



On-final

An Air Force Reserve Newspaper

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507th has a uniformed 'Prepie'



Airman Beaty during one of his last UTA's as an enlisted member of the 507th TFG. (USAF photo)

By Whitie Blanshan
Airman Keith Beaty of the 507th Tactical Fighter Group's Intelligence Section is departing the 507th TFG this July en route to the Air Force Academy Prep School. The Academy Prep School is a one year program which prepares applicants for the four-year Air Force Academy.

For Airman Beaty, the road to the Academy began exactly two years ago when he signed up with the 507th.

After attending basic training, the airman attended the Non-Destructive Inspection Technical School at Chanute AFB, Ill., returning to work in the NDI Branch of the 507th. Last February, he transferred to the 507th Intelligence Section.

Airman Beaty said that it was during the NDI school that he learned proper study techniques. He stated that these techniques had helped him attain a 3.0 grade average while he attended Central State University in Edmond and later, a 3.96 grade average at the South Oklahoma Junior College.

It was during a weekend Unit Training Activity that Airman Beaty had the opportunity to talk with several of the 507th pilots, including Col. Ron Williams, who came up through the enlisted ranks.

"Colonel Williams informed me of a commissioning program for airmen to go to the Academy Prep

School and then through the Academy itself. It sounded too good to pass up so I applied," he said.

Out of the more than 17,000 applicants who apply yearly for the Academy and Prep School, only 1,700 are selected for the Academy and only 250 are selected for the Prep School.

While attending the Academy, Airman Beaty will study for an Aerospace Engineering Degree. He also wants to play football as a place kicker, a position he held for the South Oklahoma Junior College where he attained a 100 percent kicking average.

"My main desire is to become a fighter pilot," the airman said concerning his career ambitions.

"I have no apprehensions about going. This is something I've wanted since the eighth grade. My only regrets are leaving the 507th and the people here who have helped me in achieving my goal in life," he said.

"I just hope that someday I will be able to return the favor I've received to some other young airman," he said.

FWA -- A concern of everyone



(AFRNS) - The Air Force Reserve is taking stronger steps to combat fraud, waste and abuse in the command, according to Capt. Edward E. Gallagher Jr., fraud waste and abuse are costly. Captain Gallagher said. "A U.S. Chamber of Commerce handbook study estimates that white collar crime cost \$51 billion last year. That means about 10 percent of every dollar spent by business and industry is lost to fraud.

"If we accept the Air Force as a reflection of society, then the magnitude of the problem is obvious. Ten percent of the Air Force's budget last fiscal year was \$5.1 billion."

According to the Captain, the Air Force is serious about establishing and conducting a strong program to combat fraud, waste and abuse. "Although a program has existed in name for a number of years, it wasn't until a year ago that the Air Force inspector general was designated the focal point for the program. Since then there has been a constant build-up of the program and it's now taking on a definite shape."

Captain Gallagher gave an example of how important the program is. "A recent survey of 8,600 federal employees showed that 45 percent of the respondents had recently observed or had direct evidence of fraud, waste or mismanagement in government programs.



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"Why didn't these people report these instances?" asked the Captain. "There are several reasons. Unfortunately, human nature plays a major role. There's the natural resistance to change, the fear of consequences, the reluctance to request assistance from auditors, inspectors or investigators because someone may perceive a lack

of knowledge or confidence. Also, there's a reluctance by some commanders and supervisors to identify problems because of potential adverse publicity and damage to credibility, reputation and perceptions of readiness."

Captain Gallagher said that Reservists can identify and report apparent fraudulent, wasteful or abuse practices through audit, inspection and investigative activities. In addition, the Air Force has established a worldwide hotline Autovon 227-1061.

"Each member of the Air Force Reserve, military or civilian, has the duty and the right to disclose a case of fraud, waste or abuse without the fear of reprisal," Captain Gallagher said. "Anyone who feels that reprisals have occurred should report them to the agency that received the disclosure."

The Air Force recently distributed Air Force Regulation 123-2, which formulates the fraud, waste and abuse program. Captain Gallagher and other people on the command IG staff are developing a program tailored for the Air Force Reserve.

Commander's comments



By Col Jervis W. McEntee
507th TFG Commander

You're all aware of the increasing visibility the 507th has received since the first of October and the number of self-inspections we have conducted.

The conversion is over and we are beginning to settle into the F-4 business and stabilize our operation.

Recent higher headquarters visits and visits by dignitaries point out our deficiencies and good points. The "can-do" attitude displayed during Colonel Scheer's visit was excellent. The knowledge and breadth of experience also displayed was exemplary.

However, we must improve ourselves by increased emphasis at all times by displaying the proper, professional attitude and by playing the game.

We call it a game because we use referees to judge our actions and the outcome during our ORI practices. But in reality, it's not a game: It's WAR.

The mission of the 507th Tactical Fighter Group is to stand ready at all times to augment the active duty force should war or national emergency arise. We train, practice and refine our capability for world-wide deployment at a moment's notice.

That's what this unit is all about.

The only deterrent we have to offer to insure our country is never threatened by an aggressor is by demonstrating our ability to FIGHT and WIN.

If called upon, WE WILL PROVE IT. We must be able to play the game, show a sense of urgency and learn from our mistakes. What we practice today is not a game. In reality, our final score will not be kept by referees but by body count.

So the "war games" we play today should be played or enacted as if our lives depended upon it—they do.

Security education: a team effort

By TSgt Rich Curry

"Security-A Team Effort" is the theme to a new security education program created by SMSgt. John Childers, 507th TFG Security Manager.

According to Sergeant Childers, the purpose of the program is to introduce and remind everyone, regardless of job or rank, of the challenges and their responsibilities to effective security controls.

"Sometimes people need to be reminded that they are a vital part of security control," Sergeant Childers said.

"Some people may think that, 'Hey, I'm only an office worker' or 'I'm just a mechanic'. What they don't realize is that they can make a tremendous impact in safe-keeping not only their work areas but the unit as a whole."

The sergeant said people can tend to fall into the easy mistake of believing the job of security belongs only to the SPs.

"This couldn't be farther from the truth. The Security Police forces cannot be everywhere at once. We have only so many eyes and ears. They have to depend on others. That's why everyone's help is so vital," he said.

The new program is designed to get the word out to these people. Through posters, hand-outs at section sign-ins and stories in the On-Final, 507th members will be given the message.

Areas emphasized in the program are proper procedures to report security violations, guidelines for the proper wear of AF Form 1199 (Line Badges) and periodic tips on what to look for concerning possible security violations.

Briefly, concerning the line badges, Sergeant Childers said the badge is to be visibly worn anytime a member is in a restricted area

(either the flight line or in the Command Post). At no time should the badge be worn outside these areas.

If an individual is within a restricted area and does not have an appropriate line badge, that person should be challenged, Sergeant Childers said.



SrA. Paz of the 507th WSSF awaits the Security Response Team, for assistance with individuals trying to gain access to the flight line during a recent exercise. (USAF photo)

"The challenge is one of the best security methods we have because anyone can challenge," Sergeant Childers said.

"If you discover someone who does not have the proper identification, first try to identify that person to see if he really is authorized to be where he is; notify your supervisor and strive to contain the individual as best as possible. The supervisor should contact the security police at extension 7849 or 7777," he said.

By containing, Sergeant Childers said it is not always necessary to use force. All that is needed is to detract a person, if possible, from carrying out his objective long enough until help arrives.

Depending upon the situation, this sometimes can be as simple as asking to borrow a pen.

If it is impossible to detain an individual and immediate assistance is needed, Sergeant Childers said there are several hand signals that can be used to attract attention to a situation.

They are:

HELPING HAND (A possible hostile act directed toward priority resources) 1) Primary: Wave hat, cap or beret in a circular motion with outstretched arms above the head and shout "Helping Hand" or 2) Alternate: Alternating short and long blast with a whistle.

COVERED WAGON (A probable or actual hostile act directed against priority resources) Same as Helping Hand except you shout "Covered Wagon".

RELIEF/HELP NEEDED 1) Primary: Hold arms outstretched like the crossbar of a "T" and shout "Help" or "Relief" or 2) Alternate: Intermittent with standard flashlight aimed at the person to be contacted. Intermittent short blasts with whistle.

Sergeant Childers stressed the importance of practicing these procedures during Group exercises.

"Only by practicing these methods can a person create a security habit which may someday be actually needed," he said.

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COL JERVIS W. MCENTEE COMMANDER
STAFF

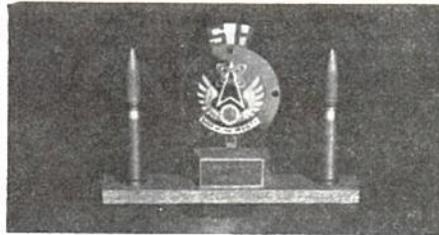
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S.H.P.P. trophy presented

The Sierra Hotel Pride and Professionalism Trophy has been presented for the month of May to the Aerospace Ground Equipment Section.

The trophy, which is part of a new recognition program, will be given monthly to the 507th Consolidated Aircraft Maintenance Squadron section which shows professionalism and contributes the most to enhancing the work environment.

The trophy was presented to the section by Maj. Ty Zerby, 507th CAMS Maintenance Officer to MSgt James Carmen, AGE NCOIC.



S.H.P.P. Trophy was designed and constructed by TSgt Ken Staten, who fabricated it from work order residue and excess material. (USAF photo)

Criteria for the trophy's presentation was based on AGE members efforts in painting and maintaining their equipment and area.

Sergeant Carmen expressed his appreciation to those members of the AGE Section for their help and support. They are TSgts Mike Keener, Al Jackson, Jerrell Hawkins, Doug Lott, Joe Bagby, Terry Raille, Cicero Quinn, Willie Boyd, SSgt Vincent Molzahn and other assigned Reservists.

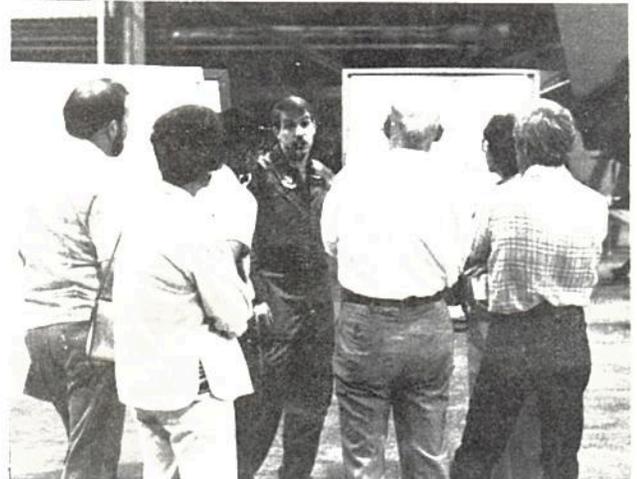
"Everybody pitched in. There weren't any complaints...just a lot of good hard work," he said.

In and around the group



1Lt. Mark Boyter representing the 507th and Commander Tom Fehrle of the Navy Reserve present a check for \$200.00 from the Oklahoma Department of the Reserve Officer Association, to Mr. David Allen, Executive to the AFLC Commander and co-ordinator for the Tinker Heritage Foundation; the unit responsible for the construction taking place by the traffic light at the corner of Arnold St. and Air Depot. (USAF photo)

1Lt. Bill Garwood discussing collision avoidance and scanning techniques, military low level orientation and special use airspace with some of the Private and Commercial Pilots who recently attended a flight safety program at the 507th. (USAF photo)



Exercise Can Take Off Pounds

There are two widely held myths about exercise and weight loss. The first is that it takes a backbreaking, eye-bulging amount of physical exercise to lose even a little weight. The second is that exercise increases appetite which can lead to weight gain instead of loss.

Neither is true, according to the President's Council on Physical Fitness and Sports.

In a recent publication, the Council states that it takes very little exercise to make the difference between gaining weight and losing it. For instance, 100 calories a day more than necessary (about equal to a piece of bread) could add up to ten pounds of fat a year. But a mile of vigorous walking a day—which takes about 20 minutes—would mean a loss of ten pounds a year. Tying the increase in exercise to a slight reduction in calories could result in a significant weight loss with little effort.

The Council also says that increasing exercise should not increase the appetite. After vigorous exercise a lean person might eat more to replace the calories used, but an obese person will not necessarily react the same way. Since the calories used in exercise come primarily from body fat, the overweight person will usually find that exercise does not stimulate the appetite.

What type of exercise should a person undertake? Health authorities recommend regular activity that uses many parts of the body and is strenuous enough to tax the muscles and produce a sense of healthful fatigue. The exercise should be suited to age and physical condition. It's best to check with a doctor before launching a vigorous exercise program, since some people have medical problems that could be aggravated by the wrong kind of exercise.

Some exercise requires practically no time. Instead of using the elevator, walk up or down the stairs. Take a walk at lunch instead of just sitting and eating. To improve balance, put on and remove shoes and socks while standing.

These little actions, while not taxing, are cumulative in their effects. Every calorie burned is one less to add fat.

Following are some examples of hourly energy expenditure (in calories) by a 150-pound person in activities ranging from light to vigorous:

Driving an automobile	120
Gardening	220
Walking	300
Tennis	420
Cycling (13 mph)	660
Running (10 mph)	900

Kid killers

You say you couldn't get along without your favorite roach killer, pain remedy, detergent? How about that laxative that works so faithfully when you need it, or the deodorant that you can always depend on?

In the right hands at the right time, these and many other household products can make your life easier, cleaner and maybe even happier. But in the hands of a toddler or an inquisitive 5-year old they can kill or cause lifelong damage.

The use of child-proof caps on containers is one of the most effective control measures. Holding down the quantity of medicines kept in the home is another safeguard. And, obviously, consistent use of secure storage locations for all such materials is recommended.

Should you know or suspect that a child has consumed a dangerous substance, seek immediate medical help.

Medical doctors urge parents to be aware of the potential danger of having certain substances where children can get their hands on them. Here are some of the common substances that can be harmful to children and should be properly stored:

Aspirin
Bleach
Pesticides
Laxatives
Deodorants
Detergents
Furniture polish
Sedatives
Stimulants
Corrosives (lye)
some dish washing powders
Lead-containing substances

Poison control centers exist throughout the United States and are available to you for advice in an emergency.

The phone number for the poison control center in the Oklahoma City area is 271-5454. If out of the local area, locate the nearest center in the telephone book and post the number in a convenient place.



Travel claims abused

One area where fraud has been most prevalent and is being watched closely is in travel claims and related vouchers.

According to Col Craig D. Elliot, Air Force Reserve Deputy Chief of Staff, Comptroller; the traveler's responsibilities are simply to complete the mission satisfactorily, comply with orders, and prepare the travel statement (DD form 1351-2) upon completion of his/her journey.

Accounting and Finance Offices will assist in completing the form but AFR 177-103 states that "even though someone else prepares the form the traveler is responsible for truth and accuracy on it and the substantiating documents. If travelers sign the certificate on the form stating that the statements are true and complete, they attest that they are aware of their responsibilities and have properly discharged it." "Members traveling on government business are expected to use the same care in reducing expenses that a prudent person would use when traveling on personal business," Colonel Elliot said.

He stated it is the individual's responsibility to use government facilities, including government transportation, whenever they are locally available. Excessive transportation and per diem costs deplete the unit's funds and impact directly on needed allocations of man-days.

Exorbitant meal charges in high cost areas, or unusually high charges for taxi fares or transportation in and around the TDY point, are just some of the items receiving close scrutiny in travel claims, he said.

THE BEST EXCUSES FOR NOT WEARING SEATBELTS ARE ALWAYS

GETTING BURIED

Live and learn

By Chaplain (Lt. Col.)

Robert C. Helmich

"Where are we on the cycle?"

I heard it first back in 1966 from Judge Demopolis when he addressed our Lions Club.

It was brought again to my attention a few months ago by Ann Landers and it is even more "scarey" now. Here it is:

The average life of civilizations has been 200 years during which each has gone through nine stages:

1. From bondage to spiritual faith,
2. From spiritual faith to great courage,
3. From courage to liberty,
4. From liberty to abundance,
5. From abundance to selfishness,
6. From selfishness to complacency,
7. From complacency to apathy,
8. From apathy to dependence,
9. From dependence to bondage.

World conditions make it seem fitting that each of us ask the question, "Where are we on the cycle?"

History does repeat itself and we—in our 20th century enlightenment—ought to profit by the lessons of history. The study of Hosea quotes God as saying to Israel, after an avalanche of rebellion and backsliding, "How shall I give you up?"

He does not WANT to but He WILL give men and nations up to a reprobate mind IF they refuse to turn around (about face) and return to God in faith.

UTA schedule

June 26-27; July 17-18;
Annual Tour July 31-August 14;
No August UTA; September 18-19

Promotions

Congratulations to our recently promoted members.

To Major: Leslie S. Coggins
John A. Kretzschmar
Henry H. Merritt
Donald R. Shaw
Charles M. Sublett
Kenneth F. Wick II

To 1Lt: Marsha J. Austerlitz
To MSgt: Ethel M. Jacobsen
Paul G. Marr
Betty J. Pottier
John D. Vincent

To TSgt: Myra E. Barry
Bobby W. Ficklin
Teri J. Hart

Robert S. Mapes
Jerry B. Simpson
To SSgt: Martha E. Duncan
Dennis A. Kilhoffer
Stanley K. Konopinski
Ruth A. Leonard
Alvin T. Miller
James D. Measel
Paul E. Reil

To SRA: Patsy R. Johnson
Virginia M. Ruby
To A1C: Gary K. Davis

James R. Hughes
Patricia A. Kernell
Opal S. Stricklan

IT'S NOT GOSSIP TO TALK ABOUT
THE JOB OPPORTUNITIES IN THE



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