

507th Tactical Fighter Group



Vol. VIII No. 10

Oklahoma City, Oklahoma

Friday, October 14, 1988

On-final

Battle-damage repair competition set for next week

ROBINS AFB, Ga. (AFRNS) — Air Force Reservists from Reserve Combat Logistics Support Squadrons will go head-to-head in a one-day competition Oct. 22 at Davis-Monthan AFB, Ariz., to determine who can patch battle-damaged aircraft the best.

Eight-member teams from Reserve CLSS units at Wright-Patterson AFB, Ohio, Tinker AFB, Okla., Kelly AFB, Texas, Hill AFB, Utah, McClellan AFB, Calif., and Robins AFB will take part in the first CLSS competition in the Reserve.

They will use three operational F-4 aircraft from the Aircraft Maintenance and Reclamation Center at Davis-Monthan.

The exercise aircraft will have explosive damage to the wings and will be smashed with a pickax to simulate battle damage.

"The teams will have equal damage to quick fix," said CMSgt. K.W. Whittington, project officer for the competition.

Forty-eight Reserve CLSS team members, six evaluators, support per-

sonnel and equipment will be airlifted to the competition site in the desert.

Team members will be required to don chemical warfare gear and perform buddy care while making repairs on the aircraft during a simulated base attack and chemical warfare exercise. They will be evaluated for quality of repairs, safety, teamwork, use of technical orders, chemical warfare response and buddy care.

The teams must complete their repairs within 12 hours; however, the better teams should complete their re-

pairs in four to six hours, said Maj. A. Gonzales, exercise deputy commander for maintenance.

Eight members of the 403rd Combat Logistics Support Squadron will be participating in the competition. They are Capt. Thomas Solinski, CMSgt. Phillip Moore, MSgt. Mike Pulchny, MSgt. Robert Trafort, SSgt. Marie Filbin and Sgt. Richard Allen.

The winning team will receive a trophy which will be rotated to the next winner. Individual awards will be given to each of the winning team members.

Showing their expertise

Demonstrating their skills at the Shearwater Air Base air show in Canada, the weapons load team of SSgt. Bill Bethel, SSgt. Lori Wise and SrA. Tony Russell load 500-pound bombs on the F-4D. The 507th TFG weapons load teams were invited back after they wowed the air show officials and guests at last year's show. While there, the teams also visited the local children's hospital.



(U.S. Air Force photo)

Enlistment/reenlistment bonus program undergoes change

ROBINS AFB, Ga. (AFRNS) — The Air Force Reserve is switching to a new enlisted bonus pay program based on participation rather than promised or expected performance.

"The new participation bonus program started Oct. 1," said SMSgt. Harold W. Standish, chief of AFRES career motivation. "It's designed to attract and retain members, encourage participation, eliminate having to re-

coup advanced payments and reduce administrative work."

The new program differs from the old bonus program in that it will pay a reservist after the entitlement is earned rather than before, Sergeant Standish said.

"Air Force Reserve leaders want the bonus program to encourage satisfactory participation," he said. "They believe satisfactory participation is the

key to maintaining a ready force and feel a reward for participation will promote readiness."

Under the new method, reservists will be paid upon completion of each anniversary year, and the amount will be based on the number of unit training assemblies attended. Initial and advance payment will no longer be made.

The old program paid reservists in advance for promised or expected per-

formance and they received smaller amounts later for actual performance.

For the 507th Tactical Fighter Group the Air Force Specialty Codes selected for Oct. 1, 1988-March 31, 1989 reenlistment/enlistment bonuses are: 461X0, 551X0, 571X0, 605X0 and 631X0.

Reservists in the program before Oct. 1 or those eligible for the new program may contact the group career adviser for details.

Time to prepare for holiday spirit

The Christmas stocking project operated by the chaplain's office and the Salvation Army of Oklahoma is just around the corner. This holiday project gives the 507th members an opportunity to play Santa to the children of Oklahoma City. According to Chaplain (1st Lt.) Joel Clay, the stockings should contain items for either a boy or a girl.

For boys, some ideas are small clothing items such as hats, gloves or socks, small toys such as cars, army men/women, marbles or card games. For girls, suggestions include small dolls,

doll clothes, coloring books, play jewelry and small clothing items such as hats, gloves or scarves.

The stockings will be available during the October Unit Training Assembly and should be returned during November's UTA.

The Salvation Army has asked the people taking the stocking to avoid candy items. "Some of the children receiving the stockings don't have the items listed. To give candy would detract from the Christmas spirit," added Chaplain Clay.

Another Christmas project under way this holiday season is Operation Christmas Spirit. According to Chaplain Clay, last year, 507th members joined with the Family Services Center and received direct benefits both from the giving and receiving end. "Operation Christmas Spirit" provides needy service members a chance to have a brighter holiday season.

"Nominations will be taken through November's UTA. To nominate someone who qualifies, see your first sergeant or myself," said the chaplain.

Donations for Operation Christmas Spirit will be taken through Dec. 15.

"Remember, as you prepare to enter the Christmas Season give a little extra to those who will have nothing except for your gift," he added.

UTA Dates
Nov. 5-6
Dec. 10-11
Jan. 7-8

On-final is an Air Force Reserve supplement to the Tinker Take Off and is published by the Journal Record Publishing Co., a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the Oklahoma City Air Logistics Center Public Affairs Office. This commercial enterprise Air Force newspaper is an authorized publication for Air Force Reserve members of the U.S. military services.

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Editorial content is edited, prepared and provided to the Oklahoma City Air Logistics Center Public Affairs Office, or his designated representative, by the Public Affairs Office of the 507th Tactical Fighter Group.

It's elementary

OPSEC can stop Sherlock Holmes

By 2nd Lt. Rich Curry

The Operations Security program, or OPSEC, originated in the 1970s during the Vietnam War when officials noticed many of our classified missions were known ahead of time by the enemy.

It was discovered these classified missions were known simply because the enemy observed our every day activities. In other words, they simply watched and listened to observe changes just like a modern day Sher-

lock Holmes.

Here are some possible examples of how a missions destination and purpose could be discovered. Through observation an enemy could see that munitions were loaded on a specific aircraft, indicating, from previous observation, a specific mission. During the day, an unusually longer, or non routine burning of materials was observed outside the personnel building. (Classified information? Perhaps special orders?) Through various snatches of conversation at the club, none of which was

classified even more is learned. The crew chief has to get up early in the morning to pre-flight an aircraft (a long-range mission?). A munitions loader is explaining an unusual configuration mix of weapons and how it was done in record time. (He's trying to help train others. But he may also be telling the enemy this plane is ready for a specific bomb mission and air to air engagement against specific types of enemy aircraft which are only located in a certain region.)

Sound far-fetched? It isn't — it's

happened. All the pieces are starting to fit. Each one interlocking with the next. Nothing, no matter how insignificant, is ignored. Unfortunately, what develops is a piece of detective work worthy of Holmes himself.

The enemy now knows the mission time, purpose, area and a great deal more. It could have been avoided, though, through good OPSEC practices. Remember, an adversary will exploit any and all classified and unclassified information. OPSEC is everyone's job.

Contact inspector general to help eliminate fraud, waste, abuse

In May 1981, the inspector general of the Air Force was designated by the Air Force chief of staff as the focal point for fraud, waste and abuse matters.

Today, a continuing program is being waged to combat FWA.

Exactly how much Air Force money is actually lost each year is unknown. The amount of money recovered annually is small compared to the total Air Force budget. Although FWA drains millions of dollars a year out of Air Force operating funds, most improper

actions are committed by a small percentage of Air Force people . . . probably less than one-half of one percent are quick to take advantage if given the opportunity.

How do you spot a potential FWA problem? Perhaps this definition will help.

Fraud can include any theft or diversion of resources for personal or commercial gain.

Waste is defined as "the extravagant, careless, or needless expenditure

of government funds; or the consumption of government property that results from deficient practices, systems, controls, or decisions."

Abuse is "the intentional, wrongful or improper use of government resources."

Any unit member may discuss or pose an FWA inquiry. Members may contact Lt. Col. Richard Eustace or call the toll-free FWA hotline at 1-800-538-8429.

Commentary

Federal laws cover your political rights

Air Force officials have reiterated basic guidance on political activities and campaign contributions by Air Force civilian and military persons. The rules are based on federal law as well as Department of Defense and Air Force regulations.

The Hatch Act imposes restrictions on political activities of federal employees. These restrictions also apply to military Air Force members as set forth in Air Force Regulation 110-2. Air Force persons subject to these rules may not actively participate in partisan politics.

However, all qualified citizens have the right to register and vote and Air Force encourages its people to do so. Air Force people generally may not participate as organizers, public speakers, hosts, or special guests in activities sponsored by the campaign committee of a political candidate.

Although they may not participate in direct or indirect fund raising efforts for a political candidate, Air Force people may make financial contributions to political organizations. Air Force people may express their personal opinions on political issues and candidates, but may not furnish advice to candidates or political committees.

The special counsel to the merit systems protection board publishes a booklet containing examples of permissible and prohibited political activities for civilian employees. It is also applicable to military members.

Better to gain weight than lose life

By Maj. (Dr.) Jack Hataway
908th Tactical Clinic
Maxwell AFB, Ala.

For the person trying to quit smoking successfully, one of the main concerns is how to limit or prevent significant weight gain.

This is particularly important to reservists because of intensified efforts in the military to minimize smoking and continued emphasis on maintaining proper military profile and not exceeding their maximum allowable weight.

The hard facts are that most people who successfully quit smoking gain 10-20 pounds quickly after quitting. One year after quitting, however, most former smokers have returned to their original weight and some have even gone below that weight. Only 20 percent are still above their original weight.

Weight gain for ex-smokers is fairly rapid. Most additional weight is put on in the first three months, followed by stabilization and then usually successful weight loss afterward.

Men seem to be more successful than women at quitting, based on current information. Some experts suggest that women who try to quit are so concerned about any weight gain that a rapid return to smoking is observed with a decline to an acceptable weight.

Well-documented studies show that

an individual would have to gain an additional 100 pounds for the extra weight to cause the same amount of cardiovascular problems that smoking causes. It goes without question that a weight gain that persists after quitting is far better than continued smoking.

Why do people gain weight after quitting? Some reports document improved sense of taste and smell, marked cravings for foods — particularly sweets, persistent desire to be nibbling constantly, relief of stress by eating and a reduced metabolic rate. For any individual, it's undoubtedly a combination of factors which lead to weight gain.

How can a person avoid or lessen the amount of weight gain after quitting? The key issue is to have clearly decided to quit smoking and stick to that decision. Any concern about weight gain should be placed in proper perspective.

Success at quitting smoking is the most important priority. Not everyone gains weight after quitting, but weight gain is very common. More importantly, most people are very successful at losing the additional pounds. The weight gain is very temporary.

Available information suggests several helpful ways to deal with possible weight gain. These ways include:

- Establish a sound physical activity program, one which involves activity for at least 30 minutes every day five days a week.

Air Force to change aircraft maintenance structure

ROBINS AFB, Ga. (AFRNS) — Air Force Reserve officials say there are six reasons why the Air Force is changing its aircraft maintenance force structure.

Those reasons are dispersal, deployment, demographics, decoupling force growth from end strength, dollars and despecialization doctrine.

Dispersal: The Air Force is changing how it plans to fight, said Col. Steve Rambo, director of AFRES aircraft

maintenance. "Large, fixed bases are vulnerable," he said. "Smaller units of aircraft maintainers dispersed to more locations have a better chance of survival than larger groups. Multi-skilled technicians or generalists, capable of doing a broad range of tasks, will be needed to make dispersed operations work. The small group concept provides mobility, flexibility and autonomy."

Deployment: A smaller, more self-

contained unit is easier and cheaper to deploy than larger, squadron-size units.

Dollars: Training costs are going up. At the same time, Air Force is looking to get the most for its money.

Demographics: Air Force officials predict there will be fewer people to recruit and perhaps less money to retain a large maintenance force.

Decouple force growth from its end strength: Design of future weapon sys-



- Shift emphasis on snack foods to lower-calorie choices — plain popcorn, celery or carrots.

- Avoid or greatly lower intake of "empty" calorie items, such as alcohol.

- Switch to diet drinks or low-calorie sweeteners and low fat milk sources.

- Increase your intake of low-calorie, bulky complex carbohydrates — steamed fresh vegetables, rice, potatoes (without sour cream or butter) and pasta dishes (with thin sauces and very little cheese or meat).

- Accept the weight gain — for a while.

If the determination to quit smoking is strong, the determination to lose any extra weight will also prove to be successful. The result will be a healthier ex-smoker.

Reserve families welcomed during September UTA open house

Members of the 507th Tactical Fighter Group spent one day of the September Unit Training Assembly with their families showing them their jobs and the unit's equipment.

More than 3,000 people attended the Saturday activities which included an aerial demonstration of the F-16.

A variety of sports activities were hosted throughout the day. The 507th Security Police Flight slugged their way to lead the pack in the softball competition, while the TAC Clinic out-

spiked the rest to take the volleyball competition.

Helping to officiate the volleyball games were Valerie Frye, Lane Jones and Ed Bradford. Softball referee support came from Pat Hill, Dave Malenky and John Blevins.

Winners of the 2-mile Fun Run, in the age 29 and under Men and Women's category were, Steven McClure and Judy Branchfield; Age 30-39, Michael Rhett and Lucy Bryan; Age 40

and over, Joseph Tytanic and Jennifer Johnson.

Other activities throughout the day included a dunk tank where members had a chance to soak their command-

ers, an arts and crafts corner for the children, an antique car exhibit, exhibits by Egress, Security Police, aircraft on display, and a chow line serving hamburgers and hotdogs.



SSgt. Lindsley Fox of the 507th CAMS egress shop gives a future pilot a ride in an ejection seat.



SSgt. Frank Stangel from 507th CAMS job control watches as Becky Ramsey, daughter of MSgt. Roger Ramsey, fuels, tries her skill in the ping pong ball toss.



Volunteers from the 465th Tactical Fighter Squadron served up hamburgers and hotdogs to the families of the 507th Tactical Fighter Group.

Reserve News from around the world

Retesting for AIDS

ROBINS AFB, Ga. (AFRNS) — Air Force Reservists will have their blood tested for AIDS again and, for the first time, federal authorities may advise spouses if the reservists test positively.

Phase one of human immunodeficiency virus testing, which ended Sept. 30, is the Air Force's initial screening for the presence of the virus which leads to acquired immune deficiency syndrome. Phase two starts in November and is scheduled to last two years.

"Retesting is required to determine the long-term impact of HIV on our military forces," said Col. (Dr.) Forrest D. Giles, director of professional services management for the Air Force Reserve. "It will enable the Defense Department and Air Force to develop policies regarding HIV positive members, surveillance procedures and incidence rates."

A 1987 policy statement has been expanded to permit government officials to directly contact the spouses of

reservists who test positively for the virus.

Trick or Treat tips

Halloween is Oct. 31 and youngsters look forward to it but parents need to take precautions. Personally inspect all treats and discard any unwrapped or open candy. If you can't accompany your kids on their trick or treat route, know the routes they plan to take.

Make sure they are safe. Dress them in easy-to-see costumes and warn them never to enter a stranger's home or accept rides from strangers.

Free transcripts

Air Force Reservists can take advantage of the Community College of the Air Force's free transcript service.

A transcript is an accurate, official record of a reservist's Air Force training and education history, based on information given to the college.

To obtain transcripts, reservists should fill out AF Form 2099, available

from unit CCAF representatives. Transcripts are sent at no charge.

Locator working

With the holiday season approaching, you may wish to reestablish contact with an Air Force friend. The worldwide locator can help you find an Air Force member, active-duty or retired.

Just write a letter to the person you want to reach; place it, with your return address, in a sealed, stamped envelope

with the addressee's full name and any other information about the individual that will help insure positive identification.

Place this envelope in another and mail it to AFMPC/DPMD003, Northeast Office Place, 9504 IH-35 North, San Antonio, Texas 78223-6636. This service is provided free to active duty, Air Force Reserve, Air National Guard, and retired members and their families. Be sure to identify your status because this service is not free for civilians.

Reservists help Smokey the Bear

ROBINS AFB, Ga. (AFRNS) — Air Force Reservists from the 943rd Tactical Airlift Group, March AFB, Calif., spent more than three weeks helping Smokey the Bear fight fires in Yellowstone National Park.

The unit flew two C-130 Hercules cargo aircraft, equipped with Modular Airborne Fire Fighting Systems owned by the U.S. Forest Service, and provided 75 people on a rotational basis.

The reservists averaged close to eight sorties a day, dropping more than 469,000 gallons of fire retardant. Air National Guardsmen from Wyoming, California and North Carolina also dropped firefighting retardant from their specially-equipped transport aircraft.

Other Reserve units provided airlift in support of the U.S. Forest Service and commercial aerial firefighting effort in Montana. As of Sept. 14, they had flown 37 sorties, carrying 1,113 passengers and 286 tons of cargo, in

support of ground crews and resupply efforts.

On Sept. 13, the 943rd TAG reservists redeployed to Stockton, Calif., turning their attention closer to home at the request of the U.S. Forest Service. Fires had also hit in California, Oregon, Washington, Wyoming and Idaho.

"This is the worst fire season we've had in 200 years," said George Martin of the U.S. Forest Service, who coordinated MAFFS use. "The MAFFS contribution is invaluable to saving America's natural resources," he said. "Air attack is an efficient and effective firefighting method to protect recreational sites, private property and wildlife."

"The cooperation among the agencies involved has been tremendous," Mr. Martin said. "We couldn't do it without the aerial support we get from the military."

Travel voucher system changes

Filing of travel vouchers for round trip mileage reimbursement has been discontinued as of Oct. 7. "People will still get paid but it will take longer and a different form will be used," said Stu Markle, 507th TFG budget officer.

This change applies to reserve personnel performing active duty at Tinker who reside outside the corporate limits but within the commuting area of Tinker AFB.

The form to use is SF1164 "Claim

for Reimbursement for Expenditures on Official Business". The form will get filed on a quarterly basis and should be filed with 507th TFG/AC before the fifteenth of the month following the quarter, such as October through December file by Jan. 15; January through March file by April 15.

The procedures for completing the form will be available in each unit orderly room.

Lognews ... a look around AFLC

New programs in contracting, acquisition breaking down barriers, says General Hansen

New programs in acquisition and contracting are breaking down barriers that have stifled innovation, Gen. Alfred G. Hansen, Air Force Logistics Command commander, recently told a gathering of some 250 engineers and scientists in Dayton, Ohio.

General Hansen was the keynote speaker at the Seventh Annual Air Force Logistics Research and Development Conference Sept. 27 and 28. The conference was sponsored by the Air Force Coordinating Office for Logistics Research, Wright-Patterson AFB, Ohio, and the American Defense Preparedness Association.

The general said the conference's theme "Applying Technologies to Increase Combat Strength: Breaking Through the Barriers," was appropriate in light of the current AFLC situation. He cited dwindling resources, a fleet of aging weapons systems and complex new systems coming into the inventory, all with unique logistical needs.

AFLC, through a network of air logistics centers, buys, supplies, transports, maintains and repairs everything needed to keep Air Force weapon systems combat ready.

New initiatives

"To ensure AFLC meets these challenges ... we've set many initiatives in motion ... initiatives designed to break down barriers, apply new technology and increase combat capability."

He said AFLC is rapidly taking the Department of Defense lead in assuring quality in the areas of acquisition and said AFLC has had great successes in taking advantage of America's system of free enterprise.

The general lauded efforts in competitive contracting noting that 42 percent of the command's contracting dollars were awarded through a competitive process. The Competition in contracting program has also expanded the number of potential suppliers for parts with some 5,500 new sources being developed last year, he said.

Another initiative he applauded is termed "Blue Ribbon Contracting."

"The idea is fairly simple," he explained. "We contract with those vendors who provide quality goods and have proven they are quality vendors," he said. It permits us to award contractor bids which may not be the lowest bid, but those that represent the overall best value to the government."

Contracting insurance policy

The general also said AFLC's "contracting insurance policy" initiative is especially effective at expanding the industrial base and giving new suppliers the opportunity to prove themselves, while protecting the Air Force when critical items are involved.

"Not all supply sources can produce at the level they think they can," he said. "In effect we're protecting ourselves by awarding a second contract to a proven supplier for the minimum quantity essential to avoid a break in supply."

General Hansen said contractors' financial successes are being keyed on reliability and maintainability (R&M) concerns, such as how long parts or systems last without breaking or failing and how easy they are to service. "We're making a contractor's market share proportional to the reliability and maintainability of his product," he said.

"We established the minimum desired R&M levels for each item and then let the sky be the limit. Those companies who climb the highest get AFLC's business," General Hansen said.

The general said quality is the watchword across all Logistics Command activities.

"Today in AFLC we have chosen to substitute an

ounce of prevention for a pound of correction, not only by joining in the quality revolution, but also by taking a lead in the United States in quality," he said. "And, we've done so with a quality program built on the foundation of people, process, performance, and finally the product. We recognize that people are our key ingredient, and we're making quality everyone's business and responsibility."

"AFLC's quality program represents a cultural change for the logistics business. We're crossing the bureaucratic lines to combine the right technology with the right people and provide a team environment where everyone can work together," he said.

The two-day conference included Air Force and civilian industrial exhibits, as well as a number of presentations delivered by people from the Air Force Coordinating Office for Logistics Research and Air Force Wright Aeronautical Laboratories at Wright-Patterson, the Aerospace Guidance and Metrology Center at Newark AFB, Ohio, and the Aerospace Maintenance and Regeneration Center at Davis-Monthan AFB, Ariz. (AFLCNS)



U.S. Air Force Photo
Gen. Alfred G. Hansen

Does business stress cause high blood pressure?

Stress on the job is a real problem for most of us. Many people think high pressure jobs cause high blood pressure.

Strenuous and doctor aren't sure if stress causes high blood pressure. But one thing is for sure: **unusually, no matter how they react to stress, can have high blood pressure.**

If you have high blood pressure, you can control it — with medication, weight control, low salt, and whatever else your doctor tells you to do, every day — no matter what you do for a living. **Keep on living.**

High blood pressure. Treat it and live.

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