

On-final



November 2003

Vol. 23, No. 11

507th Air Refueling Wing - 513th Air Control Group
Tinker Air Force Base, Oklahoma



Attention
to detail

507th ARW Mission: Man, train, equip, and sustain an Expeditionary Reserve Force in support of DoD peacetime and wartime taskings.

513th ACG Mission: Citizen-airmen extending America's Global Power operating the world's best airborne battle management, warning and control platform.



507th MSG Commander's Column

By Col. Robert R. Colyer

Welcome to Spring

A new beginning! Our people are back. Demobilization is nearing completion and we have had time to catch our breath. Our employers and families recognize our faces again, and even the dog has quit growling when we come in. At this point it would be very easy to rest on our laurels. I mean after all, we have done a lot.

But, to the contrary I suggest it is springtime at the 507th. Even though the holidays and winter are approaching, I maintain that spring is upon us in Okieland. Spring is a time of rebirth and growth; a time to clean up the tools and plant. Our world and our Air Force are changing. The Air Force is making the right changes to remain responsive to the requirements our world. We have to keep up.

Change is the name of the game for the foreseeable future. Our unit type codes (UTC's) are being adjusted to provide the appropriate amount of combat capability for new requirements. Our taskings around the world are

changing. We are going places we have never gone before to perform missions that are new and exciting. The Air Force Reserve is a full partner in this change and, indeed, a full partner in protecting our national security interests.

So, welcome to spring! Let's start working on sharpening our combat skills. We need to look each other over and help ourselves improve to be the best we can be, because that is what we do, and what is expected of us. We have always impressed our observers by being a seamless force with our active duty partners. Preparation and training have always given us the edge.

I suggest, once again, the three elements for success for all reservists: First, know your AFSC skills and be qualified at the appropriate level. Second, keep your personal requirements current. These include ID tags, ID cards, inoculations, weapons training, chemical defense training and the briefings that prepare us for our job. Third, and last, are our combat skills. Get your hands on, and keep a copy of Air Force Manual 10-100. In a wartime situation this manual will give you invaluable information and inspections are open book tests, if you have the right book.

Again, welcome to spring! Let's get down and dirty out in the field.

tory we honor you. In behalf of our English ancestors we thank you. What a lesson this teaches us that in the same way people four hundred years ago needed each other, so do we today as separate parts of a mighty military need each other. Let us this Thanksgiving celebrate our togetherness as we give praise to God for all His other blessings.

CHAPLAIN'S CORNER

By Chaplain Lt. Col. James Bradfield

No Indians, No Thanksgiving

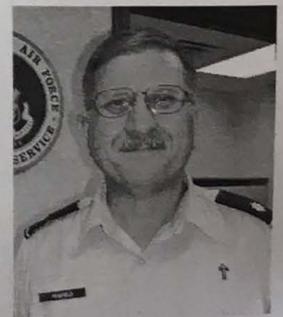
The early settlers to the new America found many excuses to have meals of thanksgiving, one in July was to celebrate the safe arrival of a group from England. In their strict religion they were rarely allowed to "make merry". Thanksgiving seemed to be the acceptable exemption to the rules. But let's give credit where credit is due. The popularized Pilgrim Thanksgiving of 1621 would not have been possible without the Native American!

It was the Native American that taught the English how to clear the forest, plant corn and fertilize it with fish, build wigwams, make canoes, and walk on snow. It was the Native American that acted as interpreter and peacemaker to other native tribes and teachers of critical survival techniques. The early settlers described them as, "a special instrument from God...". They were assessed to be handsome, goodly, intelligent, gentle, loving, faithful, and void of guile and treason. Truly without the aid and comfort of the Native Americans the Jamestown residents could not have survived this harsh new land.

We are in the midst of Native American Month. So, to the members of our unit that have Native American his-

To contact the chaplain:

**Chaplain Lt Col James
R. Bradfield
Wing Chaplain 507ARW
Tinker AFB, Okla.
Comm (405) 734-5632
DSN 884-5632**



**Call (800) 398-9259 to be connected
to long distance:
Civilian Phones: Cell 937-620-2614
Home 937-296-1492
Civilian email bradfieldjr@juno.com**

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All photographs are Air Force photographs unless otherwise indicated. **Copy deadline is NOON on UTA Sunday for the next month's edition.**

This is your news source. Take it home with you to share with family, friends, and employers.

On The Cover



Tech. Sgt. Brandon Matthews works a corrosion measure on one of the unit's KC-135R aircraft.



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NEWS / INFORMATION / FAMILY READINESS / MORE!

**507th AIR REFUELING WING
 and
 513th AIR CONTROL GROUP**

TINKER AFB OKLAHOMA



www.afrc.af.mil/507arw

2003 Billy Hughes winner announced

Tech. Sgt. Brian Berry, Chief of Personnel Relocations, was selected as the 2003 Billy Hughes Memorial Award winner earlier this month.

"He's an absolutely stellar performer in every respect -- professional, competent, trainer, and team player," says Maj. Timothy Collins. "He is recognized by wing members as an expert in the personnel career field; continuously sought out by co-workers for advice and assistance in many aspects of the personnel career field."

Berry filled in as the interim Military Personnel Flight Superintendent for seven months and still covered all bases -- a hard charging acting superintendent who had his people at heart yet managed to meet all mission requirements no matter what higher headquarters threw at him -- new split-training option, new Reserve service commitment, new common access identification card, new virtual record of emergency data, etc.

During this time frame Berry authored a new retirement checklist, unlike any other in that it covers far more paperwork for retirement, smoother transition to civilian life for our retirees and a much better experience for them. Along those lines, Berry has developed a continuity/workbook for all programs in the Personnel Relocations Office, making it possible to easily train his replacement.

Berry spearheaded the Commander's

Logistics Review and completed a flawless implementation of all manpower and personnel changes needed six months ahead of schedule. He was instrumental in the mobilization of more than 500 personnel in support of Operations NOBLE EAGLE, ENDURING FREEDOM and IRAQI FREEDOM. He put together the mobilization in-processing lines and assisted with the publication of the partial mobilization orders, handled a multitude of mobilization issues and made the transition from civilian life easier on activated personnel. Berry voluntarily served as the NCOIC of the personnel deployment function and as Reserve Liaison NCO for 12 deployment processing lines deploying 256 personnel. He developed and oversaw the development of the lines,

ensuring that deploying personnel were well screened and prepared to deploy. He left nothing to chance by coordinating with the chaplain, medical, legal and a host of briefers in addition to training and equipping the line with military personnel technicians.

"Sergeant Berry is known throughout this wing as a technical expert in many reserve military personnel programs," said Senior Master Sgt. Warren Riley, MPF Superintendent. "He routinely provides assistance to units and to program administrators in other MPFs; provides unequalled customer service to everyone. He is an expert with unequivocal character and has earned a solid reputation for integrity, service before self and excellence in all he does."



Tech. Sgt. Brian Berry, center, and winner of the 2003 Billy Hughes Award, poses with Command Chief Master Sgt. Robert Kellington, Col. Dean Despinoy, Mrs. Patricia Hughes, and speaker for the evening, Judge Tom Webb.



**Master Sgt. Terri Lindsay-Wilson
35th CCS**



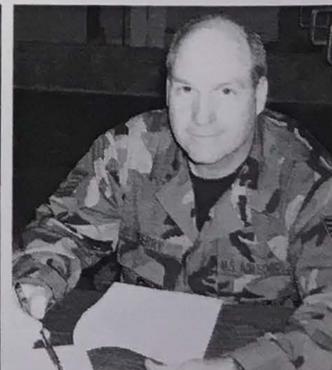
**Tech. Sgt. Jamison Horn
507th LRS**



**Senior Master Sgt. Randy Long
970th AACs**



**Senior Airman Raquel Lyons
513th OSF**



**Tech. Sgt. Brian Berry
507th MSF**



Master Sgt. Charles Latta
507th MS



Master Sgt. Crystal Martin
507th AMS



Tech. Sgt. Shelly Elliot
507th SF



Master Sgt. Neville Comas
507th MOF



Tech. Sgt. Colin Tatham
513th AMS



Senior Airman Marcelle La Day
507th CLSS



Master Sgt. Phillip Brand Jr.
465th ARW



Master Sgt. Charles Ballenger
513th MS



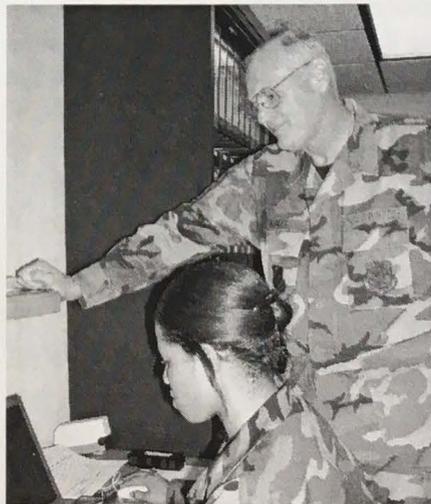
Staff Sgt. Jeremy Bates
507th SFS



Senior Master Sgt. Ricky Skelton
507th OSF



Senior Master Sgt. Clifton Howard
72nd APS



Master Sgt. Harry Ginzl
507th CES



Senior Airman Lyrissa Godwin
507th MDS

Welcome to Baghdad

By Senior Master Sgt. Bob (last name withheld)

The voice over the speaker says “the captain has turned on the fasten your seat belt sign, please return your seat backs and tray tables to the upright position”..... **No wait...** it was more like grab your seat strap and hold on as the C-130 does a combat approach (it dives this way, then turns that way) into the airfield. Moments later, the aircraft is on the deck, we taxi to the parking spot, the back door opens, the cargo is unloaded and then the loadmaster shouts, “**welcome to Baghdad!**”

I have now become “**Baghdad Bob.**”

Yes, Baghdad! We are filing out of the aircraft single file, (we look like ants going to a picnic) and we head straight out the back of the C-130 for a few feet making sure we don't get too much of the engine blast because the engines are still running, then we turn to the right which puts us out around the wing and we head for the pax terminal. A couple of my new coworkers meet me there and again I hear “Welcome to Baghdad,” and “here's a bottle of water.” We grab my bags; off to in-process, ID badge, tent assignment, visit the office, the in-processing checklist is complete, and I am now ready for action in “Saddam's” ole stomping grounds.

It's your typical tent city. Signs are everywhere with their own unique military-speak: ECP (entry control point), Rec (recreation) Tent, Gym Tent, Bathroom Tents, Mess Tent, and Projects (where we sleep), the only difference with this tent city is when you look across the horizon you can see the old “Saddam International Airport” which is now called Baghdad International Airport. I wonder if Saddam likes the new name... ?

Nights are long, days are short, (I work nights), and planes and helicopters keep flying in, and taking off around the clock. Most of the time, it's military business as usual, except when one of the many VIPs come to visit Iraq. Secretary of Defense Donald Rumford came through and Secretary of State Colin Powell stopped by as well as numerous generals and guests.

Simply being in Baghdad is awesome. This country is such a big part of world history in more ways than one, from religious to world events; the pages of history are endless. I'm honored, surprised and thankful I volunteered to be here.

The temperature is starting to come down since I've been here, at first the temperature ranged from 110 to 125 degrees. Now it ranges from 95 to 105 degrees. The sun goes down earlier so the tents cool off quite nicely. The air conditioning works quite well. You get used to the noise and after working a 12-hour shift, sleep comes easy. It is windy, but not quite like Oklahoma because the wind doesn't stay around long. It will be windy for two or three days, then there's a calm or slight breeze. No dust storms at this point.

We get one night off a week (six days on, one off), but we do get to relax at the gym or lounge tent, which offers coffee, soda, books and chairs to relax. The food is not that bad.

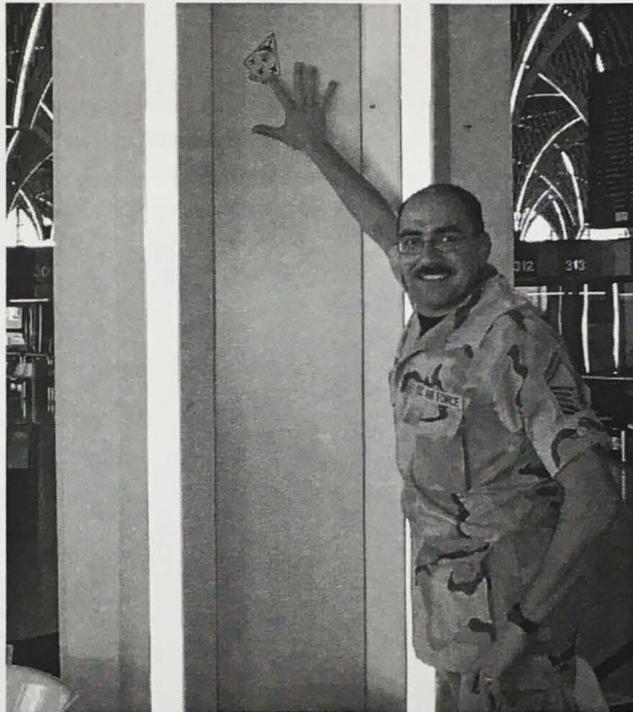
We have Air Force Services cooking two hot meals a day and leftovers for midnight chow. And, of course, there's all the MREs (meals ready to eat) you can eat! It's a good size camp so people do walk a lot.

Some office coworkers took me fishing a few days ago to a lake outside one of Saddam's old palaces. We had a couple of bites but didn't catch anything. We went more to relax and get out of the office for a while. Besides my family and some comforts of home, I really don't miss much. The people here try hard to support us.

Some days are **unusual**, to say the least. There are a few locals out there who want us to know that they don't like us being here, so there's always a bit of tension in the air.

Overall though, I believe the general mood here seems to be pretty good. I work nights so I don't get to be with people much, but when I meet people the talk mostly is about sports, video games (younger troops), DVD movies, what base or state you're from, I haven't really heard much negativity.

(Continued on page 7)



Baghdad Bob displays a 507th “SH Okies” patch at Baghdad International Airport.

4th Quarter winners announced

Master Sgt. Douglas Coleman, Staff Sgt. Juan Escobar, and Senior Airman Jeremy Scoles have been selected as Senior NCO, NCO and Airman of the Quarter, respectively.

Douglas Coleman is a medical standards superintendent with the 507th Medical Squadron. He is responsible for an extensive plethora of programs to include: ensuring all wing personnel comply with medical requirements set forth by regulations and AFRC policies governing worldwide duty qualifications, maintenance of medical records, medical waivers, fitness for duty evaluations, physical examinations, providing paraprofessional support to flight surgeons, and program coordination with all units assigned to the wing and the 513th ACG.



Master Sgt. Douglas Coleman

duty disposition,” says Col. Steven Gentling, 507th MDS commander. “He is an integral factor in the 507th’s medical mission, ensuring all 1,400-plus wing personnel are

“Sergeant Coleman is the ‘go to’ person for questions concerning a member’s medical/wide

qualified for deployment and retention in the Air Force Reserve.”

Coleman is a volunteer firefighter for the Chandler Fire Department. This position utilizes his valuable paramedic expertise which naturally transfers to promoting his community’s health and public safety. He is also a member of the Emergency Management System for Chandler, helping perform search and rescue missions, storm tracking, and storm damage assessment.

Juan Escobar is an aircrew life support technician in the 465th Air Refueling Squadron.

“Staff Sgt. Juan Escobar is a superb NCO who sets the standard with his outstanding attitude, professionalism, and dedication,” says Lt. Col. Gerard Lauth Jr., 465th ARS commander.

Escobar assumed the responsibilities of NCOIC in place of activated, deployed personnel, performing all necessary work-center management functions supporting daily flight operations at home station. He also deployed to Moron AB, Spain as an



Staff Sgt. Juan Escobar

integral asset of the Life Support Section.

A goal-oriented achiever, Escobar is pursuing concurrent CCAF and BA degrees in Business Administration.

Jeremy Scoles is an aircraft mechanic with the 507th MXS.

Scoles is the Primary Consolidated Tool Kit monitor for the aircraft inspection section. He maintains all aircraft tools and equipment used to repair the KC-135R aircraft. He also has the duty of Bench Stock Monitor and Primary Gas Mask Monitor for his section.

“Airman Scoles is a great example to follow; always motivated, always ready to take on new tasks,” says Maj. Rick Reich, 507th MXS commander.

Scoles is a college student at Southeastern Oklahoma State University, scheduled to graduate next month with a degree in Aviation Management. He was a Distinguished Graduate from his tech school. Scoles has a private pilot’s license from the University of Oklahoma.



Senior Airman Jeremy Scoles

Welcome to Baghdad (Continued from page 6)

Most of the fellow troops don’t have access to TV, so they are not getting “wrapped” up in the media blitz. But I believe the media is not showing enough of the positive steps we are taking in this country; it’s not all negative.

Well back to work. It really is a coalition effort. I’ve met and worked with “Aussies,” “Brits,” “Army,” and “civilians.” For the most part, my job has been the same, except for carrying a weapon, going past barbed wire, though the ECP, then out to the flight line to talk to the crew. We get the information from the crew, head back through the obstacles that brought us out there

and into the office to up channel the information to headquarters for further dissemination. The change of pace is challenging.

Hey look there, here comes the sun. That’s another \$3.50 (tent city per diem), another night shift gone by and I am one day closer to going back to Oklahoma City. There’s more stories to tell, but I just wanted to let you know that “SH Okie” stickers are in Baghdad and I’m honored to be here representing the “SH Okies.” See Y’all Soon.

Yours Truly,
Baghdad Bob



513th ACG Commander's Column

By Col. James Kerr

Can We Do More?

"Ask not what your country can do for you. Ask what you can do for your country."

It remains one of the most simple, yet eloquent, summations of national service ever spoken. But as times progress and the call to duty rings louder than ever before, we need to ask ourselves: Can we do more?

National service remains at the core of our Air Force principles. Service before self. But in today's economy, we've seen how many people in the civilian world forget that this principle comes from inspiration older than antiquity. They used to say that the same scales you use to weigh others will one day weigh you. People who forgot their duty to their neighbors, their shareholders, their partners, should remember this.

But these people aren't you. You, the person who served two years in a uniform without complaint. You, the person who jumps to the aid of distressed strangers. You, the person who is silent in the crowd until you wear your uniform, which speaks for itself. Because of who you are—Air Force reservists—many people in the disillusioned society outside these gates see that there are people dedi-

cated to higher values and greater callings. They know that there are people out there—complete strangers—who are toiling endlessly to preserve their way of life.

But can we do more?

We are role models as demonstrated by our commitment to national service, but do you take pride in that commitment? Are you still motivated to give to others in need.

It is very easy for us to overlook the simple services we provide to society, but you are as able as any to fulfill that need. Charity for the hungry and destitute comes to mind most during the holiday season. Start with the services you know need to be fulfilled. Don't assume that you won't make a difference because odds are that someone else is thinking the exact same thing. Like the silent voice in the crowd, it becomes stronger as others are roused by the truth of your actions and words. You won't be silent for long, but you will always be a crowd.

Think beyond yourself and beyond your uniform this holiday season. Think of all the people you can help with simple gestures. Wake up every morning and say, "Today, I'm going to improve someone's life." Make it a passion, a crusade. Make it the reason you live by day and the comfort you draw strength from when you sleep at night.

The human soul has a limitless emotional reserve to embolden us when we take bold steps and our hearts grow stronger as we face the trepidation of not knowing whether or not we can succeed. It's a noble adventure, if you want to take it.

Can we do more? Yes, we can. Will we? That's for you to decide.

Study shows motorcycle helmets save lives

The results of a five-year AF Safety Center study of motorcycle accidents involving AF people show **helmets save lives**. According to the study:

- 13 people out of 70 involved in class-A motorcycle accidents since 1999 where death or permanent injury resulted were not wearing helmets.

- In less-severe class-B and class-C mishaps, more than 45 percent of the 678 documented mis-



haps involved riders who were not wearing helmets.

According to the National Highway Traffic and Safety Administration, wearing protective gear is the best weapon against injury when a crash does occur, but many motorcyclists continue to ride with improper attire and non-compliant helmets or no helmet at all.

Air Force and DoD instructions require the full regalia of protective

equipment for active-duty military members at all times, not just on base.

Senior Leaders Are Saying...

- We've had cars and motorcycles in this country for a long time and people have been running into things for that same amount of time. Seems like we haven't learned much over the years, and **we're paying a high price to learn the same old lessons**. (AFMC Ground Safety Chief, July 03)

Ideas That Work

- For more on **motorcycle safety**, visit the National Highway Traffic Safety Administration's Web site at www.nhtsa.gov/people/injury/pedbimot/motorcycle/motorcycle03/index.htm.

FREE COLLEGE TESTING

Air Force Reserve members, spouses and civilian employees may take DANTES Subject Standardized Tests (DSSTs) or College-Level Examinations Program (CLEP) or Excelsior College Examinations (ECE) FREE! (Military Only for Excelsior examinations). These examinations test college-level knowledge you may have gained through your job, reading, travel, or hobbies. You must test at your Reserve DANTES approved test center. Testing at another DANTES test center will be on a case-by-case basis. The third Tuesday of each month at 0800 has been set aside for testing. You must call us four weeks prior to test date to ensure we will have your test. **For more information contact CMSgt. Epps in the MPF Education & Training Office at 734-7075.**

PROFESSIONAL CERTIFICATION

Become a certified professional in a field related to your military training. DANTES and AFRC funded certification examinations are available for certain career fields. Go to <http://www.voled.dantes.doded.mil> and click on certification programs, MOS matching and USAF Matrix which identifies the eligible AFSCs, certification exams available and internet addresses for more info. If you desire to take an exam, **contact CMSgt. Epps in the MPF Education & Training Office at 734-7075.**

TUITION ASSISTANCE

Reserve members are eligible to apply for TA for Distance Learning and In-Residence courses to further their education up to a Master's Degree.

The basic enrollment requirements are that, you must:

Be a participating member in good standing (no UIF, Article 15, etc.).

Retainability: Officers - two years; Enlisted - ETS after course completion.

Enrollment form must show course number/title, credit hours and cost of tuition.

Complete TA forms in our office PRIOR to class start date.

HQAFRC will approve/disapprove based on funding.

Payment occurs after satisfactory course completion. TA reimbursement amounts are set at 75 percent (\$3500) per FY (Masters) or 100 percent (\$4500) per FY (Bachelors). **For more information contact CMSgt. Epps in the MPF Education & Training Office at 734-7075.**

NCO Academy In-residence

Listed below are the FY 2004 NCO Academy In-Residence class dates: A letter of recommendation from your unit commander must be forwarded to 507 MSF/DPMT not later than 60 days prior to class start date:

Class	Quotas	Dates	Location
2004-3	1	24 Feb - 01 Apr 04	Tyndall AFB, FL
2004-5	1	26 May - 01 Jul 04	Tyndall AFB, FL
2004-7	1	20 Sep - 28 Oct 04	Tyndall AFB, FL

FAMILY CARE

If you need to be on Family Care Plan, notify your First Sergeant ASAP - IAW AFI 36-2908, Single parents and dual military couples with children must have a Family Care Plan completed within 90 days of in-processing or family status change.

VIRTUAL MPF

- 1. Address Changes** - You no longer have to go to 4 different screens/areas to update your address!!!
- 2. Point Summary's** - Point Summary's can also be viewed and printed.
- 3. Record Review RIPS** - You will now be notified via e-mail, on your birthday, to logon to vMPF to review your RIP.
- 4. Awards and decorations** - You can also get a picture display of your awards and decorations.

HOT TOPICS :

CDC Testing is accomplished at 0750 on Sundays of the (main) UTA. You do not have to schedule it, just be there NLT 0750 at Bldg 460 (the active duty HQ), Room 215. You need to enter through the MPF main door (in the back near the ramps), turn right and take the stairs. If you cannot make it, our Education office also tests on Wednesdays at 0800 and 1300. You DO need to schedule this one 24 hours in advance. Important note: If you are retaking a test, make sure you bring the Commander's evaluation/authorization letter with you or you will not be allowed to test. If you are taking computer-based tests, call DPMT at 734-7075 at least two days prior to the UTA. Computer-based tests are also given Tues at 0730, Wed at 0800 & 1300, and Thurs at 1530. Call for appointment.

EDUCATION REMINDER:

This is just to remind everyone who wishes to update their Education Records, officer and enlisted, that we need OFFICIAL Transcripts to send or accomplish any updates. This means that it CANNOT say "ISSUED TO STUDENT." You may have the college/university send it, we can request it, or you may bring it in as long as it is in a sealed envelope with a SEAL on the flap AND it does not say "ISSUED TO STUDENT."

Pass and ID Hours of Operation:
1200-1600 on Saturdays of the UTA.

IEU OPEN FROM 1200-1500 ON SATURDAY OF THE MAIN UTA.

Nomination packages for AMN, NCO, or SNCO of the quarter are submitted quarterly. Packages are due by 1400, on Saturday of the UTA after the end of the quarter. (Jan, Apr, Jul, Oct)

FY2003/2004 UTA SCHEDULE

15-16 Nov 03	01-02 May 04
06-07 Dec 03	05-06 Jun 04
10-11 Jan 04	10-11 Jul 04
07-08 Feb 04	07-08 Aug 04
06-07 Mar 04	11-12 Sep 04
03-04 Apr 04	

As of 30 Oct 2003

Fri, 14 Nov 2003

1300	Pre-UTA Cmdr Staff Mtg	Bldg 1043, CC Conf Room
1430	Pre-UTA First Sgts Mtg	Bldg 1043, ATN Room
1600	Top 3 Executive Board Mtg	Bldg 1066, OG Conf Room

Sat, 15 Nov 2003

Unit Designated	Sign In	Unit Designated
0730-0930	Newcomers In-Processing	Bldg 1043, Room 201C
0730-0930	Customer Service Section	Open to Newcomers ONLY
0730-0900	Wing Training Office Closed	Bldg 1043, Room 206
0830-0930	Unit Career Advisors Mtg	513th ACG Conf Room
0900-1000	6 Month Contact Mtg	Bldg 1043, CC Conf Room
0900-1000	Mandatory 3A0X1 Tng	Bldg 1066, OG Conf Room
0915-1115	Computer Based Testing	Bldg 1043, ATN Room
1000-1130	Newcomers Orientation	Bldg 1030, Room 214
1000-1100	Mobility Rep Meeting	To Be Determined
1030-1130	First Sgts Meeting	Bldg 1043, CC Conf Room
1300-1530	Newcomers Ancillary Tng Ph I	Bldg 1030, Room 214
1300-1400	Adverse Actions Mtg	Bldg 1043, Wing CC's Office
1400-1500	Training Managers Mtg	Bldg 1043, CC Conf Room
1600-1630	Protestant Chapel Service	513th ACG Conf Room
Unit Designated	Sign Out	Unit Designated

Sun, 16 Nov 2003

Unit Designated	Sign In	Unit Designated
0730-0800	Protestant Chapel Service	513th ACG Auditorium
0730-0800	Catholic Mass	513th ACG Conf Room
0730-0930	MPF Closed for In-House Tng	Bldg 1043
0750-1115	CDC/PME Course Exams	Bldg 460, Room 215
0800-1115	Newcomers Ancillary Tng Ph II	Bldg 1030, Room 214
0830-1030	Unit Safety Rep Training	Bldg 1030, Room 104
0830-0930	Enlisted Advisory Council	Bldg 1043, CC Conf Room
0900-1000	Mandatory 3A0X1 Tng	Bldg 1066, OG Conf Room
0930	Catholic Chapel Service	Base Chapel
1245-1545	First Duty Station	Bldg 1030, Room 214
1300	SORTS/Post UTA Mtg	Bldg 1043, CC Conf Room
1400-1500	IG period w/Capt. Vardaro	Bldg 1043, Room B-1
1500	Wing Commander's Call	Base Theatre
Unit Designated	Sign Out	Unit Designated

Fri, 05 Dec 2003

1300	Pre-UTA Cmdr Staff Mtg	Bldg 1043, CC Conf Room
1430	Pre-UTA First Sgts Mtg	Bldg 1043, ATN Room
1600	Top 3 Executive Board Mtg	Bldg 1066, OG Conf Room

Sat, 06 Dec 2003

Unit Designated	Sign In	Unit Designated
0730-0930	Newcomers In-Processing	Bldg 1043, Room 201C
0730-0930	Customer Service Section	Open to Newcomers ONLY
0730-0900	Wing Training Office Closed	Bldg 1043, Room 206
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0900-1000	6 Month Contact Mtg	Bldg 1043, CC Conf Room
0900-1000	Mandatory 3A0X1 Tng	Bldg 1066, OG Conf Room
0915-1115	Computer Based Testing	Bldg 1043, ATN Room
1000-1130	Newcomers Orientation	Bldg 1030, Room 214
1000-1100	Mobility Rep Meeting	To Be Determined
1030-1130	First Sgts Meeting	Bldg 1043, CC Conf Room
1300-1530	Newcomers Ancillary Tng Ph I	Bldg 1030, Room 214
1300-1400	Adverse Actions Mtg	Bldg 1043, Wing CC's Office
1400-1500	Training Managers Mtg	Bldg 1043, CC Conf Room
1600-1630	Protestant Chapel Service	513th ACG Conf Room
Unit Designated	Sign Out	Unit Designated

Sun, 07 Dec 2003

Unit Designated	Sign In	Unit Designated
0730-0800	Protestant Chapel Service	513th ACG Auditorium
0730-0800	Catholic Mass	513th ACG Conf Room
0730-0930	MPF Closed for In-House Tng	Bldg 1043
0750-1115	CDC/PME Course Exams	Bldg 460, Room 215
0800-1115	Newcomers Ancillary Tng Ph II	Bldg 1030, Room 214
0830-1030	Supervisor Safety Training	Bldg 1030, Room 104
0830-0930	Enlisted Advisory Council	Bldg 1043, CC Conf Room
0900-1000	Mandatory 3A0X1 Tng	Bldg 1066, OG Conf Room
0930	Catholic Chapel Service	Base Chapel
1245-1545	First Duty Station	Bldg 1030, Room 214
1300	SORTS/Post UTA Mtg	Bldg 1043, CC Conf Room
1400-1500	IG period w/Capt. Vardaro	Bldg 1043, Room B-1
1500	Fly Safety Mtg	Bldg 1048, OPS Briefing Room
Unit Designated	Sign Out	Unit Designated

SENIOR NCO ACADEMY IN-RESIDENCE

The next Senior NCO Academy has been scheduled for 23 January 2004. Applications are being accepted for the following dates: 04C (15 Mar - 28 Apr 04), 04D (3 May - 17 Jun 04), 04E (1 Jul - 17 Aug 04), and 04F (27 Aug - 14 Oct 04). The suspense date to DPMT to review packages is 22 December 2003. This is to allow time for us to review and forward to the appropriate NAF. Questions, should be directed to MSgt. Cain at 734-7075.

Military Pay

File for pay by: Receive Direct Deposit by:

Military Pay (405)	734-5016
17 Nov	28 Nov
19 Nov	01 Dec
25 Nov	05 Dec
01 Dec	10 Dec
04 Dec	12 Dec
08 Dec	15 Dec
11 Dec	19 Dec
15 Dec	24 Dec
17 Dec	31 Dec
29 Dec	07 Jan

Newcomers Ancillary Training

Newcomers Ancillary Training Phase I & II are conducted monthly in Bldg 1030, Room 214. Unit training managers are responsible for ensuring their new personnel are scheduled to attend within 90 days of their first UTA. If you have any questions, contact the MPF Education & Training Office at 734-7075.

Day	Time	Subject	OPR
		Phase I	
Saturday	1300-1315	Air Force Fitness	SVF
Saturday	1315-1400	Information Assurance	CF
Saturday	1400-1500	Drug and Alcohol, Suicide/ Workplace Violence Prevention	SG
Saturday	1500-1530	Local Conditions-Traffic	SE
		Phase II	
Sunday	0800-0830	Base Populace	CEX
Sunday	0830-0845	IG Briefing	IG
Sunday	0845-1015	UCMJ/Ethics	JA
Sunday	1015-1045	Counter Intel /Awareness	SFS
Sunday	1045-1115	Human Relations	ME
Sunday	1245-1545	First Duty Station	ME

BAQ Recertification Deadlines

If Last Digit of SSAN is: Then Forward Listing to Unit Commander in: Recertification due in month in:

1	November	January
2	December	February
3	January	March
4	February	April
5	March	May
6	April	June
7	May	July
8	June	August
9	July	September
0	August	October

UCMJ Briefing:

All enlisted personnel are required to have the UCMJ briefing within two UTAs of their first reenlistment. This briefing is held during Phase II of the monthly Newcomers Ancillary Training at 0845 on Sunday of the UTA in Bldg 1030, Room 214.

Ethics Briefing:

All reserve personnel are required to have the DOD Ethics Briefing within 90 days of reporting for duty. This briefing is held in conjunction with the UCMJ briefing during Phase II of the monthly Newcomers Ancillary Training at 0845 on Sunday of the UTA in Bldg 1030, Room 214.

Disaster Preparedness:

Unit Training Managers must schedule Chemical Warfare Training, by name, at least one UTA prior to the requested dates by calling CEX at 734-4460. All personnel must bring a complete training ground crew ensemble (GCE) including the mask and its hood to all classes. Those attending Initial must be prepared to process through a tear agent chamber. Wear of contacts is prohibited in all classes. Anyone arriving late, without a complete GCE with mask, or wearing contacts, will be released back to their unit and reported as a no-show.

Drug Testing: You must report within two hours of notification.

If you need assistance or have suggestions on how we can improve our service to you, please call us at (405) 734-7075, or stop by our office in Bldg. 1043, Room 206.

Editor: CMSgt. Charlotte A. Epps, Chief, Education & Training (ART)
Assistant Editor: MSgt. Dennis O. Cain, Asst. Chief, Education & Training (ART)
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 TSgt. Melanie E. Cherry, Education and Training Advisor
 Mr. John Baker, Education and Testing Services Advisor

New fitness standards take total force course

By 2nd Lt. Lance Patterson
Air Force Reserve Command Public Affairs

ROBINS AIR FORCE BASE, Ga. - Starting Jan. 1, reservists will have to quicken their pace and flex their muscles when the Air Force begins its new physical fitness standards.

"Our intention as reservists is to have the same fitness requirements as the rest of the Air Force," said Maj. Rebecca Reynolds of the command surgeon's aerospace medicine division at Headquarters Air Force Reserve Command. "Once our supplement to the Air Force instruction is complete, it is likely these will be the same as our active-duty counterparts."

The new physical fitness test will consist of four components - push-ups, crunches, an abdominal circumference measurement and a 1.5-mile timed run. People who are not medically able to run will use the current system - a timed 3-mile walk for reservists and the cycle ergometry test for active duty - to fulfill the run component.

Component scores, which vary according to age and gender, will be added to obtain an overall fitness score. The score will determine if a person falls into the excellent, good, marginal or poor fitness category.

Fitness categories will determine how often a person must retest. For example, a composite score of 90 will put a person in the excellent category. A composite score of 75 to 89.9 will place a person in the good fit category. However, if a person has a composite score of 70 to 74.9 then that person would be considered to be marginally fit, thus requiring a retest at six-month intervals. A person who scores less than 70 will enter the poorly fit category, which requires a retest every three months. People rated marginal or poor will receive educational material to improve their scores.

"The focus of the new fitness program is not the assessment. The program is about integrating fitness into our culture and our members adopting fitness as a way of life," said Maj. Lisa Schmidt, chief of health promotion operations for the Air Force surgeon general.

Officials said they are in the final stages of writing the instruction that will govern the fitness program. The instruction, which is scheduled to be published in January, will address unit physical training, testing procedures and programs to facilitate improvement.

Rationale behind the change comes from Air Force Chief of Staff Gen. John P. Jumper in a Sight Picture released in July. "It's time to change the amount of energy we devote to our fitness programs due to inconsistencies with the growing demands of our warrior culture," Jumper said.

For more information about the new fitness program standards, visit the charts online at www.af.mil/news/USAF_Fitness_Charts.pdf. (AFRC News Service)

Today's Health Message

According to the National Institutes of Health, a simple **abdominal measurement** can indicate increased health risk. It's not the total amount of fat we carry but where the fat is located that counts, regardless of age or height.

High girth is associated with greater risk of:

- Type 2 diabetes
- High cholesterol
- High blood pressure
- Heart disease

To do the abdominal measurement:

Locate the point just above the top of the right hip bone; wrap a measuring tape snugly around the abdomen at that level and parallel to the floor.

How much is too much? Studies show that men with an abdomen measuring greater than 40" and women with an abdomen measuring greater than 35" are at high risk. This risk is not healthy for the AF or the individual.

Abdominal measurement is included in the new AF fitness standards that go into effect Jan 1.



Senior Leaders Are Saying...

· **Healthy airmen better tolerate the extremes in temperature, fatigue, and stress that are required to endure AEF environments.** Fit airmen can best survive and recover from an injury and illness. Fit airmen also experience greater job satisfaction and improvement in overall quality of life, enhancing the foundation of our air and space power — people.

Annual flu shot shields servicemembers

By Gerry J. Gilmore

American Forces Press Service

At this time of year, clinics and hospitals can be swamped with people "bitten" by a nasty bug known as the influenza virus.

Getting the flu not only is an unpleasant experience, said Dr. David Tornberg, the deputy assistant secretary of defense for health affairs' clinical and program policy. It is also a potentially debilitating illness that can wreak havoc in large organizations like the U.S. military.

People with flu may be ill for several days, Tornberg said. Symptoms can include a runny nose; a dry, sore throat; cough; and fever and chills.

Rest and drinking plenty of fluids are two

time-tested methods of treating the flu, he said. However, getting a yearly flu shot can prevent an occurrence of the illness or at least mitigate its effects.

Prevalent flu strains vary from year to year, Tornberg said. Therefore, Department of Defense and civilian health-care agencies monitor worldwide health trends to develop predictive models in determining the components "of the next flu outbreak," he said.

Anti-flu shot vaccines contain weakened flu viruses, Tornberg said. The administration of flu shots causes a person's body to develop antibodies programmed to combat any appearance of flu virus, thus providing a measure of immunization.

This year there is plenty of flu vaccine to go around, Tornberg said. The 507th Medical Squadron will be operating an immunization line on Sunday during the November UTA. Flu vaccines are mandatory for military members. Military family members are also encouraged to receive flu shots from their private physicians, including children 6 months or older, Tornberg said.

People who have weakened immune systems or who are allergic to eggs, should not get flu shots, he said.

Annual immunization against the flu is a worthwhile endeavor since the virus can be dangerous, and in severe cases can result in pneumonia and respiratory failure, Tornberg said.

Breast cancer awareness can affect unit manning, mission

By Master Sgt. Rosalind Holmes
507th Medical Squadron

As a member of the armed forces, we have an obligation to maintain good health standards and status to be effective in performing our mission. As we get older, our bodies are at risk for a variety of health problems. This is especially important for women age 40 years and older. An annual physical examination should include screening for breast and cervical cancers.

According to the American Cancer Society, every three minutes a woman in the United States learns that she has breast cancer. It is the most common cancer among women, next to skin cancer and it is second only to lung cancer in women. Only 5-10 percent of breast cancers occur in women with a clearly defined genetic predisposition for the disease. The overall risk for developing breast cancer increases, as a woman gets older.

A triad of tools are needed to ensure good breast care in women of premenopausal age and older, including;

- * breast self-examinations performed monthly,
- * clinical breast examinations by your health-care provider,
- * a yearly screening mammogram.

Although women find percent of breast lumps on their own, it is estimated that only 33 percent of women actually perform routine breast self-exams (BSE). For pre-menopausal women, the ideal time is 5-7 days after the last day of the menstrual period, because this is when the breasts are least lumpy and tender. This makes doing the exam more comfortable and reduces the likelihood of a "false alarm" because of finding a lump resulting from cyclic changes. Post-menopausal women, those

with irregular periods, should select a certain day of the month and perform the BSE on that day each month.

A breast self-exam (BSE) has three primary components:

1. A manual exam done in the shower or bath,
2. a visual exam performed in the mirror, and
3. a manual exam done while lying flat.

This procedure enables you to identify breast masses, which are firm, non-tender, irregular without distinct borders, non-moveable, and/or fixed to the skin or underlying muscle. Skin dimpling, nipple retraction, redness, and/or an orange peel skin texture may be noted. Also, observe for any nipple discharge, especially if it appears bloody. The most common site of breast cancer is in the upper-outer quadrant where most of the breast tissue is located.

A manual examination by your health-care provider can confirm or clarify any questions or suspicions you may have about what you feel during your breast examination. A mammogram is a low-dose x-ray examination of the breast. The procedure involves the exposure of the breast using a special radiographic cassette and machine. Two views of each breast are taken for comparison.

Mammograms can detect small tumors and breast abnormalities up to 2 years before they can be felt and when they are most treatable. Please ensure that documentation of these procedures is included in your military medical records.

For additional information, you may look at the following Web sites: [www.Breast Doctor.com](http://www.BreastDoctor.com), www.cancer.org, and www.mayoclinic.com.

November is National Military Family Month

Tinker Air Force Base will honor its families during November recognizing National Military Family Month.

Join the Tinker Family Support Center, along with the 507th Air Refueling



Wing Family Support Cell (FSC) as both offices offer a host of special events

throughout the month of November. "Our goal is to celebrate the military family by recognizing the sacrifices they make throughout the year, especially the spouses and children," said Linda Errico-Davis, Family Life Education Manager

On Tuesday, Nov. 4, the Tinker Family Support Center staff, with help from the 507th ARW/FSC, passed out goodies to military families at the BX. The pamphlets outlined how families can deal with stress during deployments as well as program information identifying the numerous services offered toward military families."

Next Wednesday, Nov. 19, the base Family Support office will offer a class focusing on problem solving in your marriage. This class has received positive feedback before, according to Davis.

The class is open to anyone who has access to the base. People interested in attending should reserve their spot by calling the base Family Support Center at 739-7544. The class will meet at the base chapel in rooms one and two. "Consid-

ering this class will be held between 11 a.m. and noon we ask that attendees bring a sack lunch."

"In addition to the activities previously mentioned we also want to honor our children and for their contributions to their families. For them we have organized an Art Contest," said Davis.

The Art Contest is open to children between the ages of five to 15 years old. Entries should depict the artist's family on 8 1/2" by 11" piece of paper. All art work should include the artist's name, school grade, address including city, state and zip, parents name, military affiliation, rank, military installation and either their phone number or e-mail address.

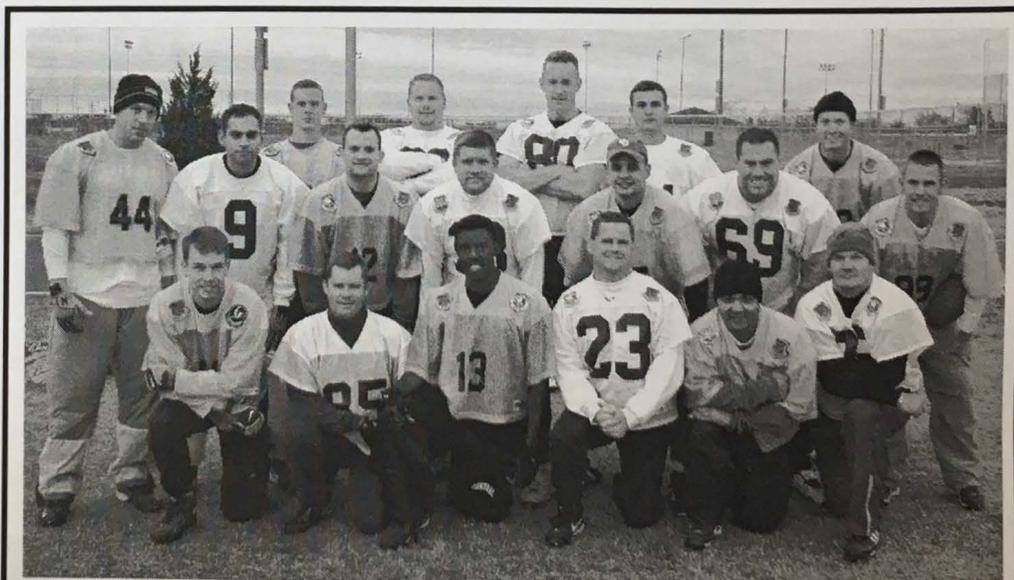
The dead line to submit art work is Wednesday, Nov. 18th by noon and should be turned into the base Family Support office Building one Door num-

ber three Room 105B.

According to Davis, "several individuals have been recruited to serve as judges. Judges will be responsible for selecting a first and second-place winner. Our fellow team members the 507th ARW /FSC has donated prizes for the two pieces of art selected as first and second-place winners. In addition, every entry will receive a token of appreciation for entering the contest."

"I think we can all expect some creative artistry from these young military family members. I highly encourage parents to engage their whole family in this art project. It will provide an avenue for some family time fun. Please keep in mind all work should be done by the children," smiled Capt. Mark Vardaro, 507th Family Support Cell director.

For additional information contact the base Family Support office at 739-7544.



The Reserve campus flag football teams pose as one before playing each other in the Tinker AFB Intramural football league Nov. 4. The teams are comprised of members from the 513th ACG, the 507th ARW, and several smaller units on Tinker that cannot support entire teams alone, including the 38th EIG. White defeated Gold, 20 to 0. Gold played a doubleheader, defeating 72nd MSS, 20 to 10. (Missing members include Scott W, Jay H, Scott B, Lloyd P, Ben Y, and Lauch M.)

Base Family Services' role for reservists expands

**By Staff Sgt. Andy Stephens
513 ACG Public Affairs**

The growing reliance on today's military reservists has resulted in the 72nd Air Base Wing's Family Services expanding its rules for both traditional reservists as well as reservists on orders. The new benefits for reservists include fair use of the Airmen's Attic, Loan Locker and Layette Program.

"Our Family Services program is primarily directed at active-duty personnel stationed in the local area or on base," said Bob Tollison, Family Services director, "but because our reservists are being activated more and more each day, and our own program has improved so much over the past few years, we now can help provide some relief to our local reservists."

Tollison said the ground rule is that a reservist must have written orders in hand to use the facilities, but adds that traditional (weekend only) reservists can come in on the Friday before the drill weekend for some items. For example, a reservist could borrow a futon and an ironing board from Family Services' Loan Locker if they wanted to spend the evening with friends. The member would be required to return the items on Monday morning or find someone willing to ensure the items get returned on time.

"If they live in the local area and need to borrow a particular item, we'll draw up a simple contract that guarantees that Family Services gets the borrowed items back in serviceable condition," said Tollison. "The traditional reservist can borrow items just for a weekend, but if a servicemember is on orders, then they can borrow items for up to two weeks. Whether their orders are for only five days at a time or for 31 days or more, we can help them if they live in the local area."

Most items from the Loan Locker must be returned within two weeks or before the end of orders, whichever comes first.

Some items, such as vacuum cleaners, are in short supply and can only be loaned for no more than two days at a time. Items cannot be loaned beyond two weeks without making prior arrangements with the Family Support Center's management.

Benefits to the reservist go beyond the loan of items from the Loan Locker. Reservists can also use the Airmen's Attic, where donated items are available to E-1 through E-6 members and their immediate dependents. Used clothing, toys, books, linens, kitchen and other household items are available as well as military uniforms. Unlike the loan locker, these items do not need to be returned, but all members are encouraged to take only what they need.

"This service is driven solely on donations and we want to support as many people as we can," said Susan Gamble, a volunteer for Family Services. "We encourage people to take what they need from the Airmen's Attic and keep us in mind when they feel charitable and want to return the favor someday. We accept donations of clothing that is in good condition and working or serviceable household items as well."

The Layette program provides a gift

bag containing an assortment of baby essentials for newborns and their parents. Among these items are blankets, diapers, baby bottles, hygiene items and other accessories. Gamble said the Base Chapel holds "anonymous" baby showers where volunteers donate the items that make the Layette Program possible. To receive a Layette package, members must bring in either a baby certificate or their newborn baby itself.

Both the Layette Program and the Loan Locker are open to all ranks. The Family Services office is located in Building 1, door 3. Their hours are 9 a.m. to 3 p.m., Monday through Friday. Family Services is always looking for volunteers and free daycare is available on a limited basis to those who participate. They can be reached via phone at 734-2747.

"Come in and talk to us," said Tollison. "Reservists need to know what their benefits are and we will try to help out every servicemember as best we can."



The used clothing area of the Loan Locker is available for those who need the items and they do not have to be returned.

KC-135 landing gear initiative largest improvement program in Air Force history

By Gary Boyle

Ogden Air Logistics Center Public Affairs

Air Force KC-135 Stratotanker brake systems will go from metal to lighter, longer-lasting carbon now that service officials approved a Hill-proposed initiative that saves nearly \$600 million during the next six years.

Dubbed the largest improved item replacement program in Air Force history, the new commercial rated brake system will not only last longer, but require less frequent maintenance, according to Capt. Adam Curtis, project program manager who estimates that approximately 99 percent of the savings comes from parts.

The new brake systems are being added because the last Stratotanker was delivered in 1965 and the 581 aircraft in service are beginning to show their age, Curtis said. Plus, the aircraft have undergone modifications and retrofitting, expanding their fuel storage area and gross weight liftoff abilities. Combining those factors, the current steel brakes are only good for 100 sorties, making brake replacement an annual event.

"The objective is to improve reliability and maintainability," Curtis said. "The carbon brake systems will last for 1,000 sorties, which is about 10 years of operation."

Additionally, Curtis said the new brake system, while fitting into the same spot at the steel brake, eliminates axle damage and is about 500 pounds lighter, meaning the tanker can carry more fuel and maintain stopping performance.

The new brakes will be retrofitted at Tinker Air Force Base, Okla. during program depot maintenance and all fleet aircraft

will operate with carbon brakes by October 2009, Curtis said.

French company Messier-Bugatti was awarded the supply contract, Curtis said, but after the initial delivery, scheduled for October of next year, 95-percent of the brake manufacturing will be performed at a plant in Kentucky.

"The new brake system will use components currently fielded by the C-17 Globemaster III. The performance re-

quirements for this brake are detailed and comprehensive with emphasis on system reliability and maintainability, incorporating commercial and military standards," said Ron Montgomery, lead engineer for the KC-135 landing gear. "Messier-Bugatti's risk management program initiated a prototype development test campaign during the design phase.

During months of testing, the developmental brake demonstrated positive results."

Each system has a fixed cost of \$13,150, or \$2,000 less than the steel brakes, Curtis said. They'll take approximately 20 to 25 hours to install, and each Stratotanker has eight brake systems which totals 4,648 systems to replace.

The workforce maintaining the KC-135 will experience a drop off in workload once the carbon brakes are installed, he said. Currently the more than 3,400 major maintenance actions per year the steel brakes require account for more than 54,700 direct labor hours.

Officials estimate the carbon brake retrofit will cut those maintenance actions to 342 per year, reducing required labor hours to 5,472, according to Curtis. This will allow the freed up workforce to be moved to other mission essential duties.

According to Senior Master Sgt. Steve Wright, 507th Accessories flight Supervisor, "A lot of time is spent on refurbishing brake assemblies. There are 8 brake assemblies per jet, each with 200 individually riveted pucks (brake pads) that

have to be removed. Then the assemblies are sand-blasted, go to Non-destructive Inspection to check for fractures, they're painted and then returned to the shop for reassembly



and riveting new pads back on."

"This is a constant process cycle," Wright said. "We generally refurbish 1-2 brake assemblies per week. We are very interested in seeing this new system and how well it does."

The KC-135 is scheduled to remain in the fleet until 2040. (Courtesy Air Force Materiel Command News Service)

Three first sergeant openings available

Applications for the 507th Civil Engineer Squadron, 507th Mission Support Flight, and 513th Operations Support Flight first sergeant positions are now being accepted.

An applicant review board will meet from 8:30 to 11 a.m. Saturday during the December drill to make a decision.

The listings below are the minimum qualifications and requirements for application per AFI 36-2113, AFMAN 36-8001, and the 507th SEA criteria:

1. Must be a volunteer for the first sergeant position.
2. A letter of recommendation from current supervisor endorsed by your commander or first sergeant, if commander not available.
3. Resume citing education (military and civilian), community involvement, self-improvement, leadership and managerial skills.
4. Be a Master Sgt. (E-7) or be eligible for promotion to Master Sgt.
5. Possess an AFSC at the 7-skill level.
6. Be a high school graduate or GED equivalent.
7. Have completed the NCO Academy (residence or correspondence).

8. Possess a minimum aptitude score of 45 ADMIN or 58 GENERAL.

9. Have ability to speak distinctly.

10. Be financially stable.

11. Meet minimum weight and body fat standards. Overall image should exceed minimum standards.

12. Selectee must attend AFRC First Sergeant Academy at earliest possible date, but no later than one year from date of assignment.

13. Meet a first sergeant's review/interview board made up of the Command Chief Master Sergeant and three first sergeants. The unit commander makes the final decision, but does not sit on the board. Board members should not be assigned to the same unit as the applicant.

14. Applications must be turned into Master Sgt. Robert Enriquez in the 507th Personnel Employment Office, no later than close of business on Dec. 2.

For additional information, call Command Chief Master Sgt. Robert Kellington or Chief Master Sgt. John Beasley at 734-5286 or Master Sgt. Robert Enriquez at 734-7493.

Aero clubs announce 'Start Flying' campaign

Air Force Services Agency aero club officials are inviting people to take advantage of the 'Start Flying' campaign beginning Nov. 1 and ending April 30.

The campaign is offered to active-duty and retired military, Department of Defense civilians and their family members who are interested in earning their private pilot's certification.

There are 23 participating aero clubs worldwide with skilled instructors, and well-maintained and equipped facilities, officials said.

The pricing is well below most general aviation instruction, officials said. Students may even qualify to use Veteran's Administration education benefits to minimize the cost for advanced ratings.

"This is a great opportunity for all (DOD-related people) to come see the benefits that the aero clubs provide for them," said Eric Treland, Air Force

aero club program manager.

Becoming a Federal Aviation Administration-certified pilot requires a minimum of 40 hours of flight training — 20 hours with an instructor pilot and 20 hours of solo flight. This does not include the ground school required to pass the FAA written test, which takes about 30 hours of classroom or individual study. "Since this is the 100th

year of aviation, now is a great time to come to an aero club, take an introductory flight and start working toward your dream of becoming a pilot," Treland said.

For more information, contact the nearest aero club or call Linda Weston or Annette Strapple at (210) 652-4945 or DSN 487-4945. (Courtesy of Air Force Services Agency)

JROTC drill meet judges sought

Southeast High School, located at 5401 S. Shields Blvd. in Oklahoma City, is seeking volunteers to assist with the Junior Reserve Officer Training Corp drill meet on Saturday, Dec. 6, from 8 a.m. to 4 p.m.

The multi-service event includes JROTC units from Oklahoma, Arkansas, Kansas, Missouri, and

Texas. There are normally between 40 to 45 high schools that attend this event. Several Air Force displays will be available at the school on Dec. 6 & 7.

People interested in helping should contact Lt. Col. Daryl Bodenhamer, Senior Aerospace Science Instructor at Southeast High School and coordinator for the event, at (405) 636-5027.

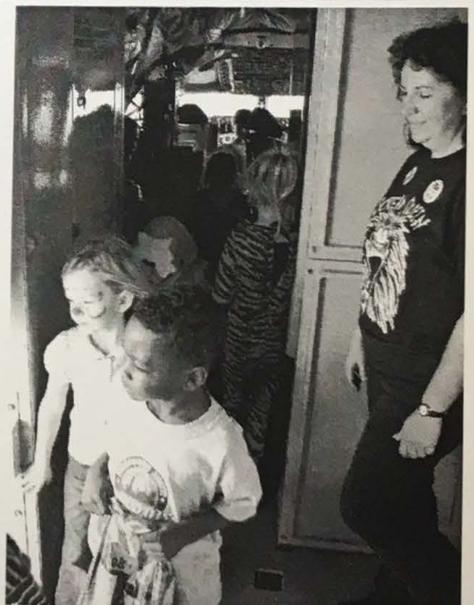
First Ever 507th ARW Fall Festival was a Success

The 507th ARW Family Support Cell organized an event to offer children a safe alternative to trick-or-treating. According to Master Sgt. Tina Proulx, Family Support, "On Thursday, Oct. 30th, we invited kids from the Tinker AFB Child Development Center, Youth Center, and the wing to come out here and tour the Reserve campus. "During their tour the children made several stops for goodies. When it was all said and done, we brought a smile to the faces of over 40 children."

"Although the Family Support office facilitated this event, we couldn't have

pulled this off without the help from the 465th ARS, 507th MXG, 507th AMXS, 507th MSG, and 507th ARW, said Capt. Adrian Mahone, Family Support financial coordinator. "The kids really enjoyed the lights, decorations, and candy, of course. Furthermore, I would like to rec-

ognize three individuals specifically for their efforts: Christa Gaston, Senior Airman Courtney Penn, and Master Sgt. Kathleen Lowman. These individuals took it upon themselves to help Family Support coordinate this event, making it a success.



Col. George Gorham celebrates final flight

by Staff Sgt. Andy Stephens
513th ACG Public Affairs

On Nov. 1, Col. George Gorham, 513th ACG vice commander, took his final flight on the E-3 Sentry. It was a fitting finale to a man who saw the Air Force Reserve's only AWACS unit through two activations, the most recent lasting for two years.

Gorham's last flight ended in the revival of an old aviation tradition, the "final flight shower." Originally done only with champagne, the shower dates back to World War I and symbolizes a "cleansing" of all issues. It assures the recipient that he now has nothing else to worry about and is a celebration of survival through an incident-free career.

Gorham began his military career in May 1970, commissioned as a second lieutenant through Baylor University's Reserve Officer Training Corps. Trained as a Forward Air Controller, he was assigned to the 21st Tactical Air Support Squadron, South

Vietnam, where he flew the O-2A and OV-10 out of Pleiku Air Base, DanNang and other installations in Southeast Asia.

After completing his tour in Southeast Asia, he returned to Texas, flying KC-135A refueling aircraft before separating from active duty in July 1978. Ten years later the Air Force Reserve would gain from his skill and expertise.

In September 1988, Gorham joined the 78th Air Refueling Squadron at Barksdale AFB, LA, flying KC-10 refueling aircraft. He entered the Air Reserve Technician program in January 1994. The unit moved to McGuire AFB, NJ, in October 1994, where he held the positions of Chief Pilot, Chief of the Combat Crew Training Section, and Chief of the Operations Group's Standardization-Evaluation Branch for the KC-10, C-141, and aeromedical evacuation units at McGuire. These skills would be important for fulfilling his next mission at Tinker AFB, that of the Director of Operations for the new

associate AWACS unit, in August 1997.

In November 1999, he became the squadron commander and assumed the position of vice commander in May 2002 while in the midst of the activation.

Over the course of his career, he logged more than 5,300 flight hours, more than 800 in combat.

"Colonel Gorham has been an invaluable asset not just to 513th ACG, but to both the Air Force Reserve as well as the AWACS community worldwide," said Col. James L. Kerr, 513th ACG commander. "He has served his country with distinction and it has been an honor to serve alongside a man of his caliber."

After retiring, Gorham said he'll be pursuing a civil service position, hoping to continue his record of national service.

"I want to spend some time with my family," said Gorham. "My lovely wife, Sharon, and my children Anna, Joel and Leah, have supported me through many deployments and assignments in the last 30 years and I want to spend as much time with them as I can. They have brought as much joy to my life as the people of the 513th ACG have brought me pride."



507th member presents recognition award to IBM Business Consulting Svcs.

On Oct. 15, Capt. Dave Neville of the 507th Operations Support Flight presented a recognition award to his employer, IBM Business Consulting Services, in Tulsa, Okla. Attending the presentation was his military supervisor, Lt. Col. Mark Rowland, as well as various members of Neville's current and former IBM teams.

During his seven-month activation, IBM supported Neville by providing a salary differential as well as continued health-care coverage. In addition, they paid to have Neville retrained into a new Project Manager role upon his return from active duty. IBM, the world's largest information technology company, is considered to be one of the top employers for reservists.

In honor of their support, the 507th flew a flag on an April 19, 2003 mission over Iraq. The flag was presented to IBM in a wooded case handmade by 465th boom operator Tech. Sgt. Frank Valley.



Pictured left to right, Rowland; Jim Taylor, IBM Six Sigma Deployment Manager; Rita Gunderson, IBM Information Delivery Manager; and Neville, 507th OSF and IBM Six Sigma Project Manager.



Red Ribbon Parade

The 507th ARW Recruiting Office, along with unit volunteers, supported the Red Ribbon Parade in Moore, Okla. on Oct. 25.

The annual parade is a nationwide event to promote a drug-free lifestyle for America's youth. According to Tech. Sgt. Gene Higgins, "We were very happy for the opportunity to participate in this event." In addition to driving the unit's new, decorated recruiting van and a Humvee in the parade, Higgins said unit volunteers were able to

pass out special giveaways to those in the crowd.

"We also want to express our thanks to Master Sgt. William Dean from the 507th Civil Engineer Squadron, for making all the arrangements for us to also drive a military Humvee in the parade," Higgins said. Parade participants included Tech. Sgt. George Stiltner, and SrA Paul Spence, also of the Civil Engineer Squadron, and Higgins' daughter, Kylee.

On-final R-News

Financial Peace coming

Unit members interested in learning how to become debt free and build wealth are invited to attend a special class to be offered on campus beginning with a free Nov. 18 orientation session.

Financial Peace University will offer the third session for the year here at Tinker.

According to FPU instructor Maj. Meredith Andersen, previous class participants learned solid life skill techniques which allowed them to pay off debts ranging from \$2,500 to \$5,300 and build a nest egg ranging from \$2,000 to nearly \$6,000, increasing their financial net worth from \$4,000 to \$10,000.

The 13-week, \$87 class will begin at 11:30 on Nov. 20.

According to Andersen, FPU is an entertaining and educational video series

developed by best-selling author and nationally syndicated radio personality, Dave Ramsey. It's designed to teach **singles, couples, and single parents** effective, time-proven principles to better manage all aspects of their finances..

For more information, contact Andersen at 760-8601 or log onto www.daveramsey.com and click on "Financial Peace University."

Angel Tree gifts for veterans

Veterans names are still available for those desiring to buy a gift for residents of the VA Home in Norman. Names and items requested are available in the Family Support Office at 734-6869.

Operation Holiday Spirit 2003

Collection boxes are located around the unit for canned food, toys (new or used), clothing (new or used) and cash donations to help several needy charities in the Tinker AFB and Oklahoma City area.

507th ARW Recruiters

Tinker AFB, OK

(In-Service Recruiter)
Master Sgt. Nathan Bickle
(405) 739-2980



Moore, Norman, OK

Tech. Sgt. Gene Higgins
(405) 217-8311

Midwest City, OK

Tech. Sgt. Marvin Greene (SE)
Staff Sgt. Sharon McQuitty (NW)
(405) 733-9403

Tulsa, OK

Master Sgt. Pam Peterson (NW)
Tech. Sgt. Richard D. Kozik (NE)
(918) 665-2300

Lawton, OK

Staff Sgt. Kamela Thigpen
(580) 357-2784

McConnell AFB, KS

Master Sgt. David McCormick
(In-Service Recruiter)
(316) 652-3766

Vance AFB, OK

Master Sgt. David McCormick
(316) 652-3766