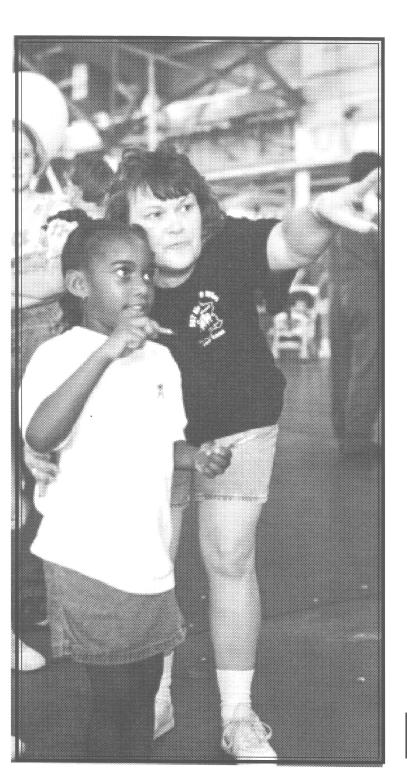


507th Air Refueling Wing - 513th Air Control Group M A G A Z I N E





Family Readiness



507th ARW Commander's Column

By Brig. Gen. Jack Ginge 507th ARW Command

Three sides to this story

I often speak about the interaction of family, civilian job, and the Reserve, and how, over time, we must keep these in relative balance. Call it a triangle of commitments, stresses, or whatever you like, but each leg of the triangle is connected to the other two and has an impact on each at one time or another.

On the family side, I recognize there are important family events in our lives that, at the moment they occur, require more attention than the Reserve, or even our civilian job. As these settle down, we can get our triangle more in balance.

I know it's not easy to share a spouse, son, daughter, parent or significant other with the Air Force on weekends and holidays. I also realize the two-week annual tours don't always come at the best time. While the Reserve can be a great second job, even a welcome first job at times, it can "get in the way" if we're not careful.

A supportive family that is understanding of their reservist's requirements and pressures is an essential ingredient in our triangle. There will be missed ball games, PTA meetings, school plays, and birthdays. How the family handles this will effect the reservist's future participation. We need to work through the short-term challenges so we don't make the wrong long-term decisions.

Our reservists are patriots doing what's best for our country – being citizen airmen. The Air Force Reserve gives this country the "biggest bang for the buck", and a fully manned 507th Air Refueling Wing will ensure this continues.



513th ACG Commander's Column

By Col. John Fobian 513th ACG Commander

The key element is communication

We spend a lot of time training to perform our wartime jobs, but have you taken the time to prepare your family for the possibility of you actually deploying for an extended period?

Remember, in the not so distant past, that the 513th ACG was activated by the Presidential Selected Reserve Call-up. The requirement to recall the unit was immediate and there were numerous details to be taken care of before leaving. Were you and your family ready?

The key element is communication. You and your family need to be informed on the mobility requirements of being a reservist. You also need to be aware of the help available to you and your family.

There are several agencies available to assist you and your family to be prepared for contingencies. Legal, medical, and financial assistance is readily available. Family support groups can aid you with the difficult emotional issues as well.

Please read this special edition thoroughly and share this information with your family. If there are any questions, pass those on to your first sergeant or commander. Don't wait until the call comes to deploy. Be Ready!

Chaplain's Corner

By Chaplain (1Lt.) Dwight Magnus 507th ARW Chaplains' Office

Our Family Readiness office provides each of us a great service. I appreciate their work with families and unit members before, during, and after deployments. I encourage each of you to take their suggestions, and make your own detailed plan of action.

In forming that plan, take time to consider the spiritual dimension. Keep these things in mind:

1) The Chaplain's office here, and at the deployed site, is a valuable point of contact, especially in times of an emergency.

- 2) Make sure your local church knows of your status, and length of your deployment. They will be a great source of encouragment and practical help on a daily basis.
- 3) As a family, sit down and share prayer requests with each other. Set up a specific time that, regardless of the miles and time zones, you will all be praying for the same things at the same time, to God who hears and answers.

I thank God for my family, and their support of my military service. I am thankful that I can leave their welfare, while we are separated, ulitimately, in God's hands.

"Be strong and courageous....for the Lord your God goes with you. He will never leave you nor forsake you." Deuteronomy 31:6

Volume 20, No. 1

February 2000

507th Air Refueling Wing Editorial Staff 507th ARW Commander- Brig. Gen. Jack Gingerich Chief of Public Affairs- Maj. Rich Curry Public Affairs Officer- 2Lt. Stan Paregien

On-final Editor- TSgt. Mitch Chandran

Staff writer- TSgt. Melba Koch Staff writer- TSgt. Tyrone Yoshida

<u>Unit Public Affairs Representatives (UPAR)</u> 507th Civil Engineer Sq.- MSgt. Tommy Clapper 507th Combat Logistics Support Sq.- SMSgt. Marie Johnson

72nd Aerial Port Sq.- SSgt. Robert Shahan
507th Mission Support Sq.- TSgt. Darryl Wingo
507th Aircraft Generation Sq.- TSgt. Carolyn Cowns
507th ARW Civilian Employees- Marilyn Trask
507th Medical Sq.- TSgt. Lonnie Royal
507th Security Forces Sq.- SrA. Donald Cantrell
465th Air Refueling Sq.- Capt. Ken Humphrey
507th Maintenance Sq.- VACANT
513th Air Control Gp. - 2Lt. Mechille Braden

This funded Air Force magazine is an authorized publication for members of the U.S. military services. Contents of *On-final* magazine are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, or the Department of the Air Force.

The editorial content is edited, prepared, and provided by the 507th Air Refueling Wing's Public Affairs Office, 7435 Reserve Road, Suite 7, Tinker AFB, OK., 73145-8726

All photographs are Air Force photographs unless otherwise indicated.

Copy deadline is NOON on UTA Sunday for the next month's edition.

This is your magazine. Take it home with you to share with family, friends, and employers.

On the covern



Photo by TSgt. Ty Yoshida

SMSgt. Shelia Russell, 507th ARW first sergeant, helps a youngster during the wing's Family Day last year. Family Day is one venue used by the 507th ARW Family Readiness Office to get one-on-one with family members and tell them about their services.



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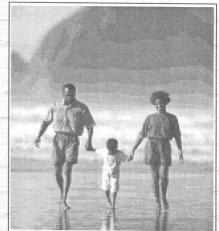
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Family Readiness information is too important not to get out using all available venues. For this reason, The 507th ARW Family Readiness Office has produced a website making this information available 24-hours a day with just a click of the mouse.

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OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE 1500 DEFENSE PENTAGON WASHINGTON, DC 20301-1500

SUBJECT: Guard and Reserve Family Readiness for the 21st Century

In partnership with the Deputy Assistant Secretary of Defense for Personnel Support, Families, and Education (ODASD/PSF&E), we have developed the following fact sheet titled "Guard and Reserve Family Readiness for the 21st Century." This fact sheet was designed to provide a basic overview of the Guard and Reserve and Reserve component family readiness issues.

Each Reserve component is being provided 500 copies of this fact sheet with a disk so they may print additional copies as required. The information contained in the fact sheet is also available on the Reserve Affairs home page.

You may find this information useful when you are discussing family readiness issues. It provides useful background for the Active components and is one more opportunity to educate the public about the ever-increasing role of the Guard and Reserve.

Charles L. Cragin
Principle Deputy Assistant Secretary

"We could not maintain our military without the Guard and Reserve. It would be cut in half. We couldn't do the job in Bosnia, we couldn't do it in the Gulf, we couldn't do it anywhere."

-- Secretary of Defense William S. Cohen

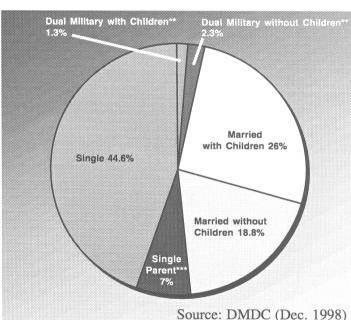
Preparing Reserve Families for Mobilization

Families are essential when it comes to readiness and mission support. As the saying goes, "We recruit the members and we retain the families." Guard and Reserve families face special challenges in adjusting to military life, especially during activation.

When Guard and Reserve members are called to active duty, their families need timely information and accurate answers that address their needs and concerns. In some instances, Guard and Reserve families are unable to get information or family-related services due to geographic separation from military installations.

In fact, some 245,000 reservists live more than 50 miles away from the nearest active duty military base. Some families might not know where to turn for help when a family member is deployed. They may not even know assistance is available. In many cases, family members need ID cards that give them access to medical care, commissary privileges, and other important services. Other Guard and Reserve families have never heard the terms CHAMPUS, TRICARE and SGLI. In order to minimize hardships and promote the readiness of our Total Force, we must educate our military families *before* contingencies arise.

Marital and Parental Status of Reservists*



- * Reservists include Selected Reserve, Active Guard and
- ** Dual military represents reservists married to active duty or other reservists

Reserve, and Individual Ready Reserve

*** Single parent represents reservists who are not married and who have children reported as dependents in the Defense Enrollment Eligibility Reporting System (DEERS)

Published by The Department of Defense Office of Family Policy in conjunction with the Office of the Assistant Secretary of Defense for Reserve Affairs. Reproduction of this document is authorized.

Reserve Component Family Readiness Initiative

Although substantial progress has been made to disseminate information and provide referral assistance to Guard and Reserve families, much work remains to be done. Within the Department of Defense, the Office of the Assistant Secretary of Defense for Reserve Affairs and the Deputy Assistant Secretary of Defense's (Personnel Support, Families and Education) Office of Family Policy have developed a partnership to respond to the quality-of-life needs of Guard and Reserve members and their families. The Reserve Component Family Readiness Initiative will accomplish the following:

> Emphasize Reserve component family readiness as an integral part of Total Force readiness

> Identify existing Active and Reserve component family readiness resources available to Reserve component families

> Develop a Reserve component family readiness strategic plan which addresses the unique circumstances of Reserve component families

Family readiness planning has now been formalized within the Department of Defense. For the first time, Reserve component families are included in family readiness programs and planning at the Secretary of Defense level. The military services evaluate, as part of their routine procedures, family readiness as it affects the Reserve components. Most Guard and Reserve units have identified, or are in the process of establishing, a single point of contact for information, referral services and other family needs.

Challenges for Future Family Readiness

Several challenges must be overcome if we are to achieve family program integration within the Total Force:

21st Century Challenges

- Enhance Guard and Reserve participation in Total Force family policy planning and decision making processes
- Develop a formalized process to disseminate family-related information policies and guidelines to all families
- Advance the integration of family readiness and mobilization training between Active and Reserve components on national, regional and local levels
- Encourage commands to formally evaluate family readiness as a vital part of mission readiness
- Increase access to family centers for all Guard and Reserve families
- Increase access to base and MWR facilities on active duty installations for Guard and Reserve families
- Expand membership and provisions for Interand Intra-service family program training and resource development.

The National Guard and Reserve: Critical Contributors to the Total Force

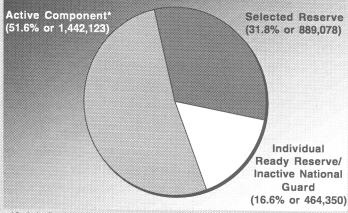
There are seven U.S. military Reserve components: The Army National Guard, Army Reserve, Naval Reserve, Marine Corps Reserve, Air National Guard, Air Force Reserve, and Coast Guard Reserve.

The purpose of these Guard and Reserve forces is to provide combat-ready units and individuals to the nation's military forces when necessary. Their missions vary in accordance with the requirements and needs articulated in the National Military Strategy.

Half the Total Force

The nearly 1.4 million men and women who serve in our Ready Reserve comprise one-half of our Total Force; and they are an integral part of that force. We cannot undertake sustained military operations anywhere in the world without them. Since the end of the Cold War, Guard and Reserve forces have served in support of contingency operations in

the Persian Gulf, Somalia, Haiti, Bosnia, Southwest Asia, and Kosovo. Total Force Composition



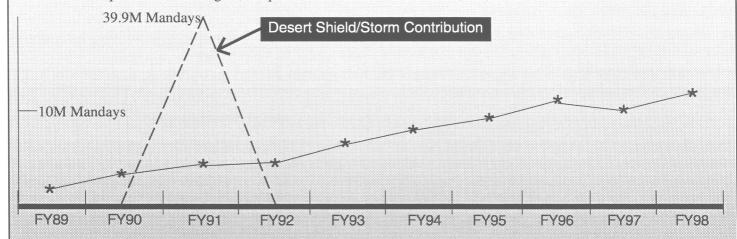
* Includes Service academy students and the Coast Guard

Source: Reserve Component Common Personnel Data System: 1998 DD-RA Year End Report

Increased Use of Reserve Forces

Today's Guard and Reserve forces are making vital contributions on a daily basis around the globe. Over the past three years, for example, the Guard and Reserve have contributed nearly 13 million mandays of support annually to total force missions --the equivalent of adding 35,000 personnel to the

active force, or two Army divisions. About 900,000 selected reservists are performing their military service in more than 4,100 communities throughout the nation, while another 460,000 individual ready reservists are highly trained and available for recall to military service in the event of war or national emergency.



Source: Office of the Assistant Secretary of Defense for Reserve Affairs (OASD/RA)

These facts and figures help demonstrate that America's Guard and Reserve are operating effectively in today's strategic environment. They are being called upon in more cases and more places than ever before. This chart depicts the increasing contributions of the National Guard and Reserve to total Department of Defense missions.

In the post-Cold War era, we have come to rely heavily on our National Guard and Reserve, not just as Reserve forces in waiting but as critical contributors to the work of the Total Force. Every day around the globe thousands of active duty men and women in uniform risk their lives and make tremendous sacrifices in the national interest. Increasingly, reservists are there alongside, serving extended tours away from their homes, families, and jobs. These absences present tremendous challenges to reservists and their families. The Department of Defense continues to seek new ways to reach out to Guard and Reserve families and is working hard to minimize the disruptions and hardships associated with Reserve component service.

Thanking Our Family

CMSgt Bob Kellington 507th ARW Command Chief Master Sergeant

Many of us have asked ourselves "How can I thank my family for being there for me and how could I ever make it up to them for all of the family functions missed while I prepare to defend our country?"

The only way we can make it up to them is to ensure that they are aware of the services that are available to assist in getting them through these trying times. How do we do this?

It's easy! The 507th ARW Family Readiness Office has taken the steps to explain and possibly remedy some concerns in their *Family Readiness Brochure* available in the 507th ARW Family Readiness Office or call them at 734-

6869. This brochure will provide them with the names and phone numbers of the personnel to contact when a need arises. It is imperative that our families understand that they are not alone.

We must prepare our families as we prepare ourselves when we are called. When our families are prepared, it helps to alleviate some of the stress we my have while meeting our mission requirements. Also, following the information given in this brochure can bring a peace of mind. Drop by or call the Family Readiness Office if you have any questions. May we always be "Forever Ready Always There."



SMSgt. Shelia J. Russell



MSqt. John W. Glover



TSgt. Jermaine D. Boyd



SrA Marvin J. Hudson

507th ARW's best for 1999

MSgt. Shelia Russell, first sergeant for the 507th ARW, is

responsible for the morale and welfare of the 507th Air Refueling Wing (ARW).

She was accredited for initiating the Wing 90 Percent Club as a recognition program for wing members scoring 90 percent or higher on End of Course Exams. She is also a member of the curriculum review for the Air Force Reserve Command (AFRC) Leadership and Development program. She was instrumental in editing and rewriting the program and chosen to pilot the program at the field level. Russell also facilitated, trained, and evaluated for the Headquarters (HQ) AFRC Senior Leadership Program.

She is a member of the Air Force Association (AFA), Air Force Sergeant's Association (AFSA), Tinker Top Three, 507th Top Three Organization, and was elected and served as chapter leader and Vice President Take Off Pounds Sensibility (TOPS). Russell is also a five-time recipient of the Super Saxon Award from NCOA

Russell is widely known throughout the wing as an example of what a "quality" Air Force Reservist should be. She sets the standard for all wing personnel to emulate. With her busy civilian and military schedule, she finds time to assist with wing recruiting efforts as well as helping out in her community as much as possible.

Sgt. John W. Glover, 507th AGS aircraft maintenance

specialist, is recognized as a superb senior NCO. He ensures prudent, economical use of resources at the alert ramp and also on the 507th ARW's flight line. He is a highly motivated and hard working individual whose efforts are displayed by his superior performance.

His duties include coordinating flight line personnel and shop support personnel to flow as a complete unit, improving the speed and accuracy of maintenance for aircraft mission requirements.

Glover has successfully completed the NCO Academy correspondence course. He has also obtained a commercial pilot's license and an A&P mechanics license, along with improving himself through higher education.

His willingness to go the extra mile has been evident when he took the responsibility of organizing the squadron's Family Day and cook-out and encouraged inter-squadron sport activities. He also actively participates in squadron fund-raising events, professional events, and encourages younger troops to "get involved," either professionally or socially in all squadron functions. Glover is a positive representative of the Air Force who stands above contemporaries in personal commitment to professionalism and excellence.

Sgt. Jermaine D. Boyd, 507th ARW Noncommissioned

Officer of the Year, is a Guidance and Control Systems Technician with the 507th AGS. He is viewed by his peers as a superior performer as an integrated systems mechanic and shop equipment account manager. Boyd is an invaluable technician. For example, he found a problem with the Global Positioning Power Supply transformer for the KC-135 aircraft and rectified it, saving the Air Force more than \$5,000 in repair costs and a visionary manager who is always looking for ways to save the Air Force money.

He also initiated a cost per repair chart to alert members of his shop the cost to repair high failure items, saving the Air Force \$235,000 recently. Boyd developed a complete flight director "mock-up" and test procedures for operational checks of aircraft components in the shop, saving countless hours of trouble-shooting faulty equipment from the unit's supply section.

Boyd attended the United States Air Force Non-Commissioned Officer Academy and finished as a Distinguished Graduate. He

Continued on Page 8. See "WINNERS."

Competes at Air Force level

Yocum gets AFRC level Training Manager award

M Sgt. Jason Yocum,

By 507th ARW Public Affairs Office

training manager for the 507th Combat Logistics Support Squadron (CLSS), was awarded the unit level Air Force Educa-



tion and Training Manager Award from Air Force Reserve Command. He, along with other award winners, will represent the command at Air Force level.

Yocum coordinates, manages, and schedules ancillary and skill-level training requirements for 148 personnel in 12 different career fields, including Special Experience Identifiers.

He also initiated the first Air Force Reserve-wide meeting /workshop for Reserve CLSS Training Managers at Headquarters Air Force Reserve Command (HQ AFRC), Robins AFB, Ga. Over a three-month period, Yocum orchestrated all logistics and planning for the May 1999 workshop at HQ AFRC, attended by representatives from six Reserve CLSSs, three Numbered Air Forces, and 2 major commands. He initiated and coordinated a follow-on meeting with the same representatives in August 1999, hosted by 507th CLSS.

Yocum was accredited with identifying and correcting shortcomings in training status code reporting for individuals high-time in training and upchanneled a conflict between Air Force and Air Force Material Command instructions regarding Reserve CLSS small arms training.

Among other accomplishments, Yocum streamlined his squadron's monthly training bulletin, saving more than \$300 per

month in printing and mailing costs. He also developed Team Chief folders, providing specific training information for each drill weekend. He is accredited for developing an End of Course (EOC) exam checklist to reduce Career Development Course failure rates.

Yocum currently has an Associate of Science degree in Health Psychology and is currently a few hours from receiving his Community College of the Air Force associate's degree in education and training.

Yocum's dedication to his unit and the Air Force is evident during his participation in four Headquarters Fourth Air Force Action Workout Groups producing several training management initiatives throughout the Fourth Air Force logistics community.

WINNERS Continued from Page 7.

is also pursuing a bachelor's degree in Electronics Engineering Technology, after successfully completing his associate's degree in Engineering Technology.

SrA Marvin J. Hudson, 507th ARW Airman of the Year, is

a personnel specialist with the 507th CLSS. He is viewed by his peers as a self-starter and needs little or no supervision once given an assignment. He actively pursues training through the 72nd Mission Support Squadron, Tinker AFB, Okla.

He has attended the UTAPS32 training and the Internet Web Page Training course to improve his knowledge and skills with computers. Hudson is eager to accept challenging assignments and demonstrates a strong personal commitment to the squadron and the Air Force Reserve. He has also volunteered to participate in the newly formed 507th Air Refueling Wing's Honor Guard.

Hudson participates frequently in staff development workshops and classes for civilian occupation as an Oklahoma City School District teacher.

Hudson has successfully completed and was awarded his 5-level.

He also helped plan and participate in a medical and humanitarian relief mission trip to Rio Bravo, Mexico, bringing medical and pharmaceutical items and aid to residents there.

He has planned and implemented a recruitment program that has successfully increased member attendance and participated in the planning of fund raisers to support the for mission trip to Mexico. He is viewed as instrumental in planning and organizing of church workdays project of repairing and painting the Goodrich United Methodist Church. He is also Vice-president of Goodrich United Methodist Church Men's Group, an active participant in church chime choir, and a participant in summer staff planning project for Shields Heights Elementary. He is also a grade level chairman at Shields Heights Elementary. During his off-duty time, he is Fourth grade teacher at Shields Heights Elementary School.

NCO Academy In-Residence

Listed below are the FY NCO Academy In-Residence class dates: A letter of recommendation from your unit commander must be forwarded to 507 MSS/

DPMT not later than 60 days prior to class start date:

Class	Quotas	Dates	Location
00-4	1	000404-000511	Tyndall AFB, Fl
00-5	1	000522-000629	Tyndall AFB, Fl
00-6 00-7	1	000731-000907	Tyndall AFB, Fl
00-7	1	000918-001026	Tyndall AFB, Fl

4AF SENIOR NCO LEADERSHIP DEVELOPMENT COURSE

19-20 March 2000 at Wright-Patterson AFB, OH 23-24 September 2000 at Selfridge ANGB, MI Please submit your name to MSgt Cain in DPMT, x 47075

TUITION ASSISTANCE FOR DISTANCE LEARNING

Reserve members are eligible to apply for Tuition Assistance (TA) for
Distance Learning to further their education up to a Bachelor's Degree (members who
have a Bachelor's Degree are eligible to pursue a second degree).

The basic
enrollment requirements are that, you must:

- Pay for the course up-front and after satisfactory completion, be reimbursed 75% (tuition only) per course, not to exceed \$1500 per FY.
- Enroll in only 1 course at a time, using the institutions listed in one of the three DANTES catalogs.
 - Be a participating member in good standing (no UIF, Article 15, etc.).
 - Complete enrollment form and have unit commander's approval.

For more information contact SMSgt. Epps in the MPF Education & Training Office at 734-7075.

FREE COLLEGE TESTING

Air Force Reserve members, spouses and civilian employees may take DANTES Subject Standardized Tests (DSSTs) or the College-Level Examinations Program (CLEP) tests FREE! The DSST and CLEP programs consist of a series of examinations that test college-level knowledge you may have gained through your job, reading, travel, or hobbies. Combined, the programs offer you more than 85 ways to get college credit. You must test at your Reserve DANTES approved test center. Testing at another DANTES test center will be on a case-by-case basis. The third Tuesday of each month at 0800 has been set aside for testing. You must call us four weeks prior to test date to ensure we will have your test by test date. Some tests are stocked while others must be ordered. For more information contact SMSgt. Epps in the MPF Education & Training Office at 734-7075.

TINKER AFB Airman Leadership School (ALS)

Reservists have now been provided the opportunity to attend the Tinker AFB Airman Leadership School (ALS). The purpose of the school is to (1) Prepare SrA to become effective supervisors (2) Modify SrA's values to appreciate the Profession of Arms (3) Develop SrA's knowledge of Leadership, Followership, Communication, and Team Development. The course length is 24 academic days/189 hours. Students will be awarded 8 semester hours through CCAF upon completion of ALS. You must have 48 months time in service. This course requires a great deal of commitment on the part of individuals selected - time away from job and study. Interested individuals should contact their unit training manager or MSgt. Cain in wing training.

 00D
 00E
 00F
 00G

 6Mar - 6Apr00
 24Apr - 25May00
 9Jun - 13Jul00
 18Aug - 21Sep00

HOT TOPICS:

CDC Testing is accomplished at 0750 on Sundays of the (main) UTA. You do not have to schedule it, just be there NLT 0750 at Bldg 460 (the active duty HO), Room 213. You need to enter through the South East corner door. If you cannot make it, our Education office also tests on Wednesdays. You DO need to schedule this one 24 hours in advance Important note: If you are retaking a test, make sure you bring the Commander's evaluation/authorization letter with you or you will not be able to test. If you are testing for Course 5A. please call DPMT at extension 47075 at least two days prior to the UTA.

✓ EDUCATION REMINDER:

This is just to remind everyone who wishes to update their Education Records, officer and enlisted, that we need OFFICIAL Transcripts to send or accomplish any updates. This means that it CANNOT say "ISSUED TO STUDENT." You may have the college/university send it, we can request it, or you may bring it in as long as it is in a sealed envelope with a SEAL on the flap AND it does not say "ISSUED TO STUDENT."

✓ Pass and ID Hours of Operation: 1200-1600 on Saturdays of the UTA.

(CGOLD) Company Grade Officer
Leadership Development Program theme:
"See Gold" in the rank of Major.
Formerly known as the Lts Mtg. 1100 to
1300 in the 513 ACG Conf Room.

✓IEU OPEN FROM 1200-1500 ON SATUR-DAY OF THE MAIN UTA.

FY1999/2000 UTA Schedule

05-06 Feb 00 03-04 Jun 00 04-05 Mar 00 15-16 Jul 00 01-02 Apr 00 05-06 Aug 00 06-07 May 00 09-10 Sep 00

as of 14 Jan 2000

Bldg 1043, CC Conf Room Bldg 1043, TNET Room Bldg 1030, CLSS Conf Room As Designated by Unit	Bildg 1030, Classroom 1 Bildg 1043, Room 206 CC Conf Room To Be Determined Bildg 1043, Conf Room Bildg 1043, Conf Room Bildg 1043, Conf Room Bildg 1043, General's Office Bildg 1043, General's Office Bildg 1043, General's Office Bildg 1043, Classroom 1 Bildg 1043, Room 101 As Designated by Unit Bildg 1043, TNET Room Bildg 1043, TNET Room Bildg 1043, TNET Room Bildg 1043, Classroom 2 Bildg 1043, Classroom 2 Bildg 1043, Classroom 1 Bildg 1066, OG Conf Room To Be Determined Bildg 1066, OG Classroom 1 To Be Determined Bildg 1043, CC Conf Room AWACS Auditoriium Bildg 1043, CC Conf Room OPS Briefing Room As Designated by Unit As Designated by Unit
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Fri, 03 Mar 2000 1300 Pre-U 1430 Pre-U 1600 Top 3 Sat, 04 Mar 2000 As Designated Sign	by Unit 0730-0930 Newco 0730-0900 Wing' 0900 6th mo 0900 6th mo 0900-1000 Newco 1000-1130 Newco 1000-1130 Newco 1300-1400 Newco 1300-1400 Adver: 1400-1500 As Designated Sign Ic by Unit 0730-0800 O730-0800 O730-0800 O730-0800 O730-0800 O730-1115 O730-1115 O730-1115 O730-1115 O730-1115 O730-1115 O730-1110 O7
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Fri, 04 Feb 2000 1300 Pre-U 1430 Pre-U 1600 Top 3 Sat, 05 Feb 2000 As Designated Sign	•

EDUCATION

Air Force Reserve members wishing to take the ACT, SAT I, RCEP, GRE, GMAT, PRAXIS, or LSAT contact **SMSgt. Epps** in the MPF Education & Training Office at 734-7075.

OFFICER PME, JOLDS OR ANY SPECIAL OFFICER COURSES Contact MSgt. Dennis Cain at 734-7075

Newcomers Ancillary Training

Newcomers Ancillary Training Phase I & II are conducted **monthly** in Bldg 1030, Classroom 1 (Room 217). **Unit training managers are responsible for ensuring their new personnel are scheduled to attend** within 90 days of their first UTA. If you have any questions, contact the MPF Education & Training Office at 734-7075.

		Phase I	
	Time	Subject	OPR
Saturday	1330-1400	Security Awareness (C4 SATE)	CF
Saturday	1400-1500	Drug and Alcohol	SG
Saturday	1500-1530	Local Conditions-Traffic	SE
Saturday	1530-1630	Human Relations	SA
		Phase II	
Sunday	0730-0800	Base Populace	CEX
Sunday	0800-0930	UCMJ/Ethics	JA
Sunday	0930-0945	IG Briefing	IG
Sunday	0945-1045	Counter Intel/Protection	SP
		from Terrorism	

UCMJ Briefing:

All enlisted personnel are required to have the UCMJ briefing within two UTAs of their first reenlistment. This briefing is held during Phase II of the monthly Newcomers Ancillary Training at 0800 on Sunday of the UTA in Bldg 1030, Classroom 1.

Ethics Briefing:

All reserve personnel are required to have the DOD Ethics Briefing within 90 days of reporting for duty. This briefing is held in conjunction with the UCMJ briefing during Phase II of the monthly Newcomers Ancillary Training at 0800 on Sunday of the UTA in Bldg 1030, Classroom 1.

Disaster Preparedness:

Unit Training Managers must schedule Chemical Warfare Training, by name, at least one UTA prior to the requested dates by calling CEX at 734-4460. All personnel must bring a complete training ground crew ensemble (GCE) including the mask and its hood to all classes. Those attending Initial must be prepared to process through a tear agent chamber. Wear of contacts is prohibited in all classes. Anyone arriving late, without a complete GCE with mask, or wearing contacts, will be released back to their unit and reported as a no-show.

Drug Testing: You must report within two hours of notification.

Record of Emergency Data (DD Form 93)

This is the single most important source of information within your personnel record for dependent data and notification of next-of-kin in an emergency. If data is incomplete or incorrect, the Air Force cannot extend dependent benefits, nor can proper and timely notification can be made in the event you become injured or die on duty. You are the only one who can update this record. If any information is in error or out of date, see the people in the MPF Customer Svc Ofc

BAQ Recertification Deadlines

If your SSAN ends with a 4 or 9 you have until 30 Apr 2000 to recertify your BAQ or have it terminated. Please see your Unit BAQ monitor to complete the AF Form 987. 507th Pay sends the list to Unit BAQ Monitors who must return the list complete with all recertifications to the Military Pay Section. NOTE: If you don't have dependents, you do not need to recertify.

Military Pay

File for	Receive Direc
pay by:	Deposit by:
03 Feb	13 Feb
10 Feb	20 Feb
15 Feb	23 Feb
17 Feb	27 Feb
25 Feb	05 Mar
29 Feb	08 Mar
02 Mar	12 Mar
09 Mar	19 Mar
14 Mar	22 Mar
16 Mar	26 Mar
20 Mar	29 Mar
28 Mar	05 Apr
30 Mar	09 Apr
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This publication is brought to you by your friendly MPF Education and Training staff. If you need assistance or have suggestions on how we can improve our service to you, please call us at (405) 734-7075, or stop by our office in Bldg 1043, Room 206.

Editor:

SMSgt. Sharlotte A. Epps, Chief, Education & Training (ART)

Assistant Editor:

MSgt. Dennis O. Cain, Asst. Chief, Education & Training (ART)

Contributing Editors:

TSgt. Sharon Lochman, NCOIC, Schools and OJT (ART) SSgt. Melanie E. Cherry, Education and Training Advisor SSgt. Ronnie Harwood, Education and Training Advisor Mr. John Baker, Education and Testing Services Advisor

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			507 ARW/CC Staff Meeting				
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			507 ARW/CC Staff Meeting				
27	28	29	30	31			

Civil engineers, units win command awards

ROBINS AIR FORCE BASE, Ga. - Eleven civil engineers and two units won Air Force Reserve Command CE awards for Fiscal Year 1999. Seven of the individuals are also representing the command in Air Force competition.

Headquarters AFRC at Robins AFB announced the command winners Nov. 29. They include the following:

- · Unit 927th Civil Engineer Squadron, Selfridge Air National Guard Base, Mich.
- · Unit (runner-up) 932nd CES, Scott AFB, Ill.
- · Reserve officer Maj. Joseph H. Roy, 315th CES, Charleston AFB, S.C.
- · Reserve fire protection manager CMSgt. George L. Herrington, 403rd CES, Keesler AFB, Miss.
- · Reserve fire fighter SSgt. Timothy A. Murdoch, 916th CES, Seymour Johnson AFB, N.C.
- Air Reserve Technician MSgt. Ingred D. Bralley, 507th CES, Tinker AFB, Okla.

"She is the glue that holds this organization together," says Maj. Renee Lane, 507th Civil Engineer Squadron commander, referring to the recently named Air Force Reserve Command Civil Engineer Air Reserve Technician for 1999. "Sergeant Bralley is one of those 'above and beyond' airmen we all can count on to make things happen," the commander added.

In winning this award, Sergeant Bralley was cited for her many contributions supporting the CE squadron. She was cited as "a key player, a flawless performer, an expert logistician and consummate professional who is also innovative and creative, and one who is always thinking 'outside the box.'"

Representing AFRC in Air Force competition

- Senior Master Sgt. Gerald J. Stryzak Award 514th Explosive Ordnance Disposal Flight, McGuire AFB, N.J.
- · Civilian manager Carl Slye, 482nd CES, Homestead Air Reserve Station, Fla.
- · Civilian technician Ruthie A. Steele, 482nd CES, Homestead ARS
- Maj. Gen. William D. Gilbert Award (civilian) John J.
 Glover, Headquarters AFRC/CE, Robins AFB
- · Maj. Gen. William D. Gilbert Award (military) Capt. Joshua Christian, Headquarters/CE AFRC, Robins AFB
- Military superintendent Master Sgt. Tonya R. Blythe,
 315th CES, Charleston AFB
- Society of American Military Engineers Goddard Medal (reserve member) - Tech. Sgt. Naomi L. Gabriel, 433rd CES, Kelly AFB, Texas. Gabriel was also named the command's top enlisted reservist. (AFRC News Service)

AFRC News Summary

This summary is intended to give the reader a brief look at some Air Force Reserve issues and recent events.

C-130 crews fly disaster relief missions to Venezuela

ROBINS AIR FORCE BASE, Ga. - Air Force Reserve Command and active-duty C-130 crews deployed to Puerto Rico provided humanitarian assistance to flood victims in Venezuela in mid-December.

"Flying out of Puerto Rico is actually better than if we were still based in Panama," said Lt. Col. Peter Kehoe, a mission commander for the Reserve's Coronet Oak rotation based at Muniz Air National Guard Base, Puerto Rico. "It takes two hours to get to Venezuela from here but it would take another two hours from Panama."

Guard and Reserve C-130 units had flown U.S. Southern Command's Coronet Oak missions on a rotational basis from Howard AFB, Panama, since 1977. The Panama Canal Treaty of 1979 mandate the permanent withdrawal of U.S. forces from Panama and return of full control of the canal to Panama which occurred at the end of 1999. As a result, the Coronet Oak operation moved to Muniz in May.

Air Force Museum to receive pieces of Berlin Wall

WRIGHT-PATTERSON AIR FORCE BASE, Ohio - A C-141 Starlifter aircraft from the Air Force Reserve Command's 445th Airlift Wing returned here Dec. 21 with four pieces of the Berlin Wall.

The sections of the wall are slated for display at the U.S. Air Force Museum in Dayton as part of its exhibit on the Cold War. Each piece weighs 700 pounds, and is approximately 12 feet high, 4 feet wide and 2 inches thick with an 18-inch thick base. Two sections of the wall fit onto a double-sized C-141 aircraft pallet.

The Reserve crew also transported a small East German vehicle, known as a Trabant, and spare aircraft parts from Rhein-Main Air Base, said Tom Brewer, museum airlift coordinator.

On-final Feature

Family Readiness website available for Reservists, families

By TSgt. Mitchell B. Chandran 507th ARW Public Affairs Office

The 507th Air Refueling Wing (ARW) sponsors a Family Readiness website for family, friends, and members of the 507th ARW and 513th Air Control Group.

The Family Readiness website is listed in the index of the 507th ARW's homepage, providing information on preparing for deployments, handling emergencies, to coping with a variety of daily situations.

To get to the 507th ARW's homepage, type www.tinker.af.mil [on or off base] in the address block of an internet browser. The 507th ARW's homepage is listed under the heading of Major Organizations.

The front page of the Family Readiness website (seen opposite page) lists all pertinent information for members preparing to deploy, already deployed, or anyone in the family needing information, and is available on the Internet with just a mouse click, 24 hours a day, year round.

The value of this website is immeasurable. All types of information from news stories to a listing of local help line phone numbers can be easily located in this site.

The 507th ARW Family Readiness Office has a direct telephone number available to Reservists, spouses, family members, and friends with questions or seeking more information.

1-800-753-3487

During drill weekends, Family Readiness personnel can be reached at 734-7963.

Under "Local Contacts" other significant help line phone numbers can be found in the Family Readiness website, such as:

Contact 848-2273 Help Line

Business Office 840-9396 P.O. Box 12832 Oklahoma City, Okla. 73157

How can CONTACT help?

Every day of the year, 24 hours a day, Contact Helpline volunteers answer calls from people who are feeling troubled, lonely, desperate, helpless, and sometimes even suicidal.

Rape Crisis Center 943-RAPE (943-7273)

Business Office 948-1770 YWCA Crisis Intervention Services

2460 N.W. 39th Street OkC, OK 73112

How can the RAPE CRISIS CENTER help?

They have a 24-hour rape crisis line for support, information, and referrals. Hospital advocates to meet with rape victims coming into hospitals for examination. Community education about the crime of rape, the needs of the victim, rape avoidance, and prevention.

Parent's Assistance Center 232-8226

Business Office 232-8226 415 N.W. 5th Street OkC, OK 73102

How can PAC help?

Telephone crisis intervention, information, and referral are available during office hours 8:30 a.m. to 5:00 p.m., Monday through Friday. In home, paraprofessional, parent aide services are available, on a limited basis, to families referred by PAC staff or other agencies. Individual counseling is also available, on a limited basis, at the request of client or staff. Red Cross car seat rental. Parenting groups and groups for survivors of sexual abuse. Children's groups and some individual counseling with strong emphasis on Sexual Abuse.

The Salvation Army 270-7855

Business Office 270-7855 501 South Harvey OKC, OK 73109 How can The salvation Army help?

They provide immediate help in crisis situations. Each day thousands of individuals are fed at the Army facilities. Pregnant teenagers, distraught and alone, find help and understanding. The homeless are sheltered. Marriages at the point of ending get the counseling they need to help them through a crisis.

These are just a few local contacts listed in the family readiness website.

Another feature product in the website is the web-based version of the 507th ARW's Family Member's Deployment Guide. This guide offers information on preparing for deployments and leaving your loved ones behind, children and deployment, coping with seperation, resources, financial information, and much, much more.

Other amenities contained in the website are family oriented stories written by the 507th ARW Family Readiness Office staff members. Many stories are targeted not only toward Reserve members, but spouses and children of families. The following story can be found on the Family Readiness website.

Just Not Enough Time

By TSgt. Darryl Wingo 507th ARW Family Readiness Office

It seems there is never enough time. We go through our day-to-day living never feeling we have enough time to do all that we need to do. We often feel parts of our life's goals are not being met because other goals are accounting for all our time. Well, we won't receive more than 24/7. We must find ways to enhance our day-to-day living to relieve some of the stresses that touch all of us.

Too often, family is the part of our lives that gets less attention when time pressures gets the best of us. We believe that family will always be there for us and there is no urgency in putting in the necessary time. Our minds play tricks on us by making us think we will get to family matters tomorrow or later on. We take our families for granted.

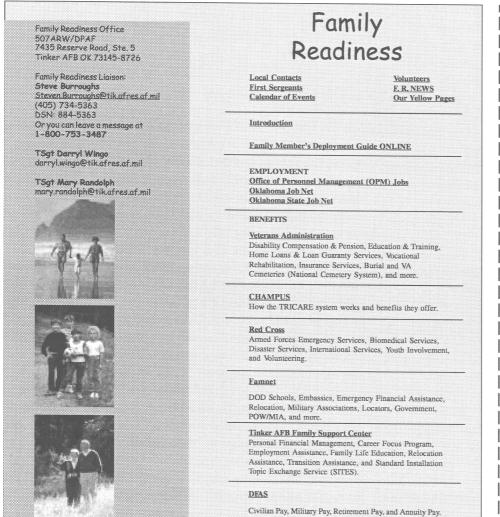
No person can make it in this world alone. No person has ever succeeded without help from someone. The family is a key ingredient in being fulfilled at work, home, worship, or anywhere else. Without the love of family, we cannot reach our full potential. Family is the foundation from which we build our branches to other parts of our lives. But yet, we are willing to subordinate family to jobs, extra-curricular activities, and anything else that appears important at the time.

Family is the key to a strong and vibrant military force that makes it a key to a strong and vibrant you. Let's be sup-

portive of strong and vibrant families and put them on the top echelon where they belong.

On-final

Your Family Readiness staff, Steve Burroughs, TSgt. Darryl Wingo, and TSgt. Mary Randolph are located in Bldg 1043 in the basement. We want to do all we can to enhance the family relationships and the readiness of the 507th ARW. Our number is (800) 753-3487, 24 hours a day. During the week (405) 734-5363 or DSN 884-5363. On UTA's, 734-7963 will put you in touch with us. You may visit our website at www.tinker.af.mil, then go to the 507th ARW then click on the Family Readiness button.



Family Readiness Volunteer Request Form

A crisis, such as our May 3 tornado, caused us to search deep for helping people. We at the 507th ARW Family Readiness Office want to solicit your help for assistance in times of crises. Please indicate what assistance you can provide when crises strike.

I could be available to assist in a crisis by:

 ~ , .		
Making	phone	calls
9	priorio	ouno

____Administrative

____ Providing/serving food

___ Child care
Other

__ I have specific training in

I could be available to assist with:

__ Family Day

Family Readiness Office

___ Christmas Connection

Other activities, suggestions

are welcome_

Name

Phone

The 507th Air Refueling Wing's Family Readiness Office publishes *News for the families of the 507th ARW* four times a year. This newsletter is devoted to family oriented information from general articles to specific phone numbers, contacts for crisis, and general information. The following articles were previously published.

Special interest items for Reserve families

"TOUGH LOVE" is a no cost on-base self-help program for parents troubled by their adolescent's behavior. For information call (405) 739-4390 or 734-3186.

PARENT UNIVERSITY-Over 20 on-base parenting workshops are offered. Register early. Call 734-4390 or 734-3186.

"OVERCOMING DOMESTIC VIOLENCE" is an ongoing program for women in battering relationships. Focus is on developing self-esteem and building support networks. For information on these and other programs call (405) 734-4390 or 734-3186.

What is a Family Care Plan?

A family-care plan contains all the written information that will be necessary in your absence, including: Forms which will vary, depending on your situation and circumstances. Some of the forms may need to be notarized by a Notary Public. The form or document may contain very specific instructions regarding your benefits, financial status, or a family member. (See your Deployment Guide) The spouse or guardian may need legal authorization according to state law for others to take action on behalf of the reservist.

When reservists are notified and when they receive their orders, they may have very little time to make arrangements. You cannot depend on getting things done at the last moment. With the notification of deployment, the reservist needs to spend as much quality time as possible with his/her family prior to departure.

Various forms and other documents may be obtained from your Family Readiness Office or the Legal Office in Building 1043, or you may contact your first sergeant.

Six steps to happiness

Here's how:

- 1. Invest yourself in loving relationships.
- 2. Work hard at what you do.
- 3. Volunteer—it builds self-esteem and relieves physical and mental stress.
- 4. Exercise any type will do.
- 5. Try something new.
- 6. Maintain a steady flow of emotions.

Communicate with your children

Family readiness provides a few ideas to help ease the burden placed on military children while a parent is tasked to deploy from the home station.

- ** Explain to children what you do in the military, what job you are assigned, and why you are a member of the 507th Wing.
- ** Involve your children with the 507th ARW family activities during the year and introduce your children to other military families for future connections.
- ** Most of all, show respect for your children's feelings, when you are deployed away from home. If children are valued, they may accept their role more positively when it involves your military responsibilities.

Ready for anything, anytime, anywhere

Forget The Wizard of Oz notion that "twisters" only happen in Kansas. Tornadoes have been reported in every state. And while they generally occur during spring and summer, they can happen anytime during the year.

Are you ready for a tornado? Generally there are weather signs and warnings that will alert you to take precautions.

Prepare a Home Tornado Plan. Pick a place where family members could gather if a tornado is headed your way. It could be your basement, or a center hallway, bathroom or closet on the lowest floor. Keep this place uncluttered.

Assemble a Tornado Safety Kit containing a first aid kit, battery-powered radio, flashlight, extra batteries, canned food, bottled water, along with sturdy shoes and gloves that could be helpful after the storm.

Make sure everyone knows what to do when a tornado is approaching. Listen to local radio and TV stations for updated storm information. Know the difference between a tornado WATCH (a tornado is possible in the area) and tornado WARNING (a tornado has been sighted in the area).

After a tornado passes, watch out for fallen power lines and don't venture into the damaged area. Listen to the radio for instructions and, if possible, inspect your home for damage.

Working on a Good Base for Society Starts with the Family

By Steve Burroughs 507th ARW Family Readiness Liaison

In today's society we find a lack of respect for life and self. Why's this? I believe it's because of the lack of boundaries, values, and character in the family.

A formula might be boundaries plus values and character = good citizens. I believe that every parent wants to bring their child up to be a good citizen, but may not always know how to. Boundaries, values, and good character are lost in today's society, not that people aren't looking for them. Boundaries probably started dissolving in the 60s when Vietnam and the free-love movement were in full swing. Values and character probably started to dissolve when we started celebrating personal achievement over personal values and character. I will talk about each of these in greater length throughout this article. I believe that most of our problems in society can be related to the lack of focus on these abjectives. I want to refer to them as adjectives because I don't know a better way to group them. Problems include shootings, sex, broken trust, financial problems, and respect for one's self and others. When we turned away from boundaries, values, and character we

opened the floodgates for anything.

Boundaries are the first of our sociological problems. When families don't know the importance of setting boundaries and don't set them, then there are none. I have worked with people and families in a mental-health setting as well as a Family Readiness setting for the military. One of the questions I have asked is if they know what a boundary is. You would be surprised at the amount of people who don't. When I am asked to clarify myself I answer, "What would you not do if you could do anything?" The most common response is "Well, I wouldn't kill anyone." My response, "That's good." Then I will ask what is the next thing that you would not do? Many people have a hard time answering that question, and this to me was astonishing. When people have limited or no boundaries and don't fully understand how to set them, how can we teach our children boundaries? I challenge you to discuss the subject of boundaries with a friend. See if you or your friend knows what a boundary is and have each of you explain how you would set one with your child. You might be surprised on the response. For those who still are having a problem setting a boundary here is the skinny. A boundary is a line that one will not cross no matter what. I highlighted no matter what because this is where the problem is. People want to put strings to these boundaries, but if you do that, then where is the boundary? Now that we have talked about boundary issues or give it some structure we have "values".

Values are the next sociological problem and are very important to the boundary process. I think first we need to look at the word "value." In Webster's New World Dictionary it defines value as, "The social principles, goals, or standards held or accepted by an individual, class, society, etc." This seems to be politically safe enough. A question that one might ask one's self is, what are my values and where do they come from? Do I just make them up as I go through life or are they just lessons that are learned throughout life? Are they things that my parents held dear or are they things that I was Good taught through my church? It's very likely that you can answer "yes" to all of these Citizen things. I would probably think the best question is why do they hold such a special meaning for me? I ask these questions because our values are where our **Values** boundaries are. If one values something one

will try and protect it. So I ask again, why do they hold such a special meaning to me?

Here it comes again: another challenge. Get with your friend and write down your values on a sheet of paper, at least as many as you can think of, and discuss them. Ask each other whether these are destructive or constructive? After doing this, you will probably have a better idea of your values. Watch out! Values build character. If one values things, then one sets boundaries, and if one set boundaries, then character will emerge.

Character is the last of the sociological problems. Now let's see what *Webster's* has to say about character. Character is "the pattern of behavior or personality found in an individual or group; moral constitution. "Moral" is mentioned in the overall definition several times. (That's interesting.) *Webster* also mentions that moral is "relating to, serving to teach, or in accordance with, **the principles of right and wrong.**" By definition we now can see why it's important that society has members of good character. If we don't base our families on good boundaries, values, and character, then society is doomed. How do we change society? By changing the hearts and minds of the family!

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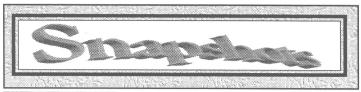




Photo by TSgt. Melba Koch

Maj. Guy Lindholm, flanked by his immediate family members, turned the reigns of command for the 72nd Aerial Port Squadron over to Maj. William Taylor Jan. 8 during a Change-of-Command ceremony. Lindholm is now assigned to 10th Air Force at Naval Air Station Fort Worth Joint Reserve Base, Texas.



Retirement - Lt. Col. Ted White, 465th Air Refueling Squadron, (right) receives his certificate of retirement from Brig. Gen. Jack Gingerich, 507th Air Refueling Wing commander. Colonel White joined the Okies in April 1996, and was instrumental in standing up KC-135 operation in the wing. During his retirement ceremony, Colonel White told his fellow Okies in the audience that "You're almost as good as you think you are." He also said when growing up he always wanted to fly big airplanes, see the world, and make a difference, and that his career in the Air Force made it happen.





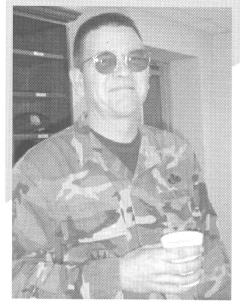
SMSgt. Sharlotte Epps (left), 507th Air Refueling Wing chief of Education and Training, and Capt. Angela Beavins (right), 72nd Aerial Port Squadron, were presented Meritorious Service Medals during the January Wing Commander's Call. Epps was cited for her accomplishments with the Wing, and Beavins for her accomplishments with McGuire AFB, N.J.



By 2Lt. Stan Paregier

TSgt Mark Wilson, 507th CLSS, is pictured here with Col. Mario Goico, 507th ARW vice commander, receiving a Commander's Coin of Excellence. Other recipients for the month of January are CMSgt. Larry Deal, 507th MS; TSgt. David Herman, 507th AGS; MSgt. Ricky Abbott, 507th AGS; 1Lt. Karen Baskin - 507th AGS; SrA Nathan Hollenbeck, 507th CES; Pat Linze, 507th ARW; TSgt. James Stottman, 507th CLSS; MSgt. Kathy Lowman, 465th ARS; SMSgt. David Hobbs, 507th OSF; TSgt. Chuck Dixon, 507th ARW; Lt. Col. Don Klinko, 513th ACG; SMSgt. Jerry Lyles, 507th LSS; TSgt. Darryl Wingo, 507th MSS; MSgt. Rick Skelton, 465th ARS; SMSgt. Rodney Sanders, 465th ARS; Capt. Joe Defendefer, 465th ARS; and TSgt. John Snyder, 465th ARS;

Updose



The following question was asked of members of the 507th Air Refueling Wing and 513th Air Control Group:

"Did you have any family readiness issues come up during or after your last deployment?"

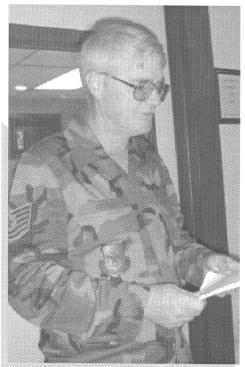
MSgt. Robert Keck 513th Maintenance Squadron

"Trying to educate my financial institutions about the Soldier-Sailor Act was a headache, and not really worth the effort in light of the relief it offered, especially for such a short activation."



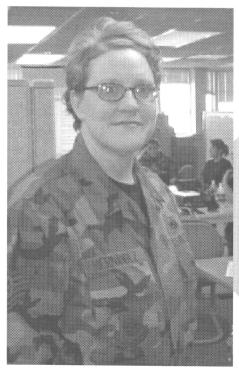
SrA Celeste Richardson 507th Medical Squadron

"I left my financial affairs with a reliable source who had power of attorney, so I didn't have any problems."



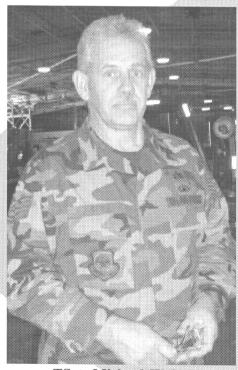
TSgt. John Eccles
72nd Aerial Port Squadron

"My wife is pretty undersanding. Normally I'll call once I deploy. If she really needs to contact me, she knows how to do it."



TSgt. Janet Hernandez 507th Mission Support Squadron

"Everything went fine. No real important issues came up. It has always been stressful to have everything in-place before you deploy."



TSgt. Michael Waite 72nd Aerial Port Squadron

"Nothing came up. My wife does have a 'plan book,' including points of contact, in case anything comes up."

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Acting IG for February

The acting inspector general during the February unit training assembly will be Col. James Kerr, 507th Operations Group commander. Colonel Kerr can be contacted at Ext. 4259.

First sergeant vacancy

Applications are now being accepted for a first sergeant positions by CCMSgt. Robert Kellington, Command Chief Master Sergeant for the 507th Air Refueling Wing. The position is with the 507th Logistics Support Squadron. Applications must be turned into CMSgt. Bob Kellington NLT COB Mar. 5, 2000. All applicants outside the 507th ARW need to supply an information RIP with their application package. For more information, contact Chief Kellington at Ext. 6379.

Saturday worship now available

The Chaplain's office is adding a new worship service during the UTA beginning in February.

Time: **Saturday's** at 1600-1620 Place: AWAC's Auditorium

Our other services will remain at the same time and place. Hope to see you there.

Government cards now mandatory to use on TDY

Air Force Reserve members who do not yet have a Government travel credit card (currently NationsBank Visa) should apply for and obtain one right away. Starting Feb. 29, 2000, it will be mandatory to use the Government travel card versus a personal credit card to pay for all official travel-related expenses to include hotel, rental cars, airline tickets, and other official related expenses.

If you are an artist/graphic illustrator portraying past or current military scenes, or 507th ARW specific, and would like to see your work in the *On-final* magazine, contact the 507th ARW Public Affairs Office, 734-3078, for information.

Help unit recruiters by giving them a name, or contact them directly by calling any of the following numbers:

Lawton, OK Tinker AFB, OK

TSgt. Nathan Bickle MSgt, Danny Bretthorst (580) 357-2784 (405) 734-5331

Tulsa, OK MSgt Larry Wheatley TSgt. Rhonda Nolan TSgt. Rhonda Nolan (405) 739-2980

(918) 665-2300

Sheppard AFB, TX Midwest City, OK

(405) 733-9403

MSgt. Michael Tubbs TSgt. Pam Peterson (940) 676-3382 SSgt. Mike Gonzales

Altus AFB, OK MSgt. Ronald J. Salafia

(In-Service Recruiter) (580) 481-5123

Vance AFB, OK MSgt. David McCormick

(316) 652-3766

McConnell AFB, KS MSgt. David McCormick (In-Service Recruiter) (316) 652-3766

VACANT

(316) 652-4350

AIR FORCE RESERVE

February 2000

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