others are deploying for another tour. This courage and willingness to defend our freedom is a beacon for all Americans.

The New Year promises challenges and changes as we continue our mission to defend our nation and the cause of freedom around the world. Please know that our contributions as "Unrivaled Wingmen" make us valued and respected members of the Total Force.

Jan and I salute you, and wish you and yours Happy Holidays and a safe and joyous New Year. We are proud of your patriotism and loyalty to our great nation. (AFRC News Service)



Holiday tree fire hazards: Water that tree!

What's a holiday party or even the traditional Christmas morning scene itself without a beautifully decorated tree? If your household, as those of more than 33 million other American homes, includes a natural tree in its festivities, take to heart the sales person's suggestion — "Keep the tree watered."

That's good advice and not just to create a fragrant indoor winter wonderland atmosphere. According to the U.S. Fire Administration, Christmas trees account for 200 fires annually, resulting in six deaths, 25 injuries and more than \$6 million in property damage. Typically shorts in electrical lights or open flames from candles, lighters or matches start tree fires. Wellwatered trees are not a problem. Dry and neglected trees can be deadly.

Within three seconds of ignition, a dry Scotch pine will be completely ablaze. At five seconds, the fire extends up the tree and black smoke with searing gases streaks across the ceiling. Fresh air near the floor feeds the fire. The sofa, coffee table and the carpet ignite prior to any flame contact. Within 40 seconds, "flashover" occurs — that's when an entire room erupts into flames, oxygen is depleted and dense, deadly toxic smoke engulfs the scene.

However, keeping your tree watered reduces flammability greatly. Be safe this season.

CHAPLAIN'S CORNER _____ Christmas birds

By Chaplain (1Lt.) Kelly Stahl

I heard a Christmas story on Paul Harvey's radio talk show several years ago. I have often thought of it during this season. It was about a man that didn't understand why people were so interested in Christmas. He wasn't mean, or stingy, or an angry man. But he had always heard about those "church" people and stayed away from the church scene altogether mostly out of confusion as to why people cared about it. His wife, on the other hand, attended church every Sunday. The couple lived on a little farm on the outskirts of a town and one Christmas Eve, his wife gathered the kids together to go to a midnight service. She asked him to attend but as always, he refused and mumbled something about a waste of time.

Soon after his family left he noticed that a big snow storm set in. He sat cozily in front of the fire place, in his favorite chair, and soon he heard a thump on the window. He looked and saw nothing, but he soon heard another and another thump. He got up and looked out the window. Huddled on the ground was a small flock of little black birds. They must have been lost in the strong snow storm and had seen the light from his fire. Every now and then one would attempt to get to the warmth and light of the house and hit the window again. He started worrying about the birds, after all, the temperature was dropping and the little birds could potentially die if they did not find shelter. He decided to turn the light on in the barn and try to coax them into is safety. After the light was on and the door was propped open, the little birds still just huddled in his yard, lost, confused and cold. He thought maybe he could lure them into the barn with bread, but the birds still just fluttered and remained out in the blizzard. The man then tried to shoo them into the barn but the little black birds just scattered and regrouped in another part of the yard. He then yelled at birds, "Stupid little birds! Don't you see you have safety and warmth in the barn!! You will die if you stay out here." The man thought if he could just turn into a bird, he would show them how they could

be saved. Just then the bells of the church in town began to chime. With a lump in his throat, it suddenly hit him why Christmas was so important. When his family returned from the service, he was a changed man. The chaplains' office wants to wish everyone a safe and Merry Christmas and a Happy New Year!



On-final

507th Air Refueling Wing Editorial Staff 507th ARW Commander- Col. Jeffery R. Glass

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Master Sgt. Paul Victorian 72nd Aerial Port Sq.- Tech. Sgt. Robert Shahan 507th Services Flt. - Staff Sgt. Tessa Stevens 507th Aircraft Maintenance Sq.- vacant

507th Medical Sq.- vacant

507th Security Forces Sq.- CMSgt. David Holman

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All photographs are Air Force photographs unless otherwise indicated. Copy deadline is NOON on UTA Sunday for the next month's edition. If you need more time, please call us at 734-3078.

This is your news source. Take it home with you to share with family, friends, and employers.

507th ARW Mission: Man, train, equip, and sustain an Expeditionary Reserve Force in support of DoD peacetime and wartime taskings. 513th ACG Mission: Citizen-airmen extending America's Global Power operating the world's best airborne battle management, warning and control platform.

"Readiness Is OUR Number One Priority"

Joseph is 9th annual Billy Hughes winner

Staff Sgt. William A. Joseph, vehicle operations, 507th Logistics Support Squadron, is the 2006 Billy Hughes Memorial Award recipient.

Joseph volunteered for deployment following Hurricane Katrina disaster for service members who were unable to deploy. He was assigned for duty to Special Operations Command Central, Camp As Sayliyah in Doha, Qatar for 179 days. He completed over 25 missions of dignitary and visitors in uparmored convoys from the airport to Al Udeid, AFB. Joseph served as leader driver or tactical companion on 247 mission-essential transportation vehicle convoys. He received honors for being 100-percent in overall completed missions with no casualties or vehicles damaged. Joseph was "coined" by Command Sergeant Major of the Army for transportation of weapons and personnel protection equipment for military troops in the 60-mile combat zone from Camp As Sayliyah to Al Udeid, AFB.

Joseph spearheaded and flawlessly conducted the 507th Air Refueling Wing's 10K forklift and flightline drivers' competency classes every UTA weekend with 0 percent accidents or injuries to personnel and equipment in the past two years. He demonstrated outstanding initiative by engineering a new type of training class for an all-terrain forklift.

Joseph accelerated the completion of Airman Leadership School by correspondence; well ahead of his peers. He attended the NCO Professional Leadership Class where he performed as a team leader for the entire course. He is working toward his CCAF degree in Transportation.

He volunteers during the holidays as a soup kitchen worker, assists with the unit's Christmas stockings and offers time and services to local community during the summer months.



Col. Jeffery Glass, 507th ARW Commander, hands the trophy to Mrs. Amy Joseph, wife of Staff Sgt. William Joseph, for her husband who was deployed.



Tech. Sgt. Kelly Witt served as coordinator for the banquet this year.



AFRC Command Chief Jackson A. Winsett served as the guest speaker at the Billy Hughes banquet on Nov. 4, 2006.

Billy Hughes Memorial Award

The Billy Hughes Memorial Award for Exemplary Enlisted Service is presented annually to the enlisted member of the Tinker Air Force Base Reserve whose duty performance and everyday conduct have best exemplified the United States Air Force core values of "Integrity, Service Before Self, and Excellence in All We Do."

The award was instituted in 1998 by the men and women of the 507th Air Refueling Wing to commemorate the life of Tech. Sgt. Billy Lee Hughes. Sergeant Hughes was a supervisory aircraft maintenance technician of the Wing's predecessor organization, the 507th Tactical Fighter Group.



Staff Sgt. William Joseph, shown in photo on table, was at the banquet in spirit, since not able to attend in person. His wife Amy, pictured here, accepted his trophy and gifts for him.

Previous recipients

2005 Staff Sqt. Courtney Knight 2004 Master Sgt. Latina DeVaughn 2003 Tech. Sqt. Brian Berry 2002 Senior Master Sqt. Anthony Stewart 2001 Master Sqt. John Meissner 2000 Master Sqt. Kathleen Lowman 1999 Tech. Sgt. David Dixon 1998 Master Sqt. Terri Munsey

Photos taken by the Base Photo Lab, Capt. Bill Pierce and Tech. Sgt. Melba Koch.

2006 Billy Hughes nominees

Tech. Sgt. Vivian Bailey Tech. Sgt. Phillip Baker Senior Airman Shane Hellinger Tech. Sgt. Brian Holmes Senior Airman Patricia Mora Staff Sgt. Mary Rehm Staff Sgt. Mary Rehm Staff Sgt. William Joseph Tech. Sgt. Jessica Reyes Senior Airman Zachary Walker Tech. Sgt. Jessica Reyes Senior Airman Zachary Walker Tech. Sgt. Melba Koch Master Sgt. Jimmie Thompson Staff Sgt. Aaron Smith Staff Sgt. Randy Schell Tech. Sgt. Juan Escobar 507th Maintenance Operations Flight 507th Medical Squadron 507th Civil Engineer Squadron 507th Maintenance Squadron 507th Security Forces Squadron 507th Operation Support Flight 507th Logistics Support Squadron 507 Mission Support Group 72nd Aerial Port Squadron 507th Air Refueling Wing 507th Aircraft Maintenance Squadron 35th Combat Communications Squadron 507th Services Squadron 465th Air Refueling Squadron



970th AACS Column

By Lt. Col. John R. Mauer Assistant Director of Operations

Reason for the Season

Do you remember all of the hype that surfaced last year over the holiday terminology? I do. Here's my experience with it. Last December I was in a training class listening to a series of briefings when something tripped a wire inside me. I'd been sitting quietly as a week of policy briefings was drawing to an end. The final briefer was rambling on with some politically correct drivel. "You must allow everyone to converse in their native language in the workplace or risk an unfair labor relations suit... blah, blah, blah...and make sure you call your office Christmas party a Holiday party." I went off (ask Gumby), and the class roared in agreement. The briefer was speechless, because he knew I was right.

I say, as defenders of America, we should take every opportunity to stand up for what we believe. If you go into a store where all you see are "Happy Holidays" signs, look the owner in the eye and say "Merry Christmas." Make sure he knows there's nothing to be ashamed of, and that you are defending this great country, its traditions, and his freedom to celebrate them. Show him you aren't embarrassed to acknowledge Christ's birth, and maybe next year he'll decorate with more confidence.

Stop by and ask your kid's principal why she has to call it "Winter Break" on the school calendar and billboard. Watch her backpedal and mumble something about the school district policy. If she can get it out without looking at her shoes, remind her it was perfectly fine to call it what it is — Christmas Break when you and she were small. Maybe when she builds next year's calendar she won't be shackled with fear.

While you're there, ask your kid's teacher why the children can't sing carols or make anything red and green. The answers you'll get are disheartening, and must be challenged. How about this, ask him or her why they insist the children call it a "holiday tree" (if they allow a tree at all). Point out that kids are smart and they're watching the teacher's character. They'll learn to cave in to bureaucratic pressure, because let's face it — at home they call it a Christmas tree.

No doubt the nonsense will return again soon, if it hasn't started already. It'll probably be even stronger than last year, considering how little resistance most folks offered. I understand the desire to let everyone in this melting pot express themselves. I'm just tired of the majority being stifled so as not to offend the new-found feelings of the minority. If you are too, then do something about it. Don't cower to the few squeaky wheels. Cast a vote for common sense, and let your voice be heard.

Merry Christmas, and God Bless America.



Chili Cook-Off Competition

Chris Lindsay, 970th AACS, won first place honors in the recent Reserve versus Active Duty Chili Cook-Off. Second place honors went to Capt. Justin W. Erwin, 72nd OSS/Weather Flight Commander. "This is the first year for this type of challenge, but we look for the future cook-offs to be bigger and better," said Tech. Sgt. Derek Johnson, coordinator of the cook-off.

FREE COLLEGE TESTING

Air Force Reserve members, spouses and civilian employees may take DANTES Subject Standardized Tests (DSSTs) or College-Level Examinations Program (CLEP) or Excelsior College Examinations (ECE) FREE! (Military Only for Excelsior examinations). These examinations test college-level knowledge you may have gained through your job, reading, travel, or hobbies. You must test at your Reserve DANTES approved test center. Testing at another DANTES test center will be on a case-by-case basis. The third Tuesday of each month at 0800 has been set aside for testing. You must call us four weeks prior to test date to ensure we will have your test. For more information contact Chief Master Sgt. Sharlotte Epps in the MPF Education and Training Office at 734-7075.

FOREIGN LANGUAGE PROFICIENCY PAY (FLPP)

Reservists may apply for FLPP by submitting a written request for FLPP testing to his/her commander. FLPP I requires you to be on a tour of duty that requires the language. FLPP II will pay based on active duty days or IDT periods performed. Spanish and Tagalog speakers are not entitled to FLPP II. If you are proficient at a foreign language and are interested in this program please contact Chief Master Sgt. Sharlotte Epps or Master Sgt. Sharon Lochman in the MPF Education Office at 734-7075 for instructions on how to apply for FLPP.

TUITION ASSISTANCE

Reserve members are eligible to apply for TA for Distance Learning and In-Residence courses to further their education up to a Master's Degree.

The basic enrollment requirements are that you must:

Be a participating member in good standing (no UIF, Article 15, etc.).

Retainability: Officers - two years; Enlisted - ETS after course completion. Enrollment form must show course number/title, credit hours and cost of tuition. Complete TA forms in our office PRIOR to class start date.

Payment occurs after satisfactory course completion. You must provide a paid receipt and your grade NLT 60 days after course completion. TA reimbursement amounts are set at 75 percent (\$4500) per FY (Masters) or 100 percent (\$4500) per FY (Bachelors). For more information contact Chief Master Sgt. Sharlotte Epps or Ms. Kim Silkwood in the MPF Education and Training Office at 734-7075.

AFRC NCO LEADERSHIP DEVELOPMENT COURSE

The success of the Air Force Reserve NCO corps depends on their ability to apply leadership and management skills learned primarily in a civilian setting to a military environment. Not all of today's mid-level NCOs have extensive first-hand supervisory experience in a reserve environment; therefore, the instruction in this course is intended to improve the students' military supervisor capabilities and understanding of their positions as related to the USAFR. We focus on individual improvement which is ultimately the real source of organizational excellence and success. See your unit

training manager for more information. NEXT CLASS: Dec. 4 - 15, 2006.

FAMILY CARE

If you need to be on the Family Care Plan, notify your first sergeant ASAP - IAW AFI 36-2908. Single parents and dual military couples with children must have a Family Care Plan completed within 90 days of in-processing or family status change.

VIRTUAL MPF

1. <u>Address Changes</u> - You no longer have to go to 4 different screens/areas to update your address!!!

2. Point Summarys - Point Summarys can also be viewed and printed.

3. Record Review RIPS - You will now be notified via e-mail, on your birthday, to log on to vMPF to review your RIP.

4. Awards and decorations - You can also get a picture display of your awards and decorations.

HOT TOPICS :

All testing (paper and computer) must be scheduled by sending an e-mail to 507.msf.dpmt@tinker.af.mil with the time and date that you would like to test and include the course number.

Paper testing on the UTA is only available at 0750 on Sunday of the main UTA and is in Bldg. 1030 (Hangar) Room 214.

Computer-based testing on the UTA is available on Sunday at 0800 and 1300 in Bldg. 1030 (Hangar) in Room 214.

Please schedule all tests NLT 1500 on Friday before the UTA. If you are unable to keep the scheduled time please e-mail the training office or call 734-7075 prior to scheduled testing time. All testing is also available on Wednesdays at 0800 and 1300 and Thursdays at 1300.

NOTE: If you are retaking a test, you must bring the authorization letter with you or you will not be allowed to test.

EDUCATION REMINDER:

This is just to remind everyone who wishes to update their Education Records, officer and enlisted, that we need OFFICIAL transcripts to send or accomplish any updates. This means that it CANNOT say "ISSUED TO STUDENT." You may have the college/university send it, we can request it, or you may bring it in as long as it is in a sealed envelope with a SEAL on the flap AND it does not say "ISSUED TO STUDENT."

Pass and ID Hours of Operation: 0800 -1200 on Saturdays of the UTA.

IEU open from 1200-1500 on Saturday of the main UTA.

Nomination packages for AMN, NCO, or SNCO of the quarter are submitted quarterly. Packages are due by 1400, on Saturday of the UTA after the end of the quarter. (Apr, Jul, Oct, Jan)

FY 2006/2007 UTA SCHEDULE

02-03 Dec 06 06-07 Jan 07 03-04 Feb 07 03-04 Mar 07 14-15 Apr 07 05-06 May 07 16-17 June 07 14-15 Jul 07 04-05 Aug 07 08-09 Sept 07

> As of 27 Nov. 2006 * * *

Fri, 01 Dec 2006 1300 Pre- 1400 Pre- 1430 Pre- 1430 Pre- 1600 Top	2006 Pre-UTA Cmdr Staff Mtg Bldg 1030, MSG Conf Rm Pre-UTA First Sgts Mtg Bldg 1043, Wg Conf Room Pre-UTA CChief & 1st Sgt Mtg Bldg. 1043, Wg Conf Room Top 3 Executive Board Mtg Bldg 1030, MSG Conf Rm 204	Bldg 1030, MSG Conf Rm Bldg 1043, Wg Conf Room g Bldg. 1043, Wg Conf Room Bldg 1030, MSG Conf Rm 204	Fri, 05 Jan 2007 1300 Pre 1400 Pre 1430 Pre 1600 Top	007 Pre-UTA Cmdr Staff Mtg Pre-UTA First Sgts Mtg Pre-UTA CChief & 1st Sgt Mtg Top 3 Executive Board Mtg	Bldg 1030, MSG Conf Rm Bldg 1043, Wg Conf Room g Bldg. 1043, Wg Conf Room Bldg 1030, MSG Conf Rm 204
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OCCUPATIONAL SURVEYS

These surveys provide information essential for developing personnel programs, classifying occupations, and developing trainning programs. The Wing Survey Control Monitor (SCM) works with the Unit Training Manager (UTM) to ensure surveys are completed. AFI 36-2623, paragraph 2.7 makes completion of these surveys mandatory for all Air Force Reserve members. It is extremely important these surveys are completed by the suspense date. If you have any questions, contact Ms. Kim Silkwood or Staff Sgt. Jeremy Hudson at 734-7075 or your UTM.

Newcomers Ancillary Training

Newcomers Ancillary Training Phase I & II are conducted **monthly** in **Bldg 1043**, **Wing Training Room in basement. Unit/Ancillary Training Managers are responsible for ensuring their new personnel are scheduled to attend** within 90 days of their first UTA. If you have questions, contact the MPF Education & Training Office at **734-7075**.

Day	Time	Subject	OPR
-		Phase I	
Saturday	1305-1315	Wing Lodging Program	SVF
Saturday	1315-1345	Information Assurance	CF
Saturday	1345-1445	Drug and Alcohol, Suicide/	
		Workplace Violence Prevention	SG
Saturday	1430-1500	Local Conditions/ORM	SE
Saturday	1500-1530	OPSEC Training	OG
		Phase II	
Sunday	0800-0815	Base Populace	CEX
Sunday	0815-0830	IG Briefing	IG
Sunday	0830-1000	UCMJ/Ethics	JA
Sunday	1000-1030	Counter Intel/Awareness	SF
Sunday	1030-1100	Human Relations	ME
Sunday	1300-1600	First Duty Station	ME

UCMJ Briefing:

Training Room.

Disaster Preparedness:

All enlisted personnel are required to have the UCMJ briefing within two UTAs of their first reenlistment. This briefing is held during Phase II of the monthly Newcomers Ancillary Training at 0830 on Sunday of the UTA in Bldg 1043, Wing Training Room. **Ethics Briefing:** All reserve personnel are required to have the DOD Ethics Briefing within 90 days of reporting for duty. This briefing is held in conjunction with the UCMJ briefing during Phase II of the monthly Newcomers Ancillary Training at 0830

on Sunday of the UTA in Bldg 1043, Wing

Unit Training Managers must schedule Chemical Warfare Training, by name, at least one UTA prior to the requested dates by calling CEX at 734-5249. All personnel must bring a complete training ground crew ensemble (GCE) including the mask and its hood to all classes. Those attending Initial must be prepared to process through a tear agent chamber. Wear of contacts is prohibited in all classes. Anyone arriving late, without a complete GCE with mask, or wearing contacts, will be released back to their unit and reported as a no-show. Drug Testing: You must report within two hours of notification.

Military Pay

I winneary I	ay
File for	Receive Direct
pay by:	Deposit by:
05 Dec	13 Dec
07 Dec	15 Dec
11 Dec	18 Dec
12 Dec	22 Dec
18 Dec	29 Dec
27 Dec	03 Jan
28 Dec	05 Jan
02 Jan	10 Jan
04 Jan	12 Jan

Military Pay (405) 734-5016

BAQ Recertification Deadlines

If Last Then Forward Recertifica-Digit of Listing to Unit tion due in SSAN is: Commander in: by end of month in:

1	November	January
1	rovember	January
2	December	February
3	January	March
4	February	April
5	March	May
6	April	June
7	May	July
8	June	August
9	July	September
0	August	October

If you need assistance or have suggestions on how we can improve our service to you, please call us at (405) 734-7075, or stop by our office in Building 1043, Room 213. Editor: Chief Master Sgt. Sharlotte A. Epps, Chief, Education & Training (ART) Assistant Editor: Master Sgt. Sharon Lochman, Asst. Chief, Education & Training (ART) Contributing Editors: Tech. Sgt. Chris Rogers, Education and Training Advisor Tech. Sgt. Jimmy Talley, Education and Training Advisor Staff Sgt. Jeremy Hudson, Education and Training Advisor Ms. Kimberley Silkwood, Testing and Education Advisor

TRAINING PLANNER

INFO TO USE

Things you ought to know

The red line stops here

The November drill weekend blood drive drew 32 donors. The average draw per blood drive is 30. For those of you who missed this drive and the black tshirt celebrating the KC-135 50th Anniversary, the shirt will also be offered at the Midwest City Fixed Site location on Douglas through the end of December. Remember that if you donate at another location, simply inform the Oklahoma Blood Institute that you wish your donation to be credited to the 507th Air Refueling Wing account.

Halt, who goes there

Take a few minutes this UTA and look at your car windshield sticker. If it reads "06," you need to get it updated



Wherever I look, Airmen are executing our mission – flying and fighting in Air. Space, and Cyberspace. More than 30,000 Airmen are deployed around the world in support of 11 major operations and more than 62,000 Airmen are serving overseas. Whether our Airmen are fighting the Global War on Terrer, providing deturence on the Korean peninsula, or hitinging aid to communities devastated by natural disasters, they continue to perform wonders. Many continue to voluntoer to their own, or nearby communities long after the headlines fade – they are all heroes.

Across all needs and specialities, Airmen serve a higher cause that their own selfinterest. Air Force Reserve C-130 crews serve the greater good of our citizens, fighting wildfires in Origon, Idaho, and California. Airmen serve on RC-138s and E-3r over the skies of South America, supporting counter-drug operations. Airmen serve doop in the mountains of Afghanistan, califurg in A-10s and 8-1s for airstrikes in support of coalition troops. Airmen serve as America's selent sentrics, maintaining the readiness of our Inter-Continental Ballistic Missies deep in underground control centers across the beartland. Air National Guardsmen serve in the sides over our homos, providing air defense patrols and alert forces ready at a moment's potice. In the AOR, the service of Air Force medics and evacuation teams saves the lives of Soldters, Sadors, Marines and their follow Airmen.

Whether on the tip of the spear or supporting the mission with stoaddast professionalism, all Airmen are equally committed to Service Before Sel/ - defending our nation at the cost of great personal secrifice. Together with your families, you willessly embraor the spirit of service.

Upon entering the Air Force you were swum in and took the first step to accepting our core values as a way of life. Unlike ordinary citizens, your commitment to serve our nation exemplifies Service Before Self. I am fully confident that this value ites deep within us all.

Medial of Honor recipient, ATC John Levitew, explains it best in his quote etched forever in the inscription Wall at our Air Force Memorial: "I have been recognized as a hero for my ten minutes of action over Vietnam, but I am no more a hero than anyone else who has served their country."

Service Before Self is more that a slogar; it is a moral imperative i see internalized daily in all of America's Armen. It makes me over proof to serve alongside you.

Wichael W. Wynne

or you will encounter problems getting on base during the January 07 weekend drill. Visit the Tinker AFB Pass and ID office to update.

Put it on my bill

Those traveling using their Government Travel Card have a new tool to manage their accounts.

Starting last month, GTC holders could register on line via Bank of America's Electronic Account Government Ledger System (EAGLS) to receive automatic e-mail messages sent to them whenever specific account conditions occur.

The new ledger system allows users the option to receive automated e-mail messages regarding particular account activities and maintenance actions. An example would be receiving an e-mail message when their statement is ready and or which tells them how much they owe.

All e-mail alert content will be brief, general and contain no sensitive information. The messages instruct users to log into EAGLS to view account information. To receive these messages, users must request them by establishing a personal account. To register, go to https:// www.gov-eagls.bankofamerica.com/ EAGLS. Bank of America does not send unsolicited messages to card holders so if you haven't registered to receive messages regarding your account, do not respond to unsolicited e-mail.

Get some PEP

Wing members are reminded that submission for the upcoming 507 ARW PEP cycle 07-A are due to the 507th MPF by Dec. 3. The wing board will be held on Jan. 6 and those selected will be forwarded to the 4th Air Force's Jan. 19 board.

INFO TO USE



Airmen Pride

9 November 2006

Pride in being an Airman in the United States Air Force takes many forms—the way we wear our uniform, the effort we put into our jobs, the attitude we display and the respect we show for our fellow Airmen.

All of us, whether officer or enlisted, came into our Air Force after meeting rigid mental and physical recruiting standards, and being aligned with skills our service needed. Serving as an Airman is an honor that thousands of young Americans want, but do not attain; they are turned away for various reasons at recruiting offices. Those who make it through that door then train hard to develop skills that earn them the right to be called an "Airman."

Nowhere is this transformation more dramatic than Basic Military Training. Earning the title of "Airman" is commemorated with a coin ceremony and the chance to don the Air Force blue uniform for the first time. This emotional event gives the trainees an identity within our organization – they are now Airmen in the greatest Air, Space and Cyberspace force in the world.

The sought-after title of Airman is one that each of us has worked hard to earn. Why then do we sometimes refer to our fellow Airmen, both officer and enlisted, as "troops" or "kids?" Our level of professionalism must equal the immense responsibility each Airman carries as we continue to fight the Global War on Terror. We don't send "kids" into battle; we send highly-trained and motivated Airmen.

Today, more than 30,000 are deployed worldwide with many more deployed in place, and more than 4,000 Airmen protecting America's skies. In the Global War on Terror, we fly more than 250 missions a day, 45 of which are strike missions against the enemy. We conduct vital airlift for equipment and fellow Airmen, Soldiers, Sailors and Marines with one mobility aircraft taking off every 90 seconds. We complete more than 450 satellite supports each day, providing vital data and links for wartime operations. In addition, we have more than 4,500 Airmen on the ground supporting Army taskings in detainee operations, convoys and as interrogators. If you couple that with our direct combat positions, search and rescue, medical and other combat support roles, it's clear to see our Airmen are heavily engaged in winning this war. As Airm

You represent our nation and service well. I'm incredibly proud of your professionalism and commitment. Let's continue to respect our heritage and our future in this great United States Air Force by proudly calling each other "Airman."



'Ditch the specs' relief is in sight

By Maj. E. Mark Shusterman, flight surgeon and Capt. Angela Plant, optometrist 507th Medical Squadron

These days, it is very difficult to listen to the radio for more than an hour or to read the newspaper without coming across at least one advertisement for "laser vision correction" that promises to "forever eliminate your dependence upon glasses or contact lenses." Until recently, having such a procedure was likely to eliminate or restrict your Air Force career. However, new medical policy changes will allow even those in certain flying positions to dump the old spectacles in the trash.

There are currently three operations (Corneal Refractive Surgeries) popularly used to correct nearsightedness (myopia), farsightedness (hyperopia), and astigmatism: radial keratotomy (RK), photorefractive keratectomy (PRK), and laser in situ keratomileusis (LASIK). Additional techniques exist, but these are by far the most common. All are based on the fact that myopia, hyperopia and astigmatism result in part from a misshapen cornea, the clear outer surface on the front of the eye, which prevents proper focusing of light upon the retina, the tissue lining the back of the eye. This produces a blurred image in the visual cortex of the brain—a problem very similar to that of a badly focused photo camera, where an improperly adjusted lens sends a distorted picture to the film.

RK is one of the earliest surgical methods developed to correct myopia. It utilizes a number of radial incisions in the surface of the eye to flatten the cornea. This procedure results in a very weakened eye structure and often permanent "starburst" visual patterns due to scarring. These complications are not compatible with aerospace safety and lead to an absolute medical disqualification of those who have undergone the operation.

PRK and LASIK, however, utilize a special laser technology called excimer, which is "cool" laser light that does not burn tissue. The laser energy vaporizes a very precise area of the cornea, without damaging the surrounding eye. The surgeon can effectively "sculpt" the cornea to produce the desired reshaping without making deep incisions or causing permanent scarring. Furthermore, since only a very thin layer of the cornea is removed, there is no substantial weakening

Continued on page 8

'Ditch the specs' relief is in sight

Continued from page 7

of the eye's structure. PRK "sculpts" the outer cornea, whereas LASIK lifts a thin flap of the outer tissue, "sculpts" the deeper corneal layers and then replaces the flap to act as a biologic dressing for the wound.

Two new technologies in LASIK surgery are currently available and are in part why the Air Force has redefined its Corneal Refractive Surgery Policy. The first, called Intralase Femtosecond LASIK differs from traditional LASIK in that the outer tissue flap is created by a laser rather than a blade and results in a more stable flap with less complications post surgery. The second is called Wavefront Guided LASIK, or Custom LASIK, which utilizes a technologic enhancement to conventional LASIK that reduces the likelihood of creating night vision or glare/ halo problems post surgery. The Air Force prefers these new technologies when available and clinically acceptable to the patient and surgeon. Both PRK and LASIK procedures can provide excellent permanent vision correction with very few long-term side effects. The choice of procedure rests upon a number of individual factors relating to the patient and the surgeon.

With the advent of new surgical techniques and the availability of overwhelming civilian and military data regarding their safety, the Air Force has reevaluated its prohibition of surgical vision correction. While RK still remains "taboo" for the above-mentioned reasons, LASIK and PRK are no longer disqualifying to non-flyers, and under certain conditions these procedures are no longer disqualifying to certain flying positions. In September 2006, the Air Force released a very clear and specific Corneal Refractive Surgery Policy that encompasses who is eligible for the surgery and what type of refractive surgeries Air Force members are allowed to undergo.

If you are on flight or non-flight status and are considering Corneal Refractive Surgery, it is critical to read the new Air Force guidelines and follow the proper procedures before obtaining the surgery. As stated in the September 2006 policy, "Air Force Reserve members may undergo Corneal Refractive Surgery at their own expense, but must meet appropriate pre-operative criteria, submit application documents, obtain approval to proceed, and accomplish and meet post-operative requirements." Compliance with this new policy is mandatory. All Air Force Active Duty and Reserve members who undergo unauthorized Corneal Refractive Surgery treatment may be disqualified or restricted from certain duties or aircraft platforms.

To read the new policy in its entirety, go to http://

www.brooks.af.mil/web/consult_service/opto_sect/ crs.htm or come to the Optometry Clinic during regular UTA hours. Chapter 4 of the policy covers requirements for refractive surgery in new applicants to aviation and aviation-related special duty flying training programs. Chapter 5 includes requirements for trained aviation and aviation-related special duty personnel, and Chapter 6 covers all warfighter or non-flight personnel.

This new policy clearly states the requirements and restrictions for all Air Force members pursuing Corneal Refractive Surgery. The most important issue to keep in mind when considering laser vision correction is how this will affect your career now and in the future. You may be approved to proceed with surgery under your current job description, but if you decide to change career pathways, the surgery may limit your occupational options. However, the great news is that the Air Force has lifted many previous restrictions in the area of surgical vision correction and is allowing many members to undergo surgery to get rid of spectacles forever. So, if you too have been itching to ditch the specs, relief is in sight, so to speak!

The IG says

Air Force members must submit Inspector General (IG) complaints within 60 days of learning of the alleged wrong. IG complaints not reported within 60 days will normally be dismissed unless the member is able to demonstrate he/she was unable to meet the time requirements due to unforeseen, or extraordinary, circumstances and such circumstances justify the delay.

For questions or concerns, contact Capt. Mark Vardaro at: 507th ARW/513th ACG FWA Hotline: 405-556-1745; Toll Free: 877-225-5928 (Enter 405-694-4026); or Fax at: 405-694-4027 or email: mark.vardaro@tinker.af.mil

AFRC FWA Hotline: (800) 223-1784 Ext. 7-1513 SAF/IGQ FWA Hotline: (800) 538-8429 DoD FWA Hotline: (800) 424-9098

KUDOS



Senior Master Sgt. Scott Brewer, center, was named 2006 Top Senior Recruiter at the AFRC Recruiting Awards Banquet last month in Washington, DC. Also pictured, from left to right, are Col. Mike Mungavin, director of Recruiting; Lt. Gen. John Bradley, AFRC commander; Col. Randall (Arlo) Guthrie, 507th ARW vice commander; Chief Master Sgt. Jackson Winsett, AFRC command chief; and Chief Master Sgt. Linda McElligott, Recruiting Service manager.

AFRC 2006 Award Winners

AFRC Recruiting Excellence Team Tinker Top Rookie Silver Award and Century Club Award Winner Master Sgt. Carla Lang Superior Achievement Top 50 Recruiter Master Sgt. Michael Comfort Master Sgt. Gene Higgins Master Sgt. David McCormick Tech. Sgt. Ronald Gregory 4th Air Force Award Winners Top Senior Recruiter Senior Master Sgt. Scott Brewer Top Rookie Recruiter Master Sgt. Carla Lang

MVPAward

Master Sgt. Gene Higgins

November Promotions

To: Airman		Name	Unit
Name	Unit	Justin Miller	507th AMXS
Sean Graham	513th AMXS	John Sanders Jr.	507th AMXS
Kevin Giles	507th SVF	Rebekah Letterman	507th AMXS
Ryan K. Bohannon	72nd APS	Laura Duck	507th MOF
To: Airman First Class		James Gilbert	507th MXS
Shondra Turner	507th LRS	Jessica Hosang	507th MXS
Jose Martinez	507th AMXS	Christian Pufall	507th MXS
Tony Blakesley	507th MXS	Christopher Fipps	507th MXS
Leo McNeill III	507th MXS	Suann Becton	507th MXS
To: Senior Airman		Jeffrey Kimbro	507th MXS
Parce Tagmir	513th OSF	To: Technical Sergeant	
Renee Witten	513th MXS	Michael Campbell	35th CBCS
Melissa Mendoza	507th SVF	James Tomlins	507th AMXS
Phu V. Pham	35th CBCS	Travis Carr	507th MOF
Ronald R. Osborne Jr.	507th SFS	Shawn Clay	507th MXS
Brian L. Baxter	507th SFS	John Murphy Jr	507th MXS
Rachel Jackson	507th LRS	Gaines Stevens	507th MXS
Nimol Kuruvilla	507th AMXS	To: Master Sergeant	
Lorena M. Honick	507th MXS	Johnathan Smith	513th AMXS
To: Staff Sergeant		Jerry Colbaugh	513th MXS
Daniel Feland	507th CES	Robert Hall	970th AACS
Jermaine Graham	507th CES	Vincent Stulginski	970th AACS
Justin Clemons	513th AMXS	Mikula Gay	507th SVF
Andrew Messer	513th AMXS	Jimmy Thompson	507th AMXS
Gary Rhodan	513th AMXS	Ami DuBose	507th AMXS
Felix Betances	35th CBCS	To: Senior Master Serg	
Terry Pate	507th SFS	Jamison Horn	507th LRS
Christopher Scott	507th SFS	David Canary	507th MXS
Sorcha Havenook	507th SFS	Lorenda Absous	507th MDS
Judy Gross	507th LRS		

DECEMBER 2006

E-POLL RESULTS





WING KUDOS

Atkins garners Tinker Athlete of the Year award

Capt. Robert Atkins, 507th Air Refueling Wing executive officer, was recently selected as the Tinker Air Force Base Athlete of the Year for 2005. The announcement was made last month at the Wing Commander's Call with Col. Mark Correll, 72nd Air Base Wing commander, making the presentation.

Capt. Robert Atkins participates in many intramural sports on the base, including flag football, softball, bench press competitions, ping pong, 5k runs and triathlon.

His achievements in the last year include 1st Place, Men's 25-29, Half Iron Redman (5:46:42); 2nd Place, Men's Open, Tinker Triathlon (48:08); 2nd Place, Gerrity overall, Bench Press Competition; 2nd Place Gerrity, Table Tennis Tournament; 4th Place, Men's 35-under, Ft. Sill Triathlon; 13th place, August 5k run, Gen. Hill Conference Center (24:32); and took 4th Place in his age group during the Army Ft. Sill Body versus Earth triathlon, multi-service athletic event.

After months and months of training, he met and exceeded his goal of completing the inaugural Half Iron Redman Triathlon



Robert Atkins rode the bike portion of the Half Iron Redman Triathlon, 56 miles, in 2 hours, 50 minutes, and 14 seconds.

Hefner at Lake in September 2005. Not only did he beat his goal time of six hours, but he won his age group in the 1.2 mile swim, 56 mile bike. and 13.1 mile run event with a time of 5 hours, 46 minutes, and 42 seconds.

A t k i n s was submitted for the honor by Brig. Gen. Dean J. Despinoy, former commander, who stated, "As the overall Unit Fitness Monitor for



Col. Mark Correll, 72nd Air Base Wing commander, presents the Tinker Air Force Base Athlete of the Year trophy to Capt. Robert Atkins.

the 507th ARW, he not only maintains his excellent Fit to Fight score, but helps manage the entire program for over 1,200 full-time Air Reserve Technicians and traditional reservists. I have seen many people go to him for guidance, and improve their score by following his advice concerning diet, exercise and overall healthy living."

Captain Atkins' character is reflected by the fact that he has been the only Reserve officer on the Tinker Base Honor Guard for the last three years. His major formal accomplishments include being selected as Wing Company Grade Officer of the Quarter and Year, Federal Executive Board Employee of the Year and the Squadron Officer School Chief of Staff flight.

"I am excited to be recognized in such a way, where I get an award for something I enjoy doing anyway," said Captain Atkins.

"I just think it is great that Col. Mark Correll took the time to come out on a weekend to present the award. As the Wing Exec, I am used to always preparing commander's calls and getting awards ready for other people to receive, so it was neat to be on the receiving end this time!"

Atkins is a current member of the Tinker Sports Advisory Council and helps coach his daughter's 5-year-old soccer team.

Parting Shot



Maj. William S. Bush, right, 72nd APS commander, presents a shadow box to Chief Master Sgt. John R. Jolly at his retirement during the November UTA. Air Force Photo by Capt. Bill Pierce

On-final

R-News Upcoming blood drives

The next campus blood drive will be held Sunday, Jan. 7, 2007. Other dates include March 4, 2007; May 6, 2007; July 15, 2007; and Sept. 9, 2007.

All drives are scheduled on Sunday.

Angel Tree gifts

Each year the Reserve community adopts various projects to help make the holiday season something special for people in the local community. One of those projects is to adopt the Veterans at the Norman Veterans Hospital.

The Hospital staff gathers gift ideas from the residents; usually they don't ask for much: just comforters, sweats, warm clothes. These are things we take for granted and buy for ourselves on a daily basis. If each person in the Tinker Reserve units took just one person's name or donated money for a gift, the veterans could have a wonderful Christmas and more than one gift to open!

For more information, contact the Public Affairs Office at 734-3078 or come by the office in the basement of Bldg. 1043.



507th ARW Recruiters http://get1now.us



AIR FORCE RESERVE ABOVE & BEYOND

Moore, Norman, OK Master Sgt. Michael Comfort (405) 217-8311

Midwest City, OK Staff Sgt. Neil Lambrecht (405) 732-6279

> Tulsa, OK Master Sgt. Monica Basye (918) 250-3400

Lawton, OK Tech. Sgt. Ronald Gregory (580) 357-2784

McConnell AFB, KS

Master Sgt. David McCormick (316) 759-3830 Tech. Sgt. Stephan Kimbrough (In-Service Recruiter) (316) 759-3766 Staff Sgt. Ron Todd (316) 681-2522

Vance AFB, OK

Tech. Sgt. Stephan Kimbrough (316) 759-3766